

The Notebook Of

Suffield High School
2007

240 pages : 425 Copies : 874 Students

9x12 in/22.9x33 cm

Sagitta

Suffield High School, 1060 Sheldon St, West Suffield, CT 06093

shs.suffield.org © 2007

WHY?!?!?!?!?!?!?!!

Suffer
to
Great
boot

400 minutes per students' day
7:30 - 2:10

Rev. (08/26/05)

Warning Bells: 7:20 and 7:25 each day

BIG
test
next
week
(week!)

ASK
Sra.
FOR
help

	Monday	Tuesday		
Period	7:30 - 8:18	7:30 - 8:29	Period	
1	English	English	1	E
2	8:24 - 9:10 algebra	8:35 - 9:31 Algebra		
3	9:16 - 10:02 SPANISH	9:37 - 10:31 SPANISH!	3	
4	10:08 - 10:53 Life Ed.	10:37 - 12:05 Life Ed...		
5	10:59 - 12:28 P.E.		5	P
6	12:34 - 1:19 STUDY	12:11 - 1:07 STUDY!	7	C
7	1:25 - 2:10 CHEMISTRY	1:13 - 2:10 CHEM		L 10 per

--339 minutes of class
time
--42 minutes passing
--25 minutes lunch
L1: 10:53 - 11:18
L2: 11:28 - 11:53
L3: 12:03 - 12:28
Note: All classes meet.

--347 minutes of class
time
--36 minutes passing
--25 minutes lunch
L1: 10:31 - 10:56
L2: 11:05 - 11:30
L3: 11:40 - 12:05
Note: Period 5 does not
meet.

--357
time
--24
--25
L1: 1
L2: 1
L3: 1

check
movie times
for Friday

D
F
EN

eld
 → 12-2 SATURDAY
 .bring a towel & change of clothes!

LOCKS
 GAME!
 Thursday
 @ 5:30

Block Day		Block Day		
Wednesday		Thursday		Friday
7:30 - 9:08	Period	7:30 - 9:08	Period	7:30 - 8:18
ENGLISH	2	Algebra... AGH!	1	ENGLISH
			2	8:24 - 9:10 algebra
9:14-10:52		9:14 - 10:52	3	9:16 - 10:02 SPANISH
ANOL	4	Life Ed!!!	4	10:08 - 10:53 Life Ed
10:58 - 12:26		10:58 - 12:26	5	10:59 - 12:28 P.E.
E.	5	P.E.		
12:32 - 2:10		12:32 - 2:10	6	12:34 - 1:19 STUDY
Chemistry	6	STUDY HALL	7	1:25 - 2:10 Chemistry!

Late
 Pract.
 on
 TUES!
 *

minutes of class

minutes passing
 minutes lunch
 52 - 11:17
 27 - 11:52
 01 - 12:26

DON'T
 GET
 ENGLISH BOOK!!
 *

--357 minutes of class
 time
 --24 minutes passing
 --25 minutes lunch
 L1: 10:52 - 11:17
 L2: 11:27 - 11:52
 L3: 12:01 - 12:26
 Note: Per. 1, 3 & 7 do
 not meet

--339 minutes of class
 time
 --42 minutes passing
 --25 minutes lunch
 L1: 10:53 - 11:18
 L2: 11:28 - 11:53
 L3: 12:03 - 12:28
 Note: All classes meet.

Bring
 in \$10
 for
 SPIRIT
 Night
 COSTUMES!!



PROPERTY
TOWN OF
SUFFIELD, CONNECTICUT
KEEP THIS BOOK CLEAN
USE IT CAREFULLY

ya
right!

182
days til
SUMMER!

To Our Advisors,



Over the past four years, the class of 2007 has been beyond fortunate to have Mr. Casolari and Mrs. Kochanek as our class advisors. Between Spirit Night, Prom, fundraising, and class dues our advisors have been busy making high school as enjoyable and memorable as possible for our class. Without the hard work and patience of our advisors events such as Semi-formal and the Suffield on the Green dunking booth would not have been possible. In addition to everything they do for us outside of school, Mr. Casolari and Mrs. Kochanek have helped run the class of 2007 student council every Wednesday morning for the past four year. Over the past four years we have come to know and respect our advisors as more than teachers, but as roll models.



Thank you Mr. Casolari and Mrs. Kochanek!

Love,
The Class of
2007

you think you know ...
but you have no idea...

This is the

Class of 2007



Seniors'07

YEARBOOK STAFF



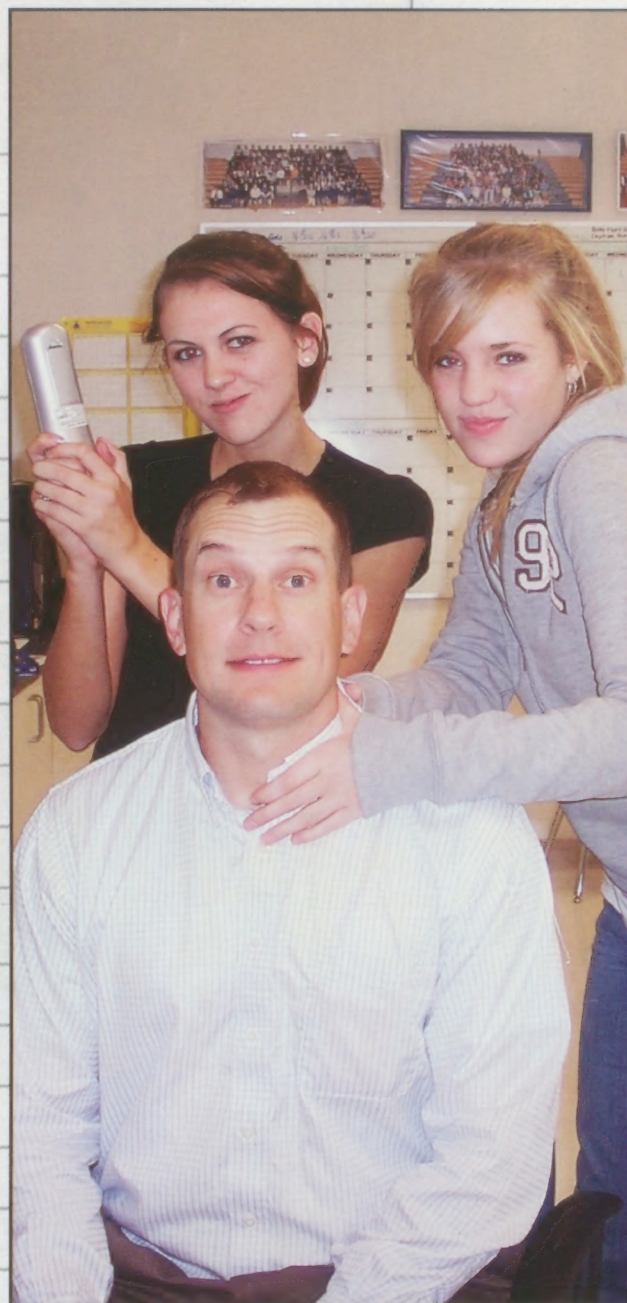
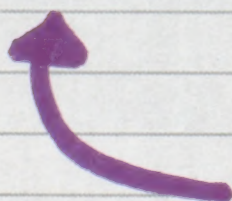
Creative, fun, hardworking, reliable...? Well most of the time. This year, the yearbook staff worked nonstop to create the largest yearbook that Suffield has ever seen. The 2006-2007 yearbook staff put everything they had and more into this book. Between taking pictures, writing stories, and trying to meet deadlines, the yearbook room wasn't always the most pleasant place. A bigger book meant more work and more stress for the staff. In the end though, not only did we get what we had to done, we had a few laughs along the way. We hope you enjoy.



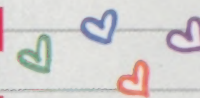
Natalie Mazzetta and Morgan Denno tallying up the senior class survey.

TOP RIGHT: Mr. Dudeck being tortured after explaining to Morgan Denno and Lydia Nicoll that the what they were doing in their layout wasn't right.

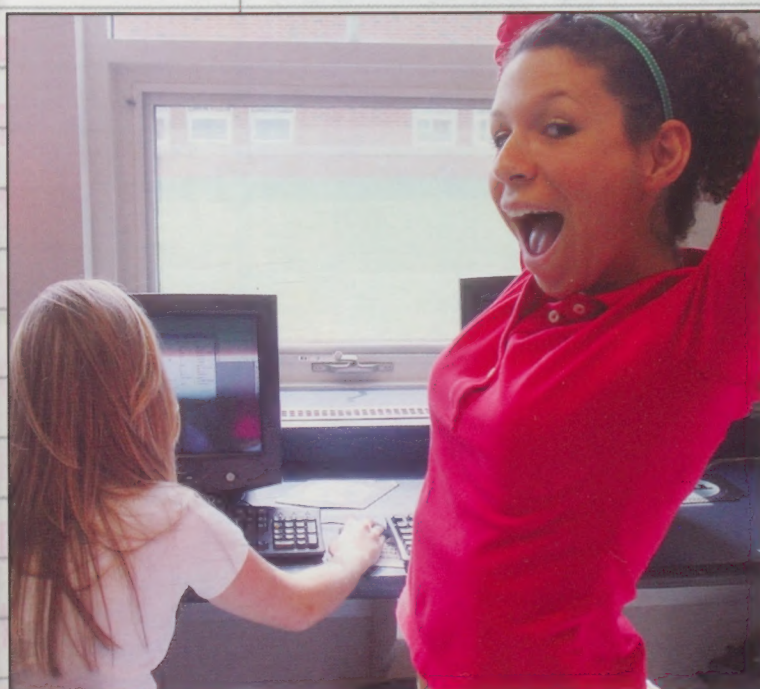
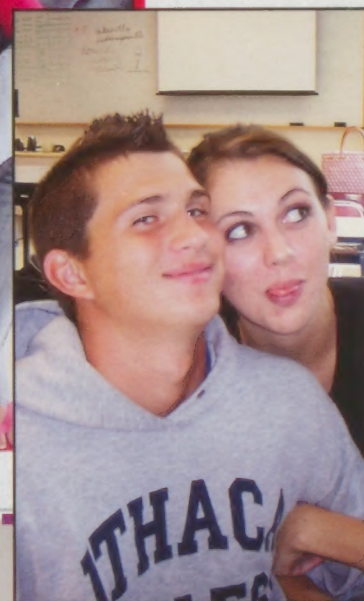
RIGHT: Everyone in yearbook enthusiastically showing off their layouts that they have been putting all their hard work into for weeks.



LEFT: Lydia Nicoll, Morgan Denno, Lauren Smith, Sara Gardocki, Natalie Mazzetta, Alyssa Ullmann, Gretchen Eastman, Alicia Bauman, Sara Shea and Andy Martin all together for a goofy group shot.



BELOW: Andy Martin and Morgan Denno taking a break from working on their layouts.



ABOVE: Yearbook editor Sara Shea excited about finally finishing everything that needed to be done that day for yearbook.



ABOVE: Gretchen Eastman, Natalie Mazzetta, Lauren Smith, Alicia Baumann and Alyssa Ullmann working hard on tallying up senior superlatives.

♥ 2007 yearbook staff

Ashley R. Adams



"When you have a dream, you've got to grab it and never let go."
-Unknown

Jacquelyn Adams



"Life's tough...get a helmet!" -Boy Meets World

Tyler J. August



"And in the end it's not the years in your life that counts. It's the life in those years."
-Abraham Lincoln

Katlin Baker



"Life is ours we live it our way."
-Metallica

'07

Matthew Banak



"Live life to the fullest and, cheerish the people you live it with."
-Unknown

Jenica Banks



"Feeling change, memories don't." -Joel Alexander

Thomas L. Barker



"Never be afraid to make mistakes because its when you put yourself out there that you receive the greatest rewards."

Michael T. Barten



"Little secrets, tremors, turned to quake, the smallest of oceans still gets big, big waves." -Unknown

Alicia F. Baumann



"Every story has an end but in life every ending is a new beginning."

Courtney L. Bednarz



"So live it, just gotta go with it, cause this rides never gonna stop." -Jem

Peter Bermani, Jr



Lauren Bernstein



"Crazy adventures." -Unknown

Brian R. Betts



Seniors '07

Kathryn Betts



"We have two ears and one mouth that we may listen the more and talk the less." -Zeno, 335-263 B.C.

Gina Bianchi



Samantha Bielecki



"Don't cry because its over. Smile because it happened." -Dr. Seus

Aaron Bielonko



"All we need is a little momentum to break down these walls that we've built around ourselves." -The Hush Sound

Michael Binczewski



"As I walk out my door, step into pollution, I breathe in problems, and exhale solutions." -C-Rayz Wallz

Brooke Boucher



"Living is easy with eyes closed." -The Breathless

Nicole Boudreau



"Dare to dream." -Unknown

Caitlin Brault



"Whitney was here."

Anatania Breault



"Being deeply loved by someone gives you strength; loving someone deeply gives you courage." -Lao Tzu

Matthew Breere



"You have to have confidence in your ability, and then be tough enough to follow through."

College! here we come

Matthew Brew



"Man's fight through life is sustained by the power of his knowledge." -Anonymous

Benjamin Brown



"You don't have to be anybody because being nobody makes you somebody anyway." -Unknown

Keri Ann Brunnalt



"Don't tell me the sky is the limit when there are foot-prints on the moon."

James Burgen



Richard Burke



"Victory shows strength, victory without fighting shows skill." -Anonymous

Jonathan Calderone



"Live today like you're gonna die tomorrow." -Unknown



Leah Cammilleri



"Life's not about the number of breathes you take, but about the number of times your breathe is taken away." -Unknown

Brian Carney



"Do what you can, with what you have, where you are." -Theodore Roosevelt

Seniors!

Larry Cauley



"Life is all memory except for the one present moment that goes by so quickly, you can barely catch it going." -Unknown

Derek Chapin



Melanie Chapman



"Our greatest glory is not in never failing but rising up everytime we fail." -Ralph Waldo Emerson

James Chmiel



"The problem with evidence is that it doesn't always agree with your facts." -Stephen Colbert

Michelle Clayton



"It's great being blonde, with low expectations it's easy to surprise people." - Pamela Anderson.

Kelley Cmara



"Capture a moment, and you'll have beauty for a lifetime." -Unknown

Jeffrey Colapietro



Sara Coleman



"With every good-bye you learn." -Unknown

Nico Connor



"Dream like you'll live forever, live like you'll die tomorrow." -Unknown

Matthew Conway



"To accomplish great things, we must not only act, but also dream; not only plan, but also believe." -Anatole France

Michael Cooper



"None should be so haughty as to assume that they are beyond improvement." -Unknown

William Craven



"Think before you act. Don't be the kid who gets a Jordan symbol tattooed on his arm." -Bill Craven

Erica Cron



"I was raised to question authority." -Ian Mackaye

Timothy D. Crouse



Christina D'Orazio



"Don't let your dreams be dreams." -Jack Johnson

Gregory Daley



"It's better to regret a past mistake than to not take the risk." -Original

Christopher Davis



"I defy all visions and all dreams." -Geoffrey Chaucer

Shannon Delaney



"What lies behind us and what lies before us are tiny matters compared to what lies within us." -Emerson



Morgan Denno



"The biggest adventure you can ever take is to live the life of your dreams." -Oprah Winfrey

Kimberly A. Denue



"Be not afraid of life. Believe that life is worth living, and your belief will help create the fact."

-Henry James

Tyler DiPrato



"Wanting to be someone else is a waste of the person you are." -Kurt Cobain

Christina Doane



"Don't look down on anyone unless you're helping them up." -Unknown

Zachary Donais



"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail." -Ralph Waldo Emerson

Stephanie Doucette



"A journey of a thousand miles must begin with a single step." -Unknown

Kimberly Dupuis



we're done!!!

Gretchen L. Eastman



"Take what you can from your dreams, make them as real as anything." -DMB

Robert Emery



"An ounce of prevention is worth a pound of cure." -Ben Franklin



Adam Fields



"Life moves pretty fast, if you don't slow down once in a while you might miss things." -Unknown

Chloe Fortin



"Wherever you go, go with all your heart." -Confucius

Andrew J. Gabel



"Celebrate we will, for life is short but sweet for certain." -DMB

John Gancarz



"Bez pracy nie ma kolaczy." -Polish Proverb

Sara B. Gardocki



"I shall call him squishy and he shall be mine. He will be my squishy. Come here squishy!" -Dory, Finding Nemo

Lauren Gater



"Laugh today, tomorrow's world won't be so funny." -Unknown

Wayne Gater



"Perfection is the destination, imperfection is the road." -Spinal Tap

Patricia Graham



"Phil the grill made me a steak dinner once but they didn't do anything to him." -Bryanna Neale

Sydney Grout



"Another time, another place to be, another person waiting on that finish line."
-Steve Nations

Laura Hawk

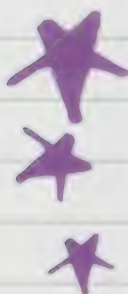


"What lies behind us and what lies before us are tiny matters compared to what lies within us." -Ralph Waldo Emerson

Brian Hays



"One does not know what they are missing until they realize that it is gone..."



Nicole Henao



"How does it feel to be on your own with no direction home like a complete unknown, like a rolling stone?" -Bob Dylan

Kyle Henry



Shannon Heyse



"None but ourselves can free our minds." -Bob Marley

Robert Hill



Daniel Holmer



"Second place is just the first loser." -Unknown

Evin Horanzy



"Oh oh oh that Shakesphearian rag- It's so elegant, so intelligent. What shall I do?" -Keats' Wasteland

Jeremiah Hurihan

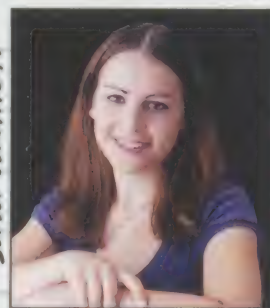


"We find no real satisfaction or happiness in life without obstacles to conquer and goals to achieve." -Maxwell Maltz

Nate Gardener



Sara Jackson



"Life is like a coin. You can spend it any way you wish, but only spend it once." -Lillian Dickson

Resha Jaquier



"Don't search for success, just do what you love, submerge yourself in it and believe in it; success will come naturally."

Danelle Jarinko



Alysa Johnson



"In life, the best thing to hold onto is each other."
-Audrey Hepburn

Thomas Johnston



"Don't take life too seriously... no one ever makes it out alive."



Shawn Jordan



"We're a tribe now, a tribe of warriors, I will be with you till the end of time, nothing will destroy our circle." - Jim M.

Dylan Keenan



"Don't gain the world and lose your soul, its better than silver and gold." - Bob Marley

Michelle Kelly



Kyle Kennedy



"Cit-R-Done"
-Larry the Cable Guy

Kaitlyn King



"The imagination exersizes a powerful influence over our every act of sense, thought, reason...over every idea."

Kieran Kirkland



Bethany Klose



"The final mystery is oneself."
-Oscar Wilde

Lauren Kochanek



"I think that somehow we learn who we really are then live with that decision." - Eleanor Roosevelt

Sara Kubetin



"The essence of being human is that one does not seek perfection." - George Orwell

Ashley LaBarre



Paul LaFlesh



"Train hard, fight easy."
-E. Huppe

Elizabeth Lancaster

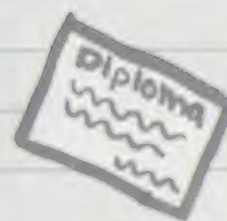


"I'm not interested in money, I just want to be wonderful."
-Marilyn Monroe

Stephanie Landry



"To live is so startling it leaves little time for anything else."
-Emily Dickinson



Sheila Leary



"Live in the sunshine, swim the sea, drink the wild air..." - Ralph Waldo Emerson

Runyon Lewis



"I owe everything to my mom. She is the greatest."

Amanda Lineweber



"Pax, amor et lepos in iocando. Peace, love, and a sense of fun."
-The Last of the Really Great Whangoodles

Anthony Longhi



"Don't let anyone bruise your apple, especially Sheila."

James Lord



Diana E. Mark



'07

Andrew J. Martin



"Don't gain the world and lose your soul, wisdom is better then silver or gold." -Bob Marley

Natalie M. Mazzetta



"Troubles, they may come & go but good times, they're the gold & if the road gets rocky, just steady as we go. -dmb



Shannon McCann



"It's not what you have in life but who you have that matters." -Unknown

Chloe McKay



"Yeah we divas, but we ride like big boys do." -Danity Kane

Noah Mealy



Maxwell Merrill



"Instead of a war on poverty they got a war on drugs so the police can bother me." -TuPac

Good times

David Dardanelli



Life is all memory except for the one present moment that goes by so quickly, you can barely catch it going. - Anonymous

Nicole Mitchell



"In this bright future you can't forget your past." -Bob Marley

Traci Mnich



"Thing that surrounds you, you feel no pain." -OAR

Danielle Moniesgner



"Character is fate." -Novalis

Krystal Montgomery



"Wanna run it." -Unknown

Danielle Moores



"Stay fresh."

Vincent Morelli



"The right to swing my fist ends where the nose begins." -Oliver Wendell Holmes

Sean Morrison



"Free advice is worth what you pay." -Tim McGraw

Bryanna Neale



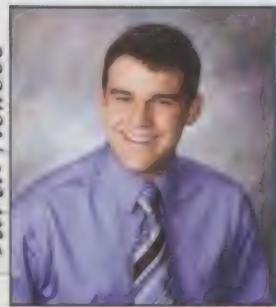
"I always try to balance the light with the heavy; a few tears of human spirit in with the sequins and fringes." -Bette Midler

Carly Neilson



"Life is not measured by the number of breaths we take, but the moments that take our breath away."

David Newell



"You've got to take the initiative and play your game. In a decisive get, confidence is the difference." -Unknown

Lydia M. Nicoll



"Find ecstasy in life; the mere sense of living is joy enough." -Emily Dickenson

April Nicotera



"If they give you ruled paper, write the other way." -Juan Ramon Jimenez

Ayeshek Nims



"Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning." -Einstein

graduation

Alexandra O'Halloran



"Forget regret or life is yours to miss. No other road, no other way no day but today." -Larson, Rent

Patrick O'Kane



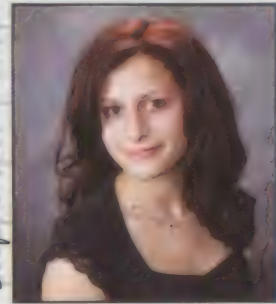
"When you feel like giving up remember why you held on for so long in the first place." -Unknown

Patrick O'Malley



"Love me or leave me alone. Hey, I am what I am, I do what I do." -Stevie Williams

Stephanie Ocarino



"Befriend everyone, trust no one." -Unknown



Amy Padrevita



"People always want life to run smoothly, but the truth is it's the mistakes that make it interesting." -Unknown "If music is the one

Joseph Pananiewicz



"People in glass houses shouldn't sink ships." -Boondock Saints

Marina Parker



"The most important kind of freedom is to be what you really are." -Jim Morrison

Canandra Pavel



"There is more treasure in books than in all the pirate's loot on treasure island." -Walt Disney

Patrick Pease



"All right! I'm extra ordinary! What of it?" -T.E. Lawrence

Carrie L. Perkins



Kyla Phelps



"It's over before you know it, It goes by so fast, yeah, the bad nights take forever, the good ones don't seem to last."

Richard Pianka



"To put it lightly, half a mile of teeth can bury a man's soul."

David Pianka



"Hard work beats talent when talent doesn't work hard."
-Unknown

Brandon Pianka



"The winner ain't the one with the fastest car its the one who refuses to lose."

Mark Provera



"Smoke tires not drugs." -Unknown

Chelsea Ranstead



"Being perfect is when you can look someone in the eye and know you did not let them down." -Coach Gary Gaines

Seniors!

Simone Remy



Kellen Rice



Lauren Richmond



"Life isn't measured by the breaths we take in a moment, but by the moments that take our breaths away."

Samantha Ridley



"Carpe diem"

Seniors '07

Alicia Ripoll



"I would never die for my beliefs because I might be wrong."
-Bertand Russell

Anna Rollet



Dale Rollet



"Don't take life too seriously, you'll never get out alive."
-Van Wilder

Michael Romano



Crista Rookney



"Live, Love, Laugh"

Alaina Ronetto-Demers



"I am Jack's complete lack of surprise." -Fight Club

Angela Ronetto-Demers



Shaina Rostek



"If you love something set it free, if it comes back its yours forever, if not it was never yours to begin with."

Gina Roy



Johanna Ruckey



"Don't let anyone look down on you be cause you are young but set an example in speech, life, love and purity." 1Timothy 4:12

Andrea Ruotolo



"Wherever you go, go with all your heart." -Confucius

Dunya Saleh



"Never be bullied into silence. Never allow yourself to be made a victim. Accept no one's definition of your life; define yourself."

Nicole Santiago



"The end of one race is the beginning of another."
-Susan Ebersal

James Sanville



"Give me six hours to chop down a tree and I will spend the first four sharpening the axe."

-Lincoln

Crystal Saunders



"We all have our time machines. Some take us back, they're called memories. Some take us forward, they're called dreams."

Lauren Scandura



"In the end you always go back to the people that were there in the beginning."
-Dawson's Creek

Nicole Schools



"Beginnings are always scary, endings are always sad, but, it's what's in the middle that makes it worth while."

Amanda Scozzafava



"The test of courage comes when we are in the minority. The test of tolerance comes when we are in the majority."

Brynn Scozzari



"When all the broken hearted people living in the world agree, there will be an answer, let it be."
-The Beatles

Elizabeth Shamy



"The greatest mistake you can make in life is to be continually fearing you will make one."
-Elbert Hubbard

we're done!

Sara T. Shea



"What lies behind us and what lies before us, is tiny matters to what lies within us."
-Ralph Waldo Emerson

Justin Sheridan



Aneisa Sherman



"Take your victories, whatever they may be, cherish them, use them, but don't settle for them."
-Mia Hamm

Rachel Sherwood



"There comes a point in your life when you realize who really matters, who never did, and who always will."

Nicholas Shute



"Our lives begin to end the day we become silent of things that matter." -Martin Luther King Jr.

Matthew Silva



"Every passing minute is another chance to turn it all around." -Cameron Crowe

Kathryn A. Simison



"It's better to do something imperfectly, than nothing flawlessly."

Whitney Simons



"Caitlin was here."

Carina Slimm



"One life, one chance."

Kyle A. Smith



"Everyone has a talent. What is rare is the courage to follow the talent to the dark place where it leads."

Lauren Smith



"The challenge is to be yourself in a world that's trying to make you like everyone else."

Ryan Smith



"If I hide myself wherever I go, am I ever really there?" -Ed Robertson

Kathryn Spencer



"The roots of education are bitter, but the fruit is sweet." -Aristotle

Anthony Spennazza



"Live your life one cup at a time." -Unknown

Scott Sperrulli



"Don't take life as it comes, pursue your dreams and live with no regrets." -Anonymous

Joseph F. Stephansky



"My mind's in the gutter and its goin' down the drain." -Fatty Fitz

college!
here we
come

07

Samantha Suttler



"The key to happiness is having dreams; the key to success is making them come true."

Patrick Sullivan



"Teamwork: Individual commitment to a group effort."

-Vince Lombardi

Eleanor Sutton



"Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing." -Mother Teresa

Bennett Sweeney



Sergi Suitalski



Erick Taylor

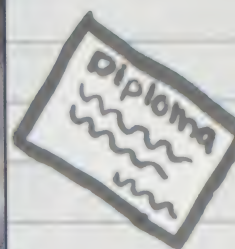


Ahley Thibodeau



"To the world you may be just one person, but to one person you may be the world."

-Unknown



Kimberly Townsaint



"All you have to decide is what to do with the time that is given to you."

Steven Treglia



"Pain is only temporary but glory is forever."

Jamie Turner



"Peace!!!"

Alyna Ullmann



"Good judgement comes from experience, and often experience comes from bad judgement." -Rita Mae Brown

Tierney Vandervoort



"To see a world in a grain of sand and heaven in a wildflower hold infinity in the palm of your hand and eternity in an hour."

Mark VanHaltem



"All I know is that I don't know nothin." -Jesse Micheals

Naivna Vemuri



"Things turn out the best for people who make the best of how things turn out."

Robert Ventura



Corey Vogt



"Winners never quit, and quitters never win." -Michael Jordan

Ashley Wells



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Sean Willoughby



"In the game of life even the 50-yard line seats don't interest me, I came to play."

Travis Wilson



"Act as if you are going to live forever, live as if you are going to die tomorrow."

Allyson Winne



"So when you see us ridin' we call it showstoppin'."
-Danity Kane

Alexander T. Wright



"I should kiss heaven goodbye because it must be a sin to look this good."
-Fresh Prince of Bel-Air

Jeanette Youdis



"Study nature, love nature, stay close to nature, it will never fail you." -Frank Hogd Wright

Lyndsey Zavirza



"You're not here for a long time you're here for a good time."
-DAD

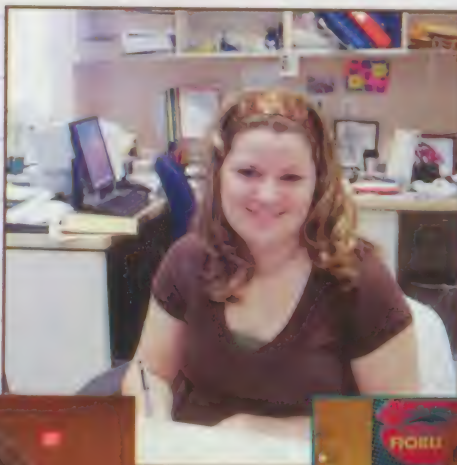
Peter Zymiak



"It's not until you've lost everything, that you're free to do anything." -Fight Club

Camera Shy:

Chris Benson, Ivan Bojic, Ali Bromson, Alexander Carrol, Adam Cascio, Christian Colon Brian Depray, Brian Herring, Andrew Jones, Joel Lee, Wesley Lowderback, Roydel Patterson, Chris Podlewski, Matthew Spellmem, Dannielle Sica, Daniel Sindler, Maureen Smith, Eric Soto, Jamell Stevenson, Patrick Stiles, Matthe Williams, Christine Wilson, Allison Zaczynski.



congratulations
CLASS OF 2007,



SHS won't be the
same without you.

Superlatives

Best Dressed



1. Matt Conway & Dunya Saleh
2. Tyler Dibrato & Navina Vemuri
3. Alex Carrol & Diana Mark

Best Smile



1. Tyler Dibrato & Lyndsey Zavisza
2. Dylan Keenan & Natalie Mazzetta
3. Nick Shute & Liz Lancaster

Best Looking



1. Tyler Dibrato & Lauren Kochanek
2. Dylan Keenan & Ali Bromson
3. Nick Shute & Navina Vemuri & Bethany Klose

Best Hair



1. Anthony Sperrazza & Alicia Baumann
2. Mark Vanhaltern & Chloe Fortin
3. Tyler Dibrato & Lydia Nicoll



Best Eyes



1. Dave Pianki & Shannon Delaney
2. Nick Shute & Brooke Boucher
3. Ben Sweeney & Gretchen Eastman

Best Friends F/F



1. Morgan Denno & Shannon Heyse
2. Ali Bromson & Lyndsey Zavisza
3. Lauren Scandura & Jess Banks

Class Athlete



1. Robert Hill & Chloe McKay
2. Bennett Sweeney & Lyndsey Zavisza
3. Nick Shute & Ali Bromson



Best Personality



1. Brian Carney & Ali O'Halloran
2. Matt Banak & Dannielle Moores & Dannielle Monsiegnuer
3. Alex Wright & Sheila Leary



Class Party Animal



1. Billy Craven & Ashley Labarre
2. Max Merril & Kim Denué
3. Alex Carrol & Kyla Phelps



Class Clown



Most likely to succeed



1. Ryan Smith & Kathryn Simison
2. John Gancarz & Traci Mnich
3. Noah Mealy & Lauren Smith

Class Flirt



Most unique



1. Greg Moser & Sheila Leary
2. Mike Barten & Jeanette Yuodis
3. Ricky Pianka & Johanna Ruckey

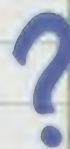


Class Artist



1. Mike Binzceski & Johanna Ruckey
2. Sergi Switalski & Sam Ridley
3. Kyle Smith & Jeanette Youdis

Dazed & Confused



1. Anthony Longhi & Michelle Clayton
2. Mark Vanhaltern & Brooke Boucher
3. Nico Connor & Lauren Scandure & Jamie Turner

Changed the Most



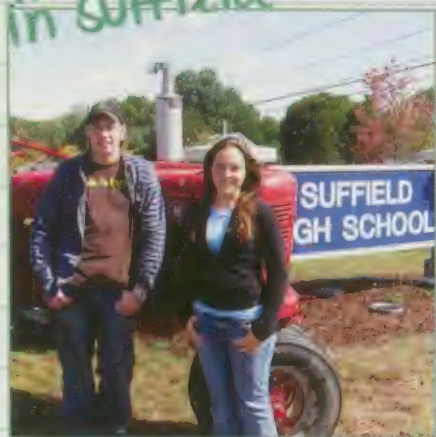
1. Alex Wright & Alyssa Johnson
2. Tyler DiPrato & Nicole Mitchell
3. Sergi Switalski & Sam Ridley

Class Cutie



1. Mark Vanhlatern & Rachel Sherwood
2. Mike Binzceski & Alyssa Johnson
3. Matt Brew & Crista Rookey

most likely to stay in Suffield



1. Sean Morrison & Carly Neilson
2. Jimmy Chmiel & Kyla Phelps
3. Runyon Lewis & Erin Horanzy



1. Matt Banak & Lyndsey Zavisza
2. Sean Willoughby & Alicia Baumann
3. Brian Carney & Chloe McKay

Best Friends M/F

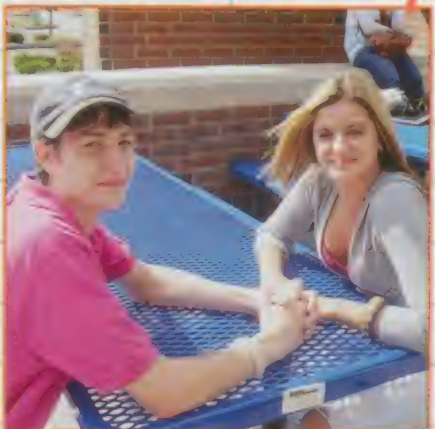


Class Complainer



1. Nick Shute & Kyla Phleps
2. Joel Lee & Erin Horanzy
3. Liz Lancaster & Mike Barten

Most Memorable Couple



1. Brian Depray & Kyla Phelps
2. Jeff Colapeitro & Christina D'orazio
3. Pete Zywiak & Shannon Delaney



Most school spirit



1. Matt Banak & Bryanne Neale
2. Anthony Sperazza & Diana Mark
3. Matt Conway & Ali Bromson

I ♥ SUFFIELD

1. Alex Carrol & Ally Winne
2. Jeff Colapeitro & Sheila Leary
3. Larry Cauley & Courtney Bednaz

class musician



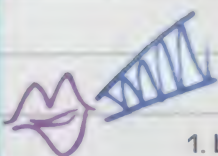
1. Wayne Gates & Traci Mnich
2. Matt Spellman & Brynn Scozzari
3. Joey Stepansky/Kyle Smith & Ali O'Halloran

1. Matt Banak & Ben Brown
2. Matt Silva & Alex Carrol
3. Sean Willoughby & Alex Wright/
Ryan Smith & John Gancarz

Most talkative



1. Larry Cauley & Kyla Phelps
2. Joel Lee & Bryanna Neale
3. Alex Carrol & Liz Lancaster



1. Larry Cauley & Jamie Turner
2. Max Merrill & Sheila Leary
3. Mike Binczeski & Tara Cohen

Sweetest whip



1. Paul Laflesh & Diana Mark
2. Scott Spremulli & Lauren Kochanek
3. Matt Breese & Chloe McKay

1. Noah Mealy & Aneisa Sherman
2. Tom Johnson & Kim Dupuis
3. John Gangarz & Carly Neilson

Most likely to embarrass themselves in public



Best friends M/M



Class troublemaker



Shyest



Class of 2007



Since 1989 (ish)



Heres To The Night

♥ Prom 2006

Prom 2006 was quite a night to remember, as couples and friends showed up ready for an awesome time. Everyone looked fabulous in their dresses and tuxes, and attendance was high. The social hour provided an opportunity for everyone to visit with friends and take pictures, and the dinner was spectacular. Once the dishes were cleared away and everyone was full, the music got loud, the lights went down, and soon the dance floor was packed with people. Despite any minor dress malfunctions, "My strap broke halfway through dinner!" says Natalie Mazzetta, or any problems with tables, or dates, the night went off without a hitch. Says Sophomore Taylor Neale: "This wasn't my prom, but I still had a fun time. So now I can't wait for Proms in the future!" It will be hard to do, but hopefully the proms in years to come will be even better than this year's.

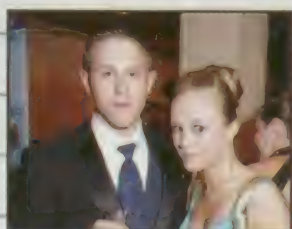


ABOVE: Amanda Scozzafava and date pose while on the dance floor, shortly before the end of an amazing evening.

ABOVE: Leah Cammilleri, Jessica Banks, Lauren Scandura, and Michelle Clayton take some time away from their dates to pose for a picture together.



Michelle Kelly and Micheal Cooper are inseperable all evening.
26



Rachel Sherwood and her date take a candid shot while walking in the door.



Joey Stepanski and his date pose while dancing the night away at prom 2006.



Gabbi MacAri and Anthony Sperrazza take a picture before requesting a song.



Chloe McKay and Brian Carney pose together while sitting at a table with friends.

BELOW LEFT: Sean Willoughby, Nicole Soudreau, Courtney Bednaz, and Nico Connor get together for a picture while resting after dancing all night.

BELOW: Kathryn Simison and Alex Wright take a moment before eating to commemorate a great night together at Chez Josef.

Gorgeous!

He Said



"Prom this year was amazing. The food and music were awesome. I can't wait for next year."

JUSTIN SHERIDAN '07

She Said

"I went to prom with an old family friend. Even though he was from out of town we had a wonderful time."

KELLEN RICE '07



ABOVE: Ricky Banard, Carrie Perkins, Shannon Delaney, and Peter Zywiak pose for a picture during the social hour before prom.

LEFT: Michelle Clayton, Ms. Schmidt, and Kelly Cmara take a second to get together to show off their fabulous attire.



Unforgettable

High School can be a scary and overwhelming place, especially for newcomers and underclassman, but any upperclassman can tell you that once you learn basic survival skills, high school is the best time of your life! Suffield High School is a great place to go to everyday to learn and grow amongst your peers, so make the most of the incredible facilities and talented teachers that are available to you. Don't be afraid to talk to your guidance counselors, they are there to help you with any of your needs, and despite what you may think, they do have enough time for you. Make good friends and hold on to them, and also be a good friend yourself. When life gets hectic and stressful, they'll always have your back. Join as many clubs as you can, it looks good for colleges once you start looking, and also is a great way to spend extra time. Be involved with spirit activities, having pride in our school is one of the easiest ways to have fun! But whatever you do, just remember that high school is the first step to the rest of your life!

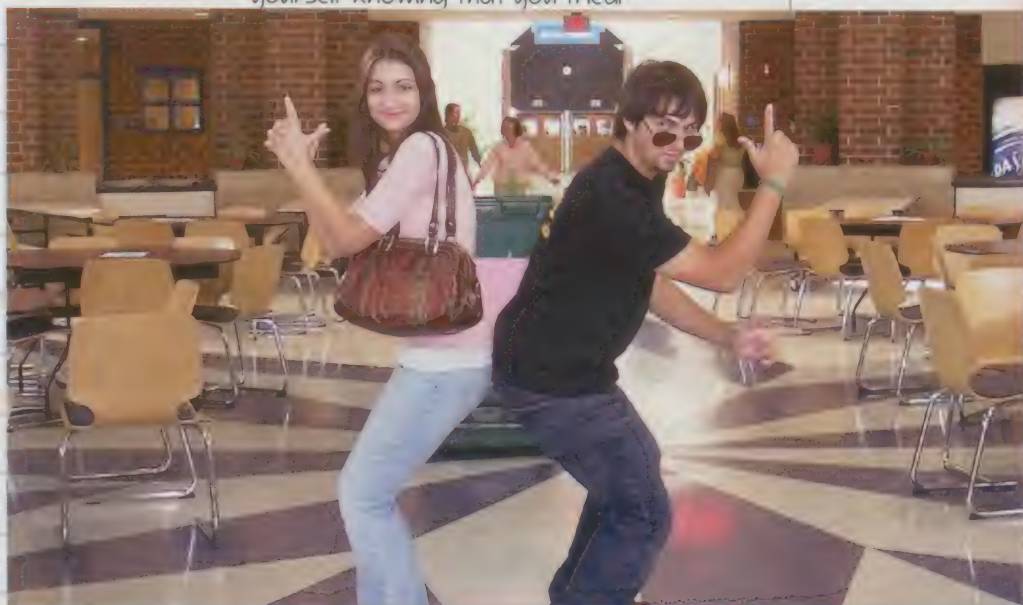
Check e chalk!

Advice to Underclassmen



ABOVE: Junior Max Carroll stops on his way to class to give some advice to underclassman: "Start the year off strong and be a consiencious student. Don't be afraid to take hard classes and challenge yourself. If you don't do so well in them, take pride in yourself knowing that you tried."

RIGHT: Jeff Colapietro and Christina D'Orazio stop and pose for the camera while leaving school early with senior priveledges. They say to work hard and get all your credits done as soon as possible, so you too can have the luxury of leaving early or coming late to school. "But also make sure you leave time to goof off and have fun," says class clown Jeff, "take school seriously, but not so much that you drive yourself crazy." Adds Christina, "High school is supposed to be fun, so make the most of it, and look forward to senior priveledges!"



RIGHT: Juniors, Kelly Bielonko, Laura Sauter, and Julia Roder-Hanna pause on their way to lunch to offer some advice for younger classes. They had different ideas for how to succeed in high school, but shared a common theme. Work harder than you play, but make plenty of room for your family, friends, and most importantly, yourself. "There will come a time when a lot of people will be trying to stretch you in different directions, but just be true to yourself. You can't make everyone happy." Says Kelly. "High school should be about being comfortable with yourself, and discovering your capabilities. Never doubt yourself, or limit yourself, and always be open to new possibilities and activities." Adds Julia. "You might discover something about yourself you didn't know before." "I know everyone says this," concludes Laura, "But just have fun with high school! Stay optimistic and driven. You're here for 4 years, and you've only got it once!"



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thoughts from

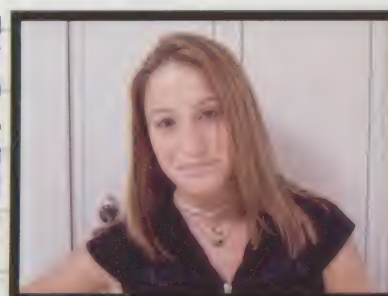


"School pictures aren't something to stress over. It's really only your senior pictures that will matter in the years after high school."



Chris Davis '07

"Definitely make the most out of your high school years... they go by way too fast and seem way too short."



Crista Rookey '07

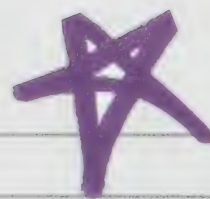
"Don't worry about not having anyone to sit with at lunch. It's not that big of a deal, and you'll always know someone in your lunch wave."



David Pianki, Andy Gable '07

ABOVE: Kirstie Alberts and Jen Thresher advise underclassmen to join a sports team. It's a great way to meet people and make friends, and to keep in shape!

Note to Locks



BELOW: Joel Lee, Steven Tregula, Dave Planki and Alex Wright wait behind the streamers for the start of warmups. Due to the intensity of the game, the boys decided to wait outside the locker room.

Suffield vs. Locks...

The biggest

rivalry

in the conference

Suffield Wildcats vs. Windsor Locks Raiders is the most anticipated basketball game of the season. For this game students, faculty, alumni, and parents all come out to support their team and to see a great game. This rivalry has grown in our town over the years, making the game like a holiday. For the past three years, the boys have yet to be defeated by the Locks team; even so the game is still an event

that most can't miss. All those that come do so in spirit wearing the Suffield colors. Not only do the fans come out to support the basketball team but also to watch the talented cheerleading and dance teams perform during the game and at half time. They bring enthusiasm to the crowd, making the game more intense and exciting not only for the viewers but also for the players.



BELOW: Mr. Jones and Mr. Garvey get into the game and display their school spirit.



Go Wildcats!



ABOVE: Outside the locker rooms, the Windsor Locks starters nervously gather before warmups knowing this is going to be a tough game.

Windsor Locks Raider Sean Dayo and Suffield Wildcat Joel Lee, glare at each other after Locks takes a devastating defeat by the unstoppable Wildcats.

SCOREBOARD

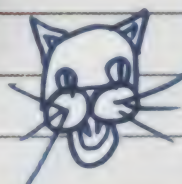
HOME	0:00	VISITOR
45		33
BONUS	PERIOD	BONUS
FOULS	PLAYER	FOULS
0		0

ABOVE: The scoreboard shows another exciting win for the Suffield High Wildcats.

Go Home Locks



ABOVE: Robert Hill pumps up the crowd rising above the opposition with a fast break and a dunk.



ABOVE: Lyndsey Henry, Anne Treglia, Kathy Pagan, and Gina Diprato, come to support their team in blue and white.



ABOVE: As the players are announced, Suffield fans wait anxiously for the start of the game. No one knows what this game is going to bring.

Notes Taken At SHS



From the commons to the Vo-Ag wing, Suffield High School is one of a kind. No matter where you go, you're greeted with a friendly smile and a positive attitude. Here at Suffield High, education is the number one priority. Teachers here are more than willing to give their time to ensure that students understand material. We are very fortunate to have such a new building equipped with a high quality library and computer system. Athletics are also a big part of Suffield High. When looking in the gym, championship banners adorn the walls, showing the many victories that our teams have achieved. A major part of our school is the Vocational Agriculture Center. This particular wing of our school is filled with animals, plants and mechanics. The program also brings in students from surrounding towns, giving Suffield High a more diverse student body.

Overall, most students would agree that Suffield High offers opportunities for everyone.



ABOVE: A side view of our picturesque school. One can see why our school is such a great learning environment.

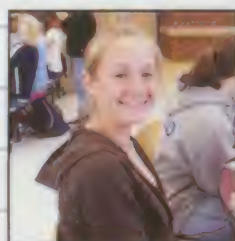
BELOW: Nicole Loughrey, Kristen Overson, Kristen Horanzy, Kayla Fahle, Rachel Packard, Alex Smith, Casey Merrick, and Meredith Lowe enjoy the social aspect of lunch.



FRESHMEN

"Our first year of high school was amazing, but one thing is for sure, you can't do it without your best friend!"

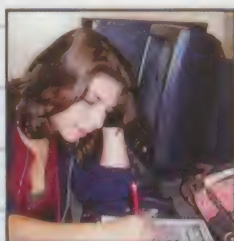
-Katelyn Moores & Kristi Neilson



SOPHMORE

"Freshmen year was interesting. I definitely grew a lot. The work load is more demanding this year but at least I'm not a freshmen anymore."

-Colleen Moroney



JUNIOR

Most people say junior year is most important and it definitely is. Make sure you do your work, and don't forget, 'senior-itis' is for seniors!"

-Alyssa Frechette



SENIOR

"I'm pretty sad about this being my last year of high school but relieved to get the college search done with. Senior year is stressful, but still awesome."

-Anthony Longhi



ABOVE: Sam Ridley, Andy Gable, Christina D'Orazio, Jeff Colapietro, and Kaitlin Baker leave early because of their senior privileges.

Class Survey

Favorite Male Artist

1. Justin Timberlake
2. Jack Johnson



Favorite Class

1. Life Ed
2. English

Favorite Movie

1. Anchorman
2. Wedding Crashers



Favorite Female Artist

1. Kelly Clarkson
2. Jessica Simpson

Favorite Ice Cream

1. Cookie Dough
2. Mint Chocolate Chip

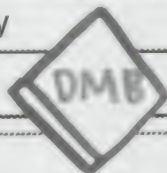


Favorite TV Show

1. Laguna
2. OC

Favorite Band/Group

1. Dave Mathews Band
2. Coldplay

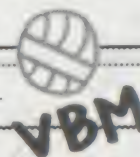


Favorite Sport

1. Lacrosse
2. Soccer

Favorite School Event

1. Volley Ball Marathon
2. Spirit Night

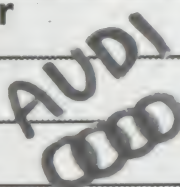


Favorite Food

1. Pasta
2. Tacos

Favorite Car

1. Audi
2. Mustang



Favorite Restaurant

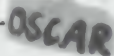
1. Olive Garden
2. EB's

Favorite Actress

1. Kierra Knightley
2. Rachel McAdams

Favorite Actor

1. Johnny Depp
2. Will Farrel



Favorite Year at SHS

1. Senior
2. Junior

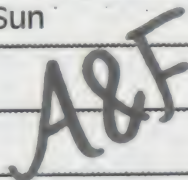
Favorite Candy

1. Reese's Peanut Butter Cup
2. Snickers



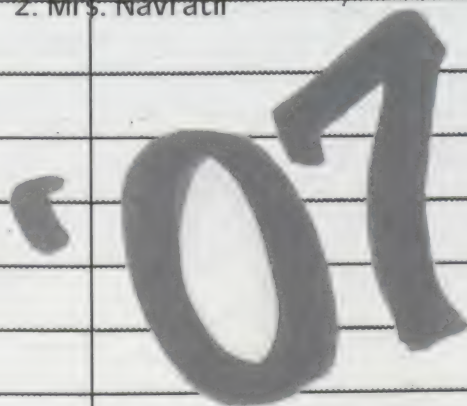
Favorite Clothing Store

1. Abercrombie & Fitch
2. PacSun



Favorite Teacher

1. Mrs. Potter
2. Mrs. Navratil



Favorite Color

1. Pink
2. Blue

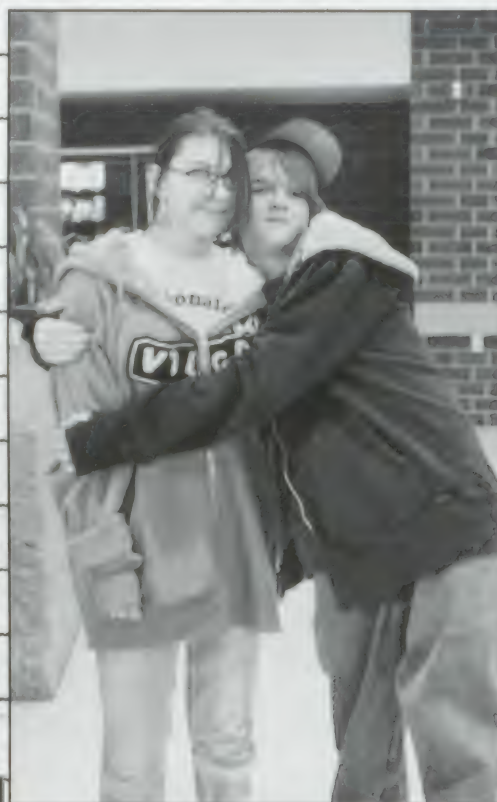
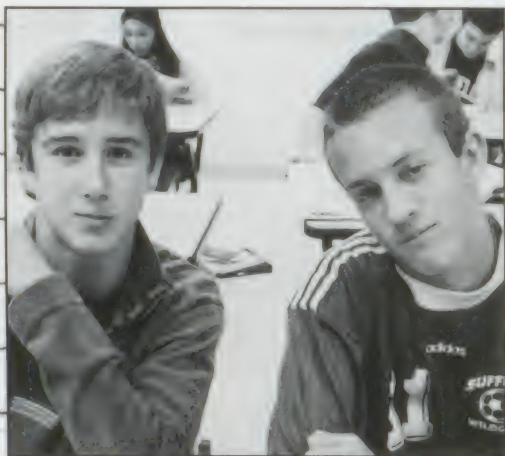
Favorite Animal

1. Puppies/Dogs
2. Tigers

Favorite Board Game

1. Life
2. Twister

BELOW: Sophomores, Tim Glynn and Dean Porcello, take a break from studying hard in accounting class.



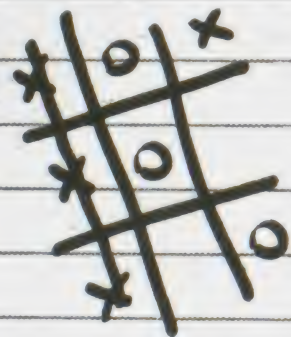
LEFT: Kevin Chapput and Victoria Sadoski, both freshmen, are on their way back to lunch after a quick stop at the vending machines.

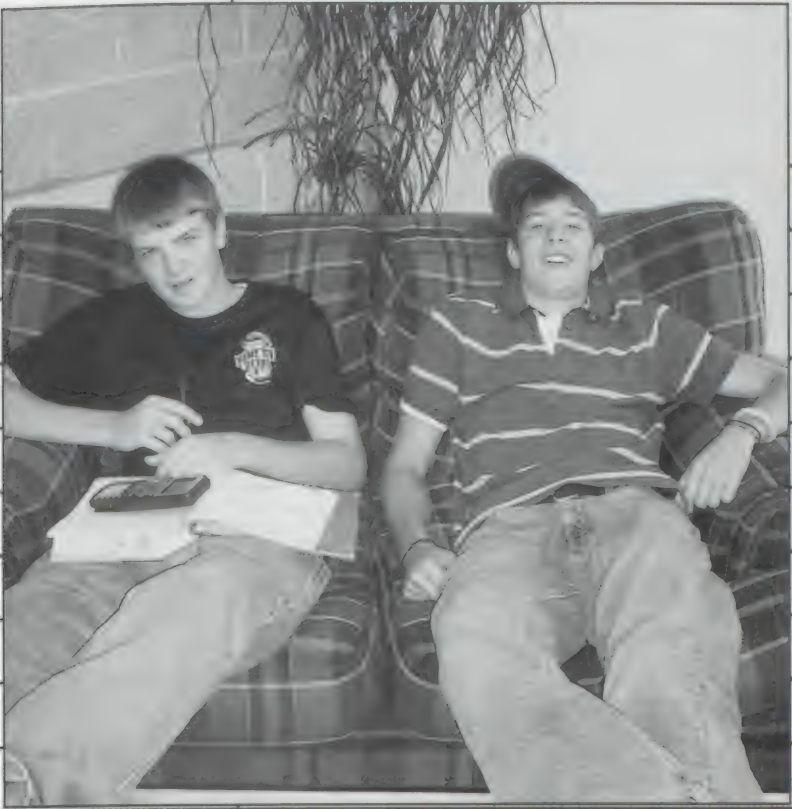
RIGHT: Rachel Bromson, sophomore, and junior, Alyssa Ferchette, pose while working together in guidance.



Underclassmen

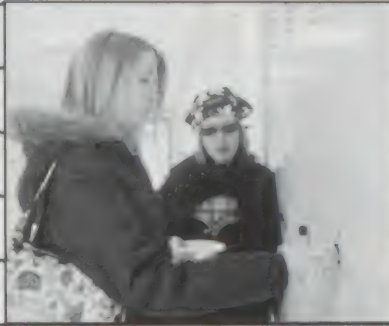
Everyone tells you that high school is the best four years of your life, and it definitely is. We all go through changes, and with each new year and grade comes something even more. At one point in time, we are all freshmen and have to start at the bottom and find our footing in a new school. Sophomores are still new to the scene of high school, but now know their way around and are catching onto the workings of Suffield High. Nearing the end, juniors enter their hardest and most important year when they start thinking about college and their upcoming futures. Overall High School is an unforgettable time, no matter what grade you are in.





LEFT: Alex Cerri and Chris Stein chill on the couch in the library during study hall and finish up some homework.

Juniors



LEFT: Victoria Furgerson and Regana S. Parker rush to open their lockers before class, sometimes seven minutes just isn't enough.



Ashley Agudelo
Kirstie Albert
Nathan Allard
Luke Anderson
Ernie Backes
Steven Barthen
Taylor Bartini

Kathryn Bascom
Mary Bauchiero
Lauren Beaulieu
Breana R. Beck
Lisa Beltramello
Jasmine Betts
Ashley Biddlecom

Kelly Bietonko
Bojan Bojic
Nicholas Bologna
Ashley Boudle
Brett Boudreau
Alicia Boyd

Elizabeth Breen
Jeffrey C. Brightman, Jr.
Brittany J. Brown
Edgar Brown
Kayleigh Brown
Brachel Brueno
Scott Burns

Kaitlin Butterfield
Sean Cain
Stephen Cannon
Maxwell Carroll
James Cecere
Edward Cerri



Kara Chamberlain
Kelly Christian
Jessica Christofori
Samantha Cieri
Christopher Coates
Meghann Cocca



Amy L. Collins
Sean Congden
Kevin Connelly
Margaret Cooper
Jessica Corrallo
Allison L. Corbosiero
Brittany Crosby



Taylor Crosby
Alexandra Czerniak
Kyle Dalrymple
Siobhan M. Davis
Amexandra J. de Leon
Shawn DeFord
Brianna DeLuco



Rosa DeVito
Patrick N. Doherty
Laura Dorman
Christopher Drake
Emily Droney
Michael Duncan
Ashley Dunn



Adam L. Dwelley
Amanda Elcock
Kelsey Emmons
Eden Ettienne
Tiffany Fellows
Jeneviève Ferguson



Nicole Ferland
Meghan Fletcher
Alyssa Frechette
Victoria Furgerson
Michael Fusick
Katelynn Gay
Brian Gracey



Kyle A. Groszyk
Jameson D. Grout
Alexander Guminiak
Jessica Haffner
Eric M. Heaney
Patricia Herring
Rebekah Higginbotham



Jerome Hill
Christopher Holtzman
Bryan Hull
Melissa Jenkins
Kylé Johnston
Alannah Justesen
Brendan Kearney



Cody Keller
Kathryn Kenney
Taylor Kerr
Drew Kirkland
Alexandra Kuras
Chelsea Lacraft
Pebbles Lacross



A+



Jacob LaValley
Travis LaValley
Matthew Lefcheck
James Lemire
Qian Y. Li
Amanda Loveland



Christina Luban
Whitney F. Mackay
Kevin J. Mannino
Kristin Martin
Ian T. Matthews
Jordan Mazur
Meghan McGunigle



Charles D. McKeon
Alexandra Messmer
Matthew Miga
Mitchell Moody
Krystal Morganweck
Chelsea Moser
Gregory S. Moser



Nicholas Moskwa
Jason R. Moyer
Alison Murray
Erin Murray
Kevin Muscarella
Amber K. Nadeau
Jessica Nadeau



Taylor E. Neale
Michele D. Niejalik
Alyssa Nigro
Michael O'Brien
Amylia O'Neill
Alicia Olschafskie
Aaron Olson



Christopher Oprica
Peter Pagnoni
Andrew Parent
Robert Parise
Randall Parker
Regena Parker



Lauren M. Parley
Kristen Pepler
Grace Perrin
Alex Peterson
Kalleigh Peterson
Justin Phillips
Michael Presnick

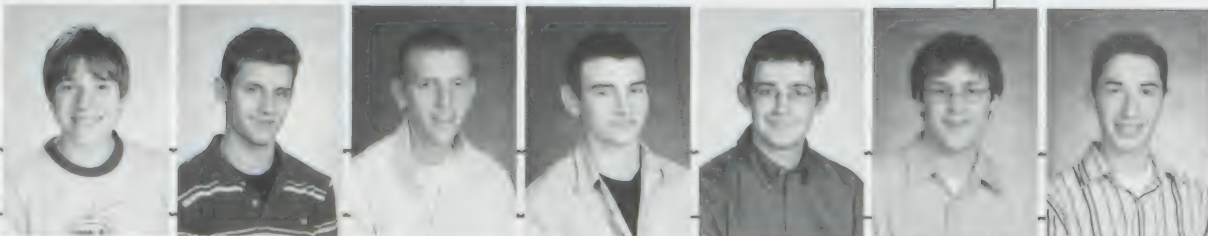


Melissa Pruitte
Sarah Regan
Ryan Rempfer
Julia Roder-Hanna
Allison Rodgers
Nicholas Rolocut



Frank Ruggiero
Thomas P. Ruzbasan
Vincenzo Santos
Brittany L. Saunders
Laura Sauter
William Schnepf

Wilhelm Schon
Kane M. Seaha
Joshua Severns
David Shelanskas
Nathan Sheridan
Zachary Shoemaker
Ian Shulman



Nicole M. Silkey
Jennifer Silva
Kera Simmons
Jillian Sipperly
Alexander J. Slimm
Sean Smith
Shannon Smith



Samuel J. Smyth
Skip Sneath
Allison Spadorcia
Kacey L. Srubas
Samantha Stafford
Christopher Stein



Lauren E. Stockton
Brett Sullivan
Danielle Sullivan
Rachael Sullivan
Christina F. Szczepanski
Michael Tassinari
Amanda Thibedeau



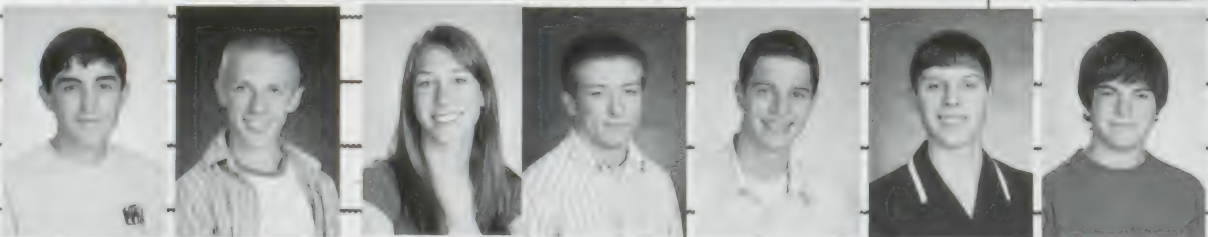
Jennifer Thresher
Melissa Tittarelli
Nicole Tittarelli
Justin Torone
Emily Tracey
Elizabeth Treiber
Ashley Turkowski



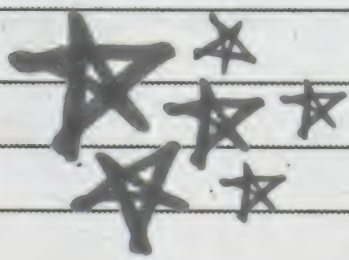
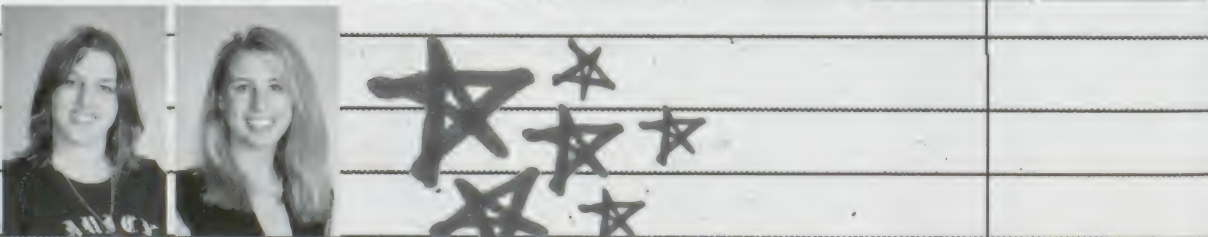
Jacqueline Tyman
Stephanie Tyman
James W. Ullman
Richard Vaughan
Pol Viussa Moya
Megan L. Wesolowski
Cassandra West



Matthew Willet
John Williams
Alexandra Wilson
James Wilson
Matthew Winne
Max C. Wiosna
Gregory Wright



Allison A. Zaczynski
Brady Zavisza



Sophomores

RIGHT: Kylie Gifford, Alison Gagnon and Lauren Mercik take a break from their lunch to pose for a quick picture.



RIGHT: In support of Alex's Lemonade Stand, Brittany Denué, Gabby Macari, Nicole Salamone, Rachel Bromson, Brittney Moores, and Alison Daglio work at the booth during lunches.



Richard Adams, Jr.
Melody A. Albert
Eva J. Banlaki
Vincent J. Barnes
Stephen T. Bascom
Dianna C. Bassett



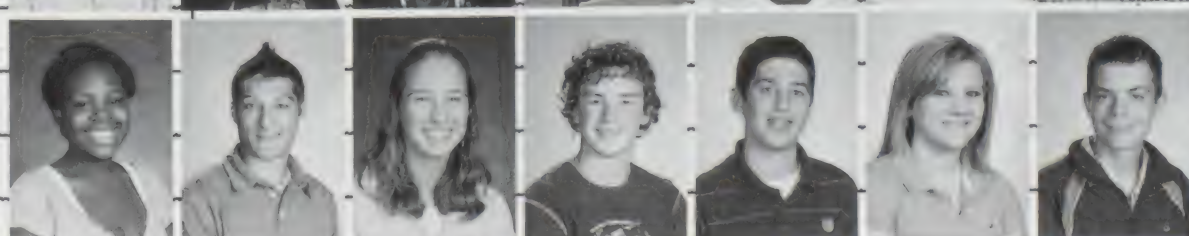
Taylor R. Begnoche
Kelsey Bentz
Shelby Bermari
Todd Bertrand
Julie Bianchi
Branden Bielonko
Kristina N. Bradley



Jeffrey Bridge
Ashley M. Brightman
Alexandra Brinker
Rachael L. Bromson
Christa Brown
Stephanie A. Brown
Denise M. Buckingham



Kyle Buckingham
Thomas J. Burchell, III
Celina R. Bycenski
Brendan Cahill
Lauren E. Cappa
Lindsey Carboneau
Daniel Carney



Fosis Cauley
Anthony C. Cervione
Holly Chamberlain
Austin A. Chandler
Michael S. Chapman
Oliver R. Cicitto
Brandon Clark

Jordan Colon
 Sarah J. Congden
 Wesley S. Contro
 Sabrina Cordiliko
 John A. Cosker
 Nicholas Cotrone
 Michael Cristina



Briana M. Cuevo
 Bryce V. Cyr
 Alison Daguio
 Colin Daly
 Glenn Dardanelli
 Shayna Davilli



Justin Degen
 Brittany L. Denué
 Cassandra Devney
 Jennifer E. DiMauro
 Kyle Doane
 Robert Domin
 Timothy J. DuFore



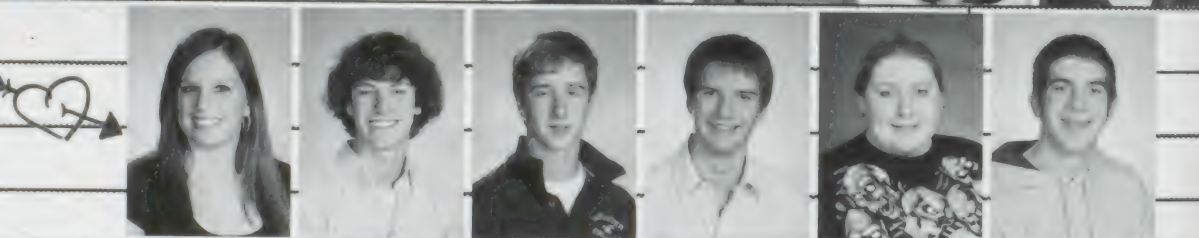
Michelle Durant
 Jenny Duval
 Amanda Emery
 Kayla S. Fahle
 Jessica Fall
 Mitchell Flagg
 Alexander Flynn



Shaughn Flynn
 Michael B. Formaggioni
 Benjamin Forester
 Jessica Fox
 Anthony J. Fusco
 Alison Gagnon
 Katie L. Gardocki



Kylie M. Gifford
 Joshua Giller
 Timothy Glynn
 Gregory Hall
 Jessica R. Halmers
 Harrison Hansen



Jessie Harbold
 Brielle E. Neini
 Craig Henderson
 Patrick Henderson
 Victoria E. Heyse
 Michael P. Holland
 Kristin Horanzy



Logan T. Horner
 Sharell L. Hunt
 Chelsa Hunter
 Miranda N. Ingram
 Stephanie Jarinko
 Eric W. Jespersen
 Devon M. Johnson



Caitlin Jones
 Joel Jordan
 Nicole Jordan
 Kayla R. Kaplan
 Sara Kaplan
 Margaret A. Kelliher
 Meaghan A. Kelly





Melinda E. Kilty
Kristine Koistinen
Michelle Kopec
Sarah E. Krauss
Michelle Kula
Andrew Lagana



Andrew J. Lamagna
Michelle LaPlant
Evan Laux
Matthew Layole
Jessica Lawrence
Erik Lee
Amanda Leonhardt



Brianna Lertora
Brianna M. Liquori
Robert S. Logan
Nicole Loughrey
Thomas Loveland
Meredith Lowe
Silvana Luongo



Gabrielle Macari
Marshall R. MacIntyre
Matthew Magda
Walter J. Malec, III
Marisa A. Marek
Caitlyn Martin
Christie E. Mastroberti



Brenna McGann
Collin McGunigle
Jessica McKenna
Lauren H. Mercik
Casey Merrick
Geoffrey Miner
Samuel Mitchell



Brittney Moores
Brittany Morison
Colleen H. Moroney
Erik J. Murphy
Carly E. Neumann
Kathryn Niemiroski
Evan O'Connor



Ian O'Connor
Jennifer O'Leary
Dermott O'Malley
Brendan A. O'Shea
Nicholas Oliver
Eric W. Ouellette
Kristen Overson



Rachel Packard
Stephanie Pascoe
Maurice Patterson
Natalie Patterson
Alexandria L. Pease
Ryan Perkins
Thomas Perrin



Tran Phan
Justin Pierce
Dean Porcello
Matthew Pravia
Courtney Randall
Falyn M. Rasmussen

Bernadette Raum
Christopher T. Richardson
Joseph Rigby
Katelyn Romano
Nathaniel A. Rossi
Cara E. Ryan
Stephanie A. Rypysc



Nicole L. Salamone
Jamal Saleh
Wesley E. Sanborn
Adam H. Santanillo
Zachary Satryb
Shannon E. Saunders
Stephanie Shamy



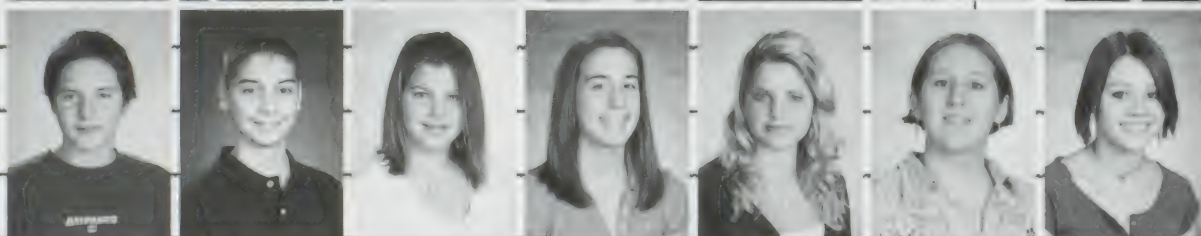
Holly Shea
Evan Shelansky
Shawnee Sherman
Laura Sikes
Julie Silva
Bryce Skawski
Michael Small



Alexandra A. Smith
Eric St. George
Derek Stiles
Kallie Sullivan
Kathleen Summa
Bryan Sutton
Rebecca Suzenski



Christopher Sweeney
Edward C. Szoka
Britney E. Tarantino
Nicole M. Tedone
Ashley Terlesky
Ashley Thibodeau
Giuliana Tittarelli



Michael Turgeon
Colby Tyler
Laura Vallance
Angela Vincenzo
Daniel Wallace
Kelly B. Walsh
Justin Waterman



Rachel L. Wells
Taylor Werth
Amber White
Shannon Wilson
Heidi K. Wolfe
Emily T. Zaczynski
Kendra Zaczynski



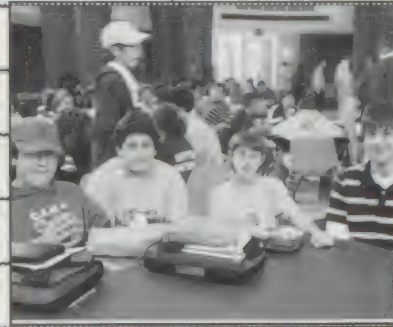
Jessica Zamal
Lucas A. Zielinski
Vesselin Zlatev



AOTPC
SUFFIELD



LEFT: Nicole Torres, Kim Kuras, and Jen Pinto show their love for the school vending machines during lunch.

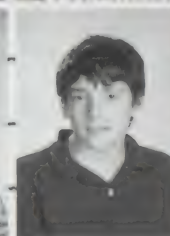


LEFT: Connor Lynch, Josh Guzzi, Sean Heyse, and Alex Macari take a moment from chatting to pose for a picture at their lunch table.

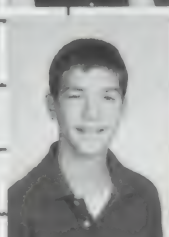
freshmen



Stacey Adamczyk
Zachary Allard
Peter Armata
Elizabeth J. Babbitt
Daniel Bartini
Molly J. Bascom
Ann Bauchiero



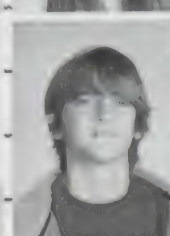
Connor Betts
Chelsea Bishop
Lauren Bissey
Shannon A. Bizeau
Nathaniel Book
Heather Boudreau
Michelle Boudreau



Tara Boudreau
Timothy Bourdeau
Erin Brault
Tyler A. Brookes
Robert Brooks
Stacy L. Brunelle
Patrick Bucior



Samantha Bujak
Rachel Burnaford
Ashley Callahan
Gabriela Canetti Ruiz
Moriah N. Canty
Joseph Cardoso
Kelly M. Caron

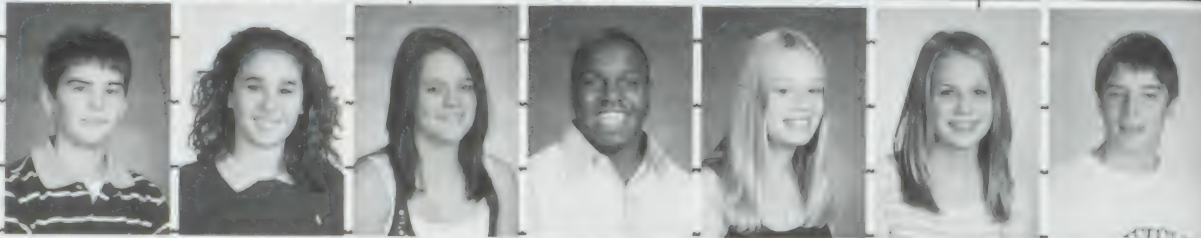


Jessica Carson
Nicholas Cecere
Kevin J. Chaput
Mark N. Chaput
Nicholas M. Cheney
Jason Ciampa
Jonathan Cieri

Amanda Conway
Samantha Corallo
Kyle M. Dallaire
Julia Dalrymple
Emily Deford
George Deligiannakis
Monica Deshmukh



Tyler Devine
Anna DiIorenzo
Cina Diprato
Elisha Dorsey
Mary Drenzek
Madeline Droney
Joshua Dupuis



Samuel Eastman
Kate Eheander
Jaclyn Ferland
Casey Ferrari
Troy R. Fitzgerald
Chuntay Fletcher
Drew Fortin



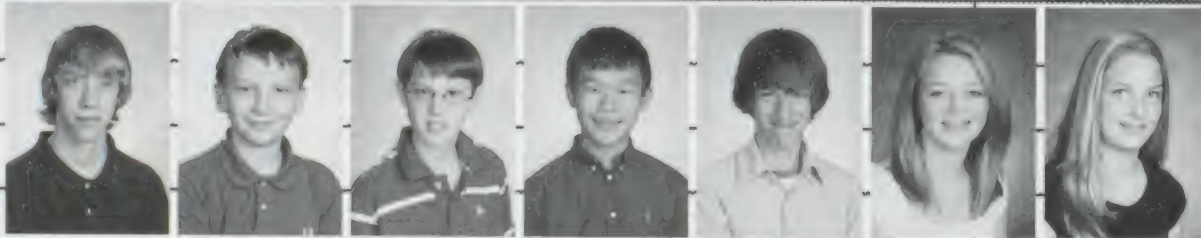
Ellen M. Fredrick
Alison Garber
Brett Gardocki
Erik Gauthier
Krista Gay
Michael Gibson
Ashley Giller



Gregoire Girard
Kelsey Goulet
Joshua Guzzi
Robert F. Hale
Davon Hardeman
Catherine E. Healy
Andrea Henao



Timothy Herzig
James Heyse
Sean Heyse
Kevin J. Ho
William Hultzman
Morgan Hubbard
Erika Hull



Kaela M. Huther
Alexander J. Ingram
Stacey Isbister
Chelsea Jansen
Anthony Jauregui
Joseph Jauregui
Ryan Johnson



Samuel Johnston
Brett Kaselouskas
Soo R. Kim
Shawn King
Emily C. Krauss
Michael Kudla
Kimberly Kuras



Christina Lacafra
Alyssa Lacross
Giovanna Lancaster
Kevin R. Lapointe
Kristie J. Laverdiere
Jordan Lavin
Christopher W. Lawler





Dylan Lawrence
Kashmira M. Lennox
Jeffrey Leonard
Keith Leonhardt
Amanda Lewis
Antonia Lewis
Erin Linsenbigler



Cameron Luongo
Conor Lynch
Nathan Lynch
Alexander Macari
Marcus Macari
Megan Madison
Stuart Malec



Taylor Mark
Michael Masso
Jeffrey M. Mazzetta
Kelly McDonough
Colin R. McGhee
Jessica S. McGinley
Gavin McKay



Ross J. McKinley
Stephen Medwid
Kelli A. Menard
Thomas Miga
Rebecca L. Miller
Angelina M. Minnocci
Kelly M. Miskin



Frank Mnich
Lauren Monsiegnier
Dalton Montgomery
Katelyn Moores
Megan Moreau
Angela Moskwa
Madeleine Motherway



Jenna M. Munroe
Kyla Murray
Julia Muscarella
Kayla Nadeau
Kristi Neilson
Joshua C. Nowak
Casey Olden



Matthew T. Olson
Kendelyn W. Ouellette
Nicole I. Ouellette
Kali J. O'Connell
Kevin M. O'Kane
Katherine Pagan
Michelle L. Pagano



Samantha M. Pandolfi
Gregory A. Paquette
Kyle David Parker
Jessica Pastula
Austin Phelps
Nicole Picard
Jennifer Pinto



Olga Pirozhkov
Jesse Potter
Nicole K. Poudrette
Jalon A. Rainey-Griggs
Margaret Reeves
Kyle Rempfer
Joshua Remy

Chris Reynolds
Tyler E. Richmond
Sean Riddell
Rachel D. Rocheleau
Ariel Rogeness
Dustin J. Roloçut
Rallie Rookey



Cory Roy
Jasmine Ruckey
Victoria F. Sadoski
Mario Santos
Matthew Schnepf
Tyler L. Schwarz
Taryn Scozzari



Jonathan P. Sharp
Andrew Shea
Robert Sheehan
Kyle Sheridan
Blake Sherman
Rachel J. Shermer
Matthew D. Shute



Tyler Simons
Anne Sollish
Matthew Spadorcia
Matthew Spemulli
Scott L. St. George
Kaitlyn Stanton
Jeffrey Stein



Brendan Stephen
Andrew Storey
Jessie A. Strickland
Lindsay R. Strong
Bethany Stulpin
Joseph Sullivan
Katherine Sullivan



Kaitlin Sych
Alea Tardy
Kelsey R. Tavino
Eric Tenczar
Nicholas Theodore
Michael C. Thibodeau
Dallas McKayla Thompson



Kacie O. Thompson
Jeffrey Torres
Nicole M. Torres
Anne Treglia
Margaret Treiber
Hanna Turner
Nicholas Tustin



Rachel Tyman
Matthew Ullmann
Aaron C. Urso
Matthew Ventrelli
Katherine R. Violette
Erik L. Washburn
Lenna Weathers



Joshua Welch
William R. Wertman
Kyle D. Wesolowski
Stephanie Yuan
Melissa Zaczynski
Angela R. Zaffetti
Kate Zien
Samantha E. Zipoli



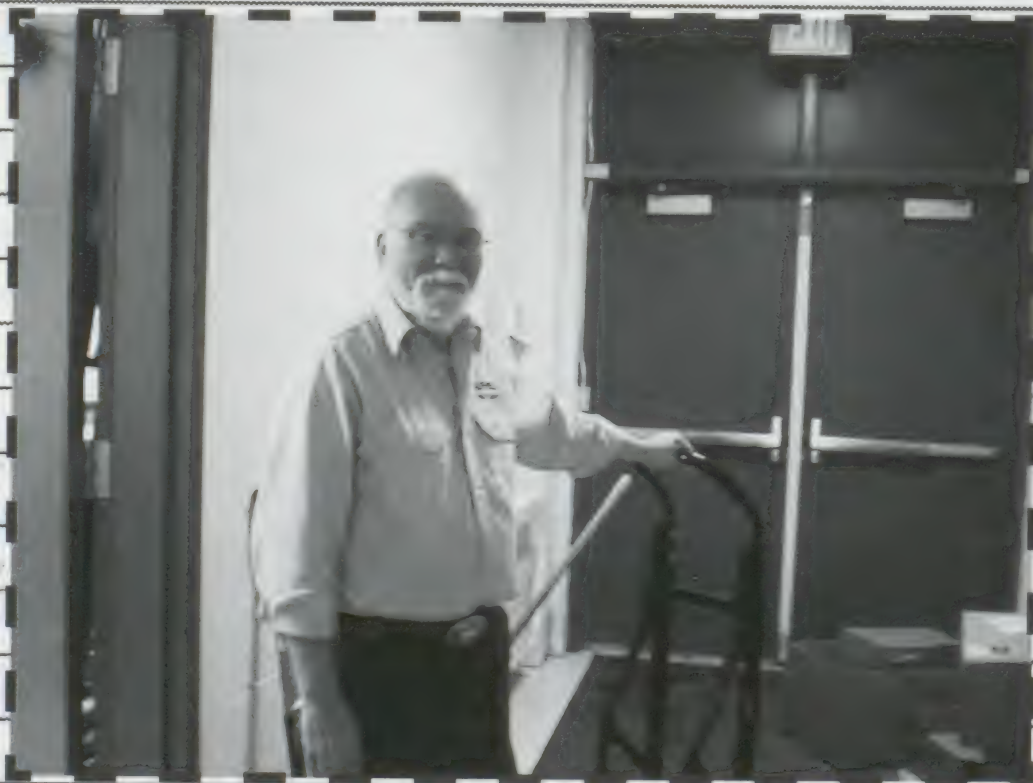
CAMERA SHY:

Lisa D. Bornas '08, Christopher Cascio '08, James Coates '07,
Kyle Eisenhaure '08, Deanna M. Lamantini '08, Jillian K. Paquette '08, Daniel S. Rozman '08,
Shannon E. Saunders '08, Rebecca St. John '08, Daniel Wrobel '08, Andrew Bednaz '09,
William Defocie '09, Charlene E. Geer '09, Daniel J. Lafreniere '09, Megan V. Pietras '09, Taylor Bussolari
'10, Nicole Page



STAFF AT SHS

From the school nurse to the custodial staff, SHS would not be able to function without its fabulous staff. Not only do these dedicated employees do their job well, they brighten every ones day whenever they can. What most people don't realize is how fortunate we are to have such attentive and caring staff members. Rain or shine the SHS staff is at the school making sure our school day runs smoothly. One example a hard working staff member is the librarian, Mrs. Johnson. The library opens at 7:10 and closes at 4:00. That is longer than most of us would ever want to be at the school. Another department that works incredibly hard everyday is the technology staff. Being responsible for the hundreds of computers in the school is a daunting task. But the talented members of the technology department do their job with a smile.



ABOVE LEFT: Officer Oswiecki walks into the school first thing in the morning to keep things in line.

ABOVE RIGHT: School Nurse, Mrs. Baumann, takes a break from her busy schedule to pose for a picture in her office.

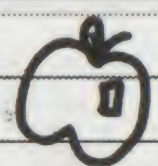
LEFT: Custodian, Mr. Ubranski, waits for Mr. Meade to ask him a question outside his office.



LEFT: Office Staff, Mrs. Anderson, Mrs. ***, and Mrs. Merick pose for a picture before making end of the day announcements.

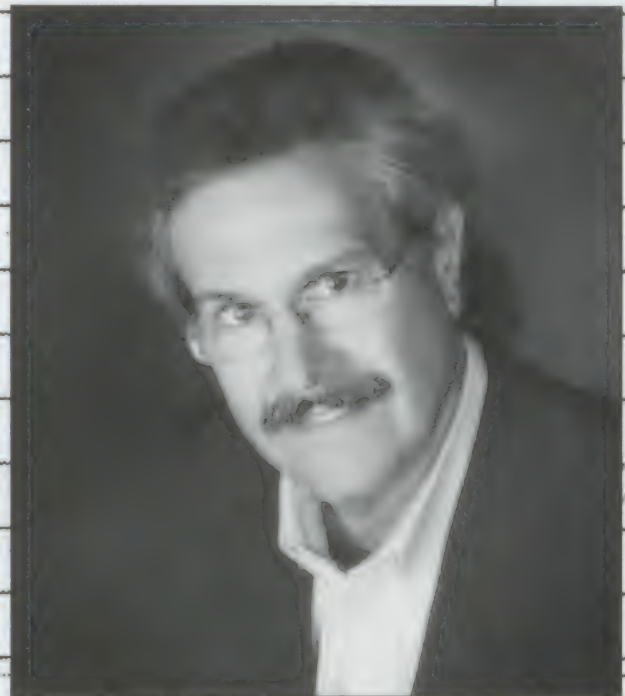
BELOW RIGHT: Office Staff, Mrs. Phelon and Mrs. Plourde take a break from sorting college transcripts to take a photo.

BELOW LEFT: Cafeteria staff member, Mrs. Morassi, smiles for our camera while serving second lunch.



Faculty and Staff at SHS

The faculty and staff at Suffield High School are a very devoted and hard working group of individuals who strive to bring joy, as well as learning into the classroom. Every teacher at Suffield High School works to create a bond with each one of their students. This devotion and hard work results in the fabulous learning environment that we are blessed with here at SHS. Some members of the faculty even coach sports teams, direct plays, and direct musicals here at Suffield High. Without the talented faculty and staff, Suffield High School would not be the same. Overall, the faculty and staff here at Suffield High School always do their best to make your high school experience amazing.



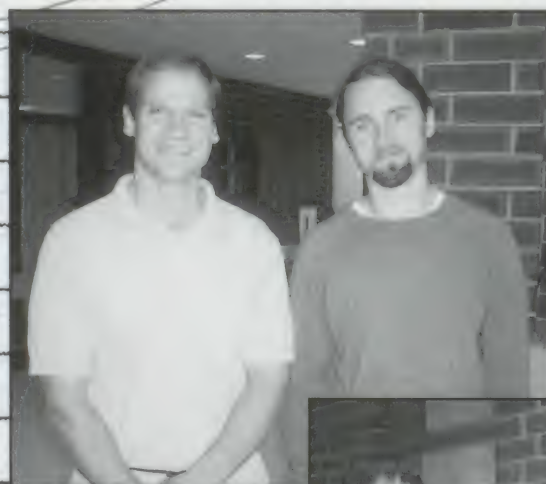
Tom Jones
Principal - 7 Years
Fairfield University, BA
University of Rhode Island, MA
Rhode Island College, CAGS



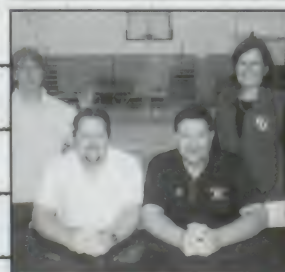
Ed Garvey
Assistant Principal - 19 Years
Westfield State, MA, CAGS



Laura Seese
Assistant Principal - 1 Year
SUNY Binghamton, BA
Queens College, MS
Southern Connecticut State, CAGS
University of Connecticut, PhD



LEFT: Mr. Grimard and Mr. Kaput in the commons on lunch duty.
BELOW LEFT: Ms. Cunningham, Mr. Eggelston, Mr. Aniello, and Mrs. Johnson before class.
BELOW: Mrs. Potter posing with some of her favorite students after eating a delicious lunch.



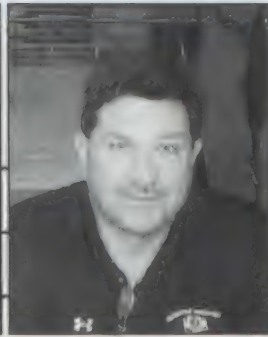
E
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n



Sharon Akéouris
Ed. Assistant - 7 Years



Paula Anderson
Secretary - 7 Years
Bay Path College, AA



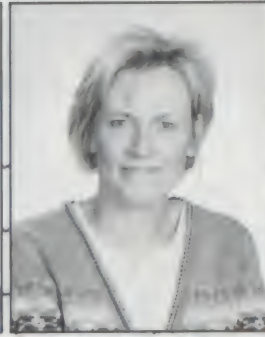
Fran Aniello
Phys. Ed - 30 Years
Springfield College, BS



Molly Baumann
Nurse - 10 Years
Curry College, BSN
Childrens Hospital Medical
Center, Boston



Mark Beigel
Science - 5 Years
University of Rochester, BA
University of
Mass, M.Ed



Kimberly Barnard
English - 3 Years
Eastern Illinois University



Miriam Blackaby
Media Center
Educational Assistant - 18 Years
Mid-Herts College, BA



Sue Carlson
Business - 17 Years
Rockford College, BS
Central Conn. State, MS
Lesley University, MS



Kathy Carney
Pupil Services - 4 Years
Bay Path College



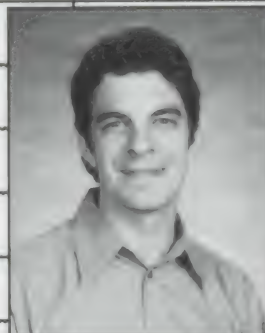
Carl Casinghino
World Languages and Film
10 Years
Princeton University, BA
Vermont College, MA
New York University, GFTV



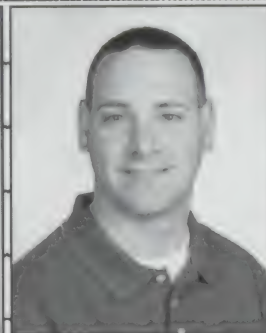
Domenico Casolari
Mathematics - 6 Years
Boston University, BS
Simmons College, MAT



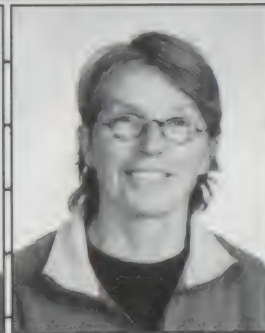
Laurie Castro
Special Ed Instructor - 1 Year
Elms College, BSW
Westfield State College, M.Ed



Christopher Cosma
Mathematics - 7 Years
Stonehill College, BA



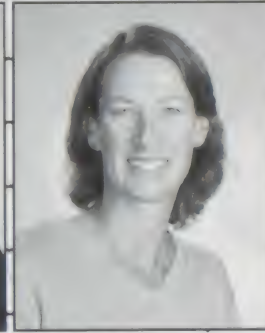
Kevin Courchesne
Science - 1 Year
Stonehill College, BS
Univ. of New England, M.Ed



Diana Cunningham
Physical Ed - 25 Years
Lesley University
Central Conn. State



Christina DeAngelis
English - 1 Year
Mount Holyoke College, BA
Manhattanville College, MAT



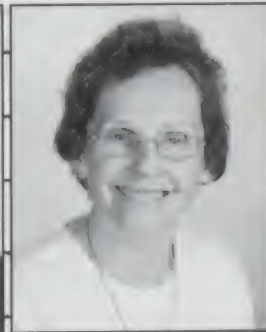
Libby Deedy
Business - 14 Years
Bryant College, BS
Reasselaer at Hartford, MS



Steve Dudeck
Business - 8 Years
Western New England, BS
Westfield State, M.Ed
Cambridge College, CAGS



Paul Dumais
Social Studies - 4 Years
Assumption College
Central Conn. State



Beatrice B. Duni
Secretary of Suffield
Regional Agriscience Center
43 Years



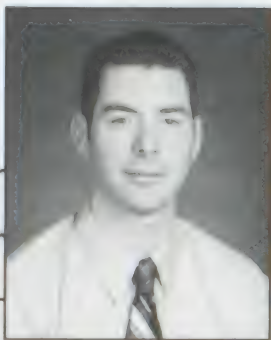
Debbie Duval
Cafeteria Staff - 4 Years



Robert Eggleston
Physical Ed - 7 Years
Westfield State College



Gina Fasoli
English - 35 Years
SUNY College at Buffalo, BS
Springfield College, M. Ed



Guy Fortunato
English - 4 Years
Sacred Heart University
BA, MAT



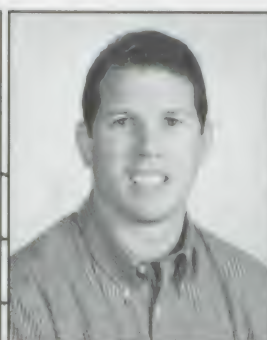
Greg Gaillard
Social Studies - 6 Years
Keene State College, BA
Westfield State College, MS



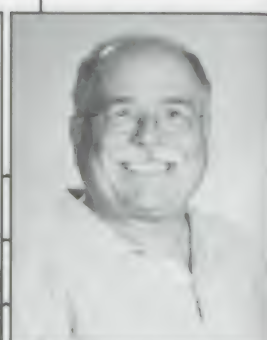
Gina Garfield
Guidance - 2 Years
Emmanuel College, BS
Central Conn. State, MS



Daniel Gatto
Life Education - 4 Years
Springfield College, BS, MS



Andrew Goodwin
Technology Dept - 2 Years
Springfield College, BS, MEd



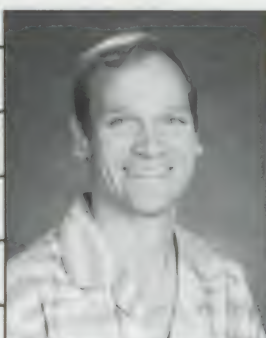
Jeffery Gowdy
Social Studies - 37 Years
Central Conn. State BS, MS



Harrison Griffin
Director of Suffield Regional
Agriscience Ctr. - 29 Years
University of Connecticut BS, MS



Janet Grasso
Educational Assistant
2 Years
Penn. Foster, AA



Joseph Grimaldi
Science - 6 Years
Central Conn. State, MS, BS



Janet Hackenys
Special Ed. - 2 Years



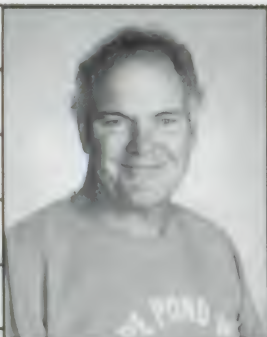
Noreen Harnett
World Languages - 3 Years
Smith College, BA
Central Conn. State MS



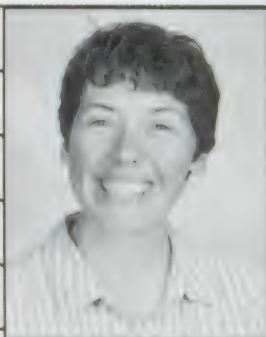
Darlene Harris
Main Office - 15 Years
STCC



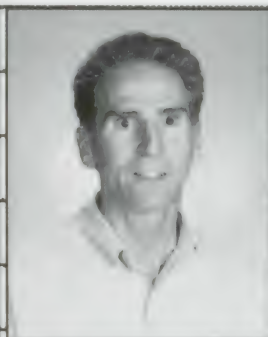
Tomas Hernández-Rozas
Spanish - 2 Years
Salamanca Spain, MA



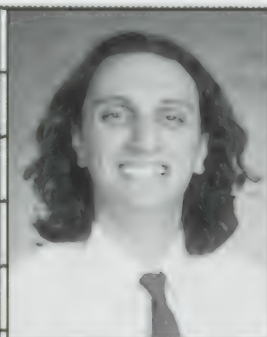
Allen Hoffacker
English - 3 Years
Middlebury College



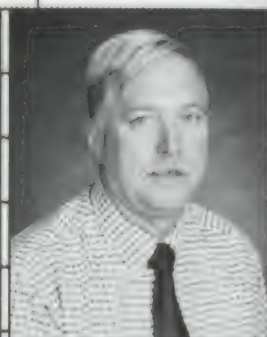
Stephannie Holland
English - 4 Years
Middlebury College at
Oxford, MS
South Western, BS



Edward Huppe
Mathematics - 5 Years
Central Conn. State, BS
University of Hartford, MEd



Mark Janick
Mathematics - 1 Year
University of Rhode Island
Central Conn. State, BS, MS



Rick Jensen
Earth Science - 31 Years
Rutgers, BS, MS



Jean Johnson
Physical Education - 6 Years
Central Conn. State - BS, MA



Kristin Johnson
Media Center - 7 Years
University of Connecticut, BA
Southern Connecticut State
University, MLS



Sara Kaplan
Social Studies - 3 Years
University of Conn. BS, MEd



Justin Kaput
Agriscience - 4 Years
University of Maine, BS



Larry Katulka
Social Studies - 31 Years
Central Conn. State, BS, MS



Gail Katz
English and Latin
Department - 6 Years
New York University, BA
Yale University, MA
Trinity College, BA



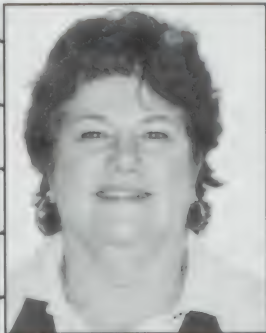
ABOVE RIGHT: Mr. Cosma helps Pete Zywick and Katlin Baker during class.

ABOVE LEFT: Librarians Ms. Johnson and Mrs. Blackaby on Halloween.

LEFT: Mr. Huppe congratulating Jerry Hummhan and Matt Williams after receiving A's on one of his tests.

Alan Kaufmann
Science - 3 Years
State University of New York, BS
University of Virginia, MS

Jacqueline Kelly
Special Education - 1 Year
Central Conn. State, BS
Cambridge College, MEd



Nancy Kelly
Spanish - 9 Years
Trinity, BA
SUNY Albany, MA

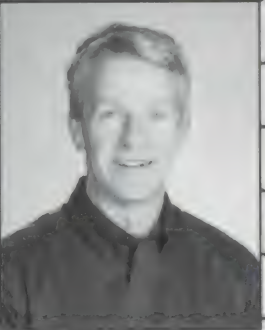
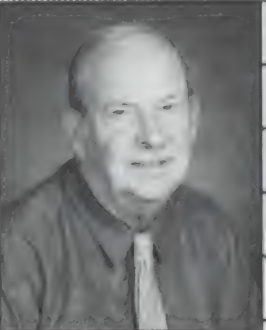
Kathy King
Cafeteria Staff - 1 Year

Ron Kilby
Special Ed - 10 Years
Central Conn. State, BA
Westfield State College, MA

Ann Marie Kimmatt
Mathematics - 28 Years
Univ. of Connecticut, BA
Wesleyan University, MA

Barbara Klaus
Special Education - 6 Years
Westfield State College, BS
MEd

Kristina Kochanek
Guidance - 7 Years
Springfield College, BS
American International
College, MA



Laura Laflamme
Agriculture - 5 Years
Univ. of Connecticut, BA
Central Conn. State, MA

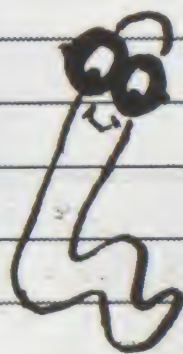
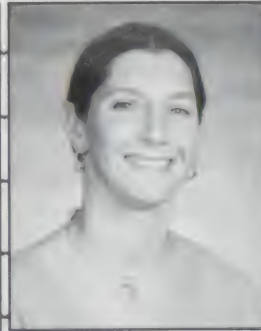
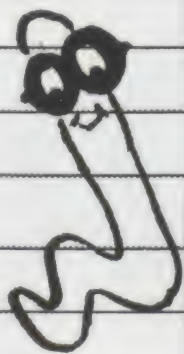
Harold Larson
Permanent Sub - 9 Years
UConn, BA
Westfield State College

Kurt Lenser
Academic Support - 1 Year
Univ. of WI - La Crosse, MS, BS

Ann Lewis
Special Ed Para - 12 Years
University of Arizona

Nancy Lombard
Life Education - 26 Years
Central Conn. State, BS
Southern Conn. State
University, MS

Robert Lowell
Head Custodian - 24 Years



Norañ Lusignan
Psychologist - 21 Years
Univ. of Mass., Ed.D.

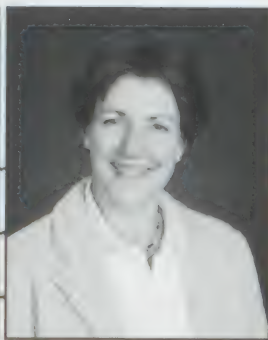
Margaret Majewski
English - 3 Years
Clark University, BA

Kyle McCullough
History - 8 Years
American University, BS, BA
University of Hartford, MEd

Katherine McGurn
Social Studies - 9 Years
University of Delaware, BA
Central Conn. State, MA



Michael Melillo
Mathematics - 1 Year
Keene State College, BA, AS
Central Conn. State, MS



Robin Mentzer
Mathematics - 3 Years
Wheaton College, BS
University of Hartford, MEd



Maryellen Merick
Main Office - 8 Years
Ashmuntuck, AA



ABOVE: Eden Ettiene, Mrs. Quirion, and Siobhan Davis stop to take a picture during passing time before their next class.



Joseph Migliore
Music - 23 Years
Univ. of Connecticut, BA
Central Conn. State, MA



Donna Millikin
Technology Department
19 Years
San Juan Vo-tech School in
Colorado, RN



Deborah Miner
Family and Consumer Science
13 Years
Hillsdale College, BA
Bowling Green State
University



LEFT: Group picture with the secretaries at the end of 4th period.
BELOW: Senora Riordan taking time to grade papers during her free time.



Stacey Navratil
Science - 2 Years
Univ. of Connecticut, BS, BA
St. Joseph College, MA



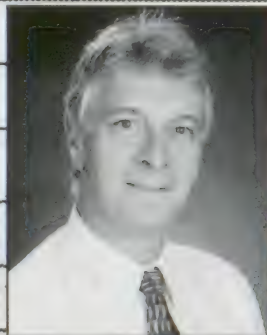
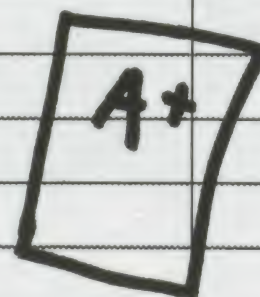
Peter Osowiecki
School Resource Officer
23 Years
Manchester Community
College - AA



Cathy Peerless
Art - 34 Years
Univ. of North Carolina BS
University of Hartford, MAE



Diane Phelon
Secretary - 8 Years



Dennis J. Picard
English - 30 Years
Rhode Island College, BA
Catholic University, MFA



Deborah Pierce
Mathematics - 9 Years
Westfield State, BS, MA



Sandy Plourde
Secretary - 20 Years
University of Rhode Island, BS



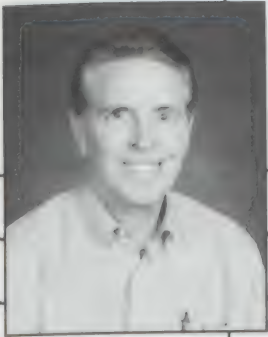
Janice D. Potter
English - 25 Years
Central Conn. State, BA, MS



Selina Quirion
Mathematics - 4 Years
St. Michael's College, BS
Lesley University, MS



Kim Radziewicz
Biology - 14 Years
Bates College, BS
Tufts University, MAT



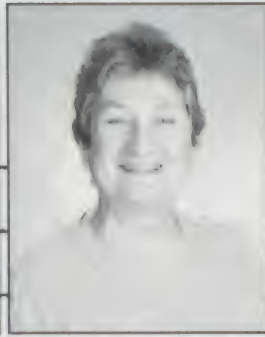
Steve Rascher
English - 1 Year
Trinity College, MA
UConn, PhD



Karin Riordan
Spanish - 8 Years
Bates College, BA
Elms College, MAT



Jonathon Richter
Choral Director/Music
Technician - 1 Year
Univ. of Connecticut, BA, BS



Margaret A. Schmidt
Social Studies - 4 Years
Washington University
in St. Louis, MA



Timothy Shea
Social Studies - 1 Year
UConn, BA, MA -
Central Conn. State,



Steve Saultis
Spanish - 6 Years
Westfield State College, BA
Madrid San Luis, MA



Lori Silva
Special Ed - 10 Years
Salem State



Barbara Smith
Special Ed - 13 Years
Western Connecticut State
University, BS
Central Conn. State



Brian Smith
Special Ed - 2 Years
American International
College, BA, MA



Charmaine Spinelli
Special Ed - 7 Years
Asnuntuck - AA



Robert St. Amant
Guidance - 8 Years
Westfield State College, BA
UMass/Amherst, MEd, CAS, MEd



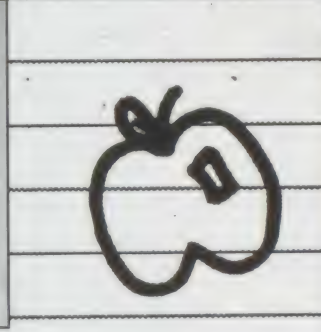
Ned Sullivan
Guidance - 28 Years
Westfield State College,
BSE, MA



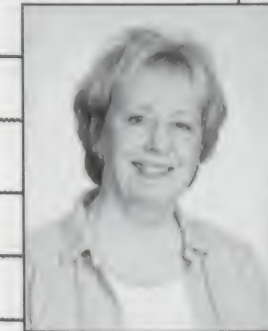
David Szabla
Science - 1 Year
Tufts University, BS
RPI



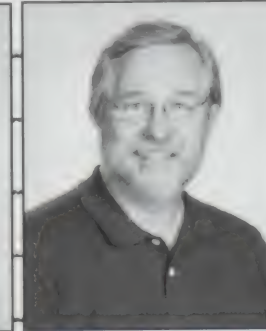
Karima Tan (Belemli)
World Languages - 5 Years
Jacksonville State University
BA, MA



ABOVE: First year teacher Mr. Melillo taking a couple minutes before class to take a picture with one of his favorite students, Fosit Cauley.



Judy Tower
Tech Department - 18 Years



Lou Wanat
Technology Ed - 36 Years
Central Conn. State, BS, MS



Anne Willard
Agriculture - 14 Years
UConn, BS, MEd
Central Conn. State, MS

CAMERA SHY

Elaina Cavallaro

Judy Saunders

Jaina Markowski

Jeff Toft

Jeremy Mead

Ted Vbrankski

Marlene Morassi

You drive a what?

Most students will agree that driving into the Suffield High School parking lot is a lot like driving into a luxury car dealership. The teachers spoil themselves with extremely nice cars that are the envy of the student body. Some faculty however, like Mr. Cosma and Mr. Garvey have other "rides" to get where they need to go. Mr. Cosma comes to school everyday on his mountain bike, while Mr. Garvey drives around the school on his motorized scooter.



ABOVE: Mr. Eggleston looks pretty tough next to his Dodge pick-up. This truck is not only reliable, but looks cool too.

BELOW: Ms. Cunningham parks her Mercedes next to the gym to make sure she gets to first period on time.



ABOVE: Mr. Garvey shows off his scooter. Mr. Garvey's new wheels have not slowed him down by any means.



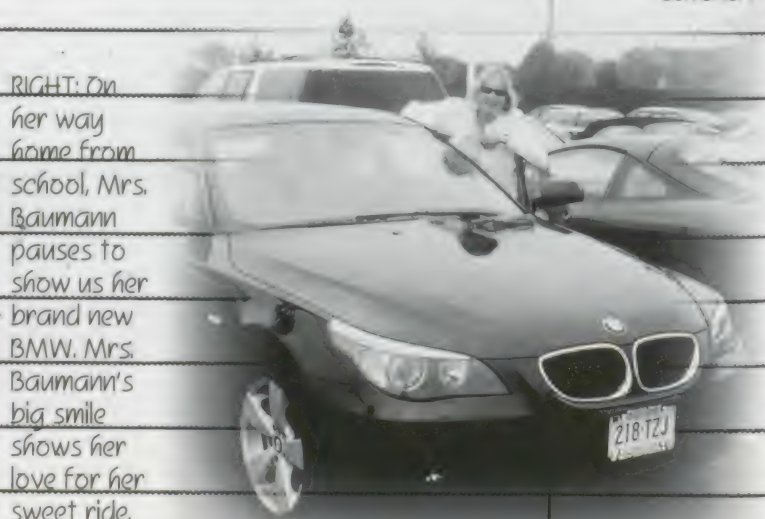
ABOVE: After an invigorating ride to school, Mr. Cosma stops to show us his beloved mountain bike.



BELOW: Ms. Riordan strikes a pose next to her Lexus SUV. With two little kids, Senora's car is not only nice, but functions as a family vehicle.



LEFT: Ms. Kelly takes a minute during her lunch brake to show us her red Audi. This car is definitely an eye catcher.



RIGHT: On her way home from school, Mrs. Baumann pauses to show us her brand new BMW. Mrs. Baumann's big smile shows her love for her sweet ride.

España

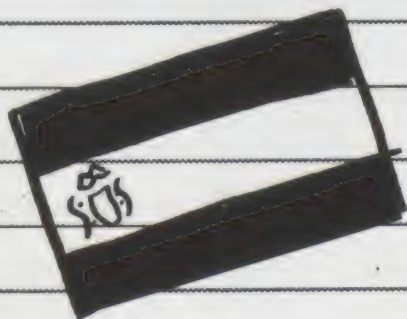
BELOW: Pol loves America, but also misses Spain. Here he is pictured with friends in his hometown, hanging out, just as he does with his new American Friends



RIGHT: Pol Viussa Meya, this year's only foreign exchange student, shows his affection for his host, Ryan Rempfer



FC Barcelona



LEFT: Pol stops in the hallway to take a picture for the yearbook. He says he's so happy to be staying in Suffield, and that everyone has been really warm and welcoming.

Foreign Exchange

This year, Suffield High School welcomed foreign exchange student Pol Viussa Meya, from Sant Feliu de Codines, Spain, hosted by junior Ryan Rempfer. Although our only foreign exchange student this year, Pol has been made to feel right at home, and is learning the language fast. "Pol has been great to hang out with and get to know," says Ryan, "I'm so glad I lucked out and got such an awesome exchange student." Adds Pol, "Ryan has been a great host. He is a great person and has become one of my best friends." Pol is also a member of our Varsity Boys Soccer team, and enjoys learning new aspects of American Culture everyday.

Wildcat Pride

BELOW: Brian Carney and Kelley Cmara are pictured supporting Suffield athletes at a home game.



The athletics of Suffield High School have a great way of bringing people together. Whether it's being part of a team or being one of the many fans, sports are a common interest among the students of Suffield. As a prominent aspect of our school, athletics offer excitement and school spirit to the typical school day. Home to numerous NCCC and state champion teams, our school has proven that not only can we perform well in the classroom, but also on the athletic fields. However, the incredible sportsmanship displayed by the athletes of Suffield is not to go unnoticed. Win or lose, rain or shine Suffield athletes are always supported by die-hard fans. Overall, the athletes and fans of Suffield High do an extraordinary job in representing our town, and bring great pride to Suffield.



ABOVE: Sara Kaplan cheers atop a pyramid supported by her fellow cheerleaders at a home basketball game.



LEFT: Ally Winne displays her school spirit by wearing a custom made t-shirt for the big Locks vs. Suffield basketball game.

GO SUFFIELD

Yeah!

~~GO SUFFIELD~~

BELOW: Two enthusiastic Suffield fans let the opponent know who will prevail in an intense game against a long time rival.



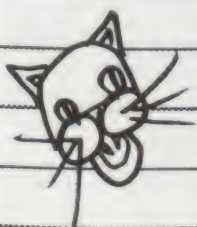
BELOW: Aliecia Olschafskie and Todd Bertrand put their best effort forward in order to gain victory over their competitor. Suffield High athletes not only work hard in the classroom, but also on the athletic field.



ABOVE: Emile Backes takes the time to pose with Suffield's own mascot. Throughout the year, our wildcat can be found making appearances at various athletic and social events

ABOVE: Kendra Zaczynski battles her opponent for the ball in a home basketball game. Suffield athletes will go to any length to win for their team.

GO FIGHT WIN TONIGHT!



Back to Back

Girls Varsity Soccer

RIGHT: Rachel Packard has perfected her ball skills to make her way past the opponent and take a shot on goal.



RIGHT: Senior captains Chloe McKay, Ali Bromson, and Lauren Smith help motivate the team to victory.



RIGHT: Jenn Thresher uses her body to shield the opposing player from the ball. Jenn is a strong player who controls the defense.



Coming off a perfect season and state title last year, the Girls Varsity Soccer team did not disappoint. Losing only three seniors, the team's goal again was the state tournament. Throughout the regular season, the girls really came together. Both on and off the field, the team had great chemistry. This helped the players defeat difficult teams, and have a record of 19-1. Offensively, the team was led by Chloe McKay and Taylor Bartini. Jenn Thresher, usually known for her strong defensive abilities, this year stepped up and added to the attack as well. The strong defense of Kallie Sullivan and Kristen Overson helped shut down the opponents. Goalie Ali Bromson only allowed two goals during the regular season, as Suffield outscored the opponent 80-2. Senior Captains Chloe McKay, Ali Bromson and Lauren Smith helped motivate and unite the team. Chloe also scored a school record of 100 career goals. In tournament play, the girls stepped up their game to defeat Brookfield, St. Joes, and Lewis Mills. In the same final match of last year, Suffield again beat Holy Cross to be named Class M State Champions. Congratulations girls, as back-to-back State Champs.



ABOVE: Taylor Bartini pushes the ball to her left foot to make a move and drive to the net. Taylor is one of the teams leading scorers.

STATE CHAMPS



ABOVE: Top Row: Whitney MacKay, Christina Luban, Meghan McGuinle, Jenn Thresher, Rachel Bromson, Stefani Shamy, Kallie Sullivan, Nicole Loughrey, Coach David Sullivan
MIDDLE ROW: Emily Droney, Kristin Overson, Kelly MacDonough, Lisa Beltramello, Taylor Bartini, Rachel Packard, Kristen Horanzy. BOTTOM ROW: Erin Horanzy, Aneisa Sherman, Chloe McKay, Ali Bromson, Lauren Smith, Andrea Ruotolo, Nicole Boudreau

RIGHT: The scoreboard shows the final score as Suffield beat Holy Cross.
FAR RIGHT: Coach Sullivan offers some halftime advice to the team.
BELOW: Players relax on the sideline and catch their breath after playing a tough game.



Offense



Rachel Packard '09

"Nothing can compare to this season. It was unforgettable in every way. I love my captains and will miss all of the seniors."

Defense

"Look what happens when everyone gives 110%. This season was spectacular. I loved every minute of it."



-Lisa Beltramello '08

DYNASTY!



BATTLE TO THE END!

OLE
OLE
OLE
OLE



ABOVE: The team huddles for a cheer before an important match.
LEFT: Chris Coates does a move past the opposition as Sean Willoughby looks on.
FAR LEFT: Captains Anthony Sperrazza, Ben Brown and Ben Sweeney strike a macho pose.



Offense



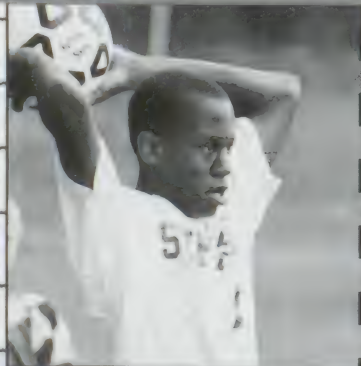
"It was really great being a part of this team. Scoring the game-winning goal in the Championship match was the best feeling ever."

-Bryan Hull '08

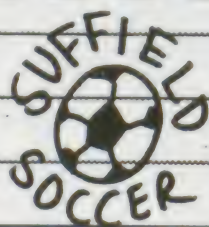
UNDEFEATED!

Defense

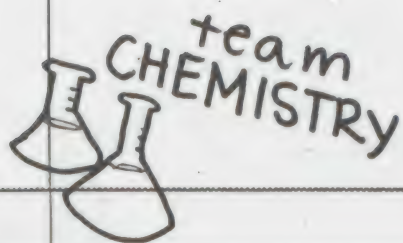
"I'm glad I could be part of this team and the great things we accomplished this year. It was a great way to send the seniors off."



-Eric Lee '09



BACK ROW: Coach Beigel, Josh Severns, Todd Bertrand, Erik Lee, Anthony Cervione, Colin McGinnigle, Chris Coates MIDDLE ROW: Alex Guminjak, Kevin Muscarella, Bryan Hull, Luke Anderson, Drew Kirkland, Mike Preznic, Andrew Parent, Pol Vihssa Meya FRONT ROW: Sean Willoughby, Anthony Sperrazza, Ben Sweeney, Ben Brown, Matt Banak, Andrew Martin, Nick Shute



Number 1 Spot Boy's Varsity Soccer

Even before the regular season began, the Boy's Varsity Soccer team could tell it would be a good year. Going undefeated in the first seven matches was another foreshadow to a great season. The secret to this year's undefeated, Class M Boy's State Championship team was the chemistry between the players. The boys met the night before every game for pasta dinners and to huddle around a television for games of FIFA or to watch movies. The team's leading scorer for the last three years, Tony Sperrazza, had yet another stellar performance, along with two tournament game-winning scores that helped propel the boys to the championship. Championship game MVP Ben Brown, a second year starting senior and third year Varsity player also had an amazing season, grabbing 12 shutouts out of 20 games. Senior Captain Ben Sweeney, hobbled halfway through the season with a foot injury helped the Wildcats in the State tournament as well. In the end it was a great ending to a great season.



RIGHT: Josh Severns looks to split the defense and assist on a goal with a long, penetrating pass.



ABOVE: Senior captain Anthony Sperrazza makes a move past his defender to get on a breakaway for a goal. Sperrazza was the leading scorer last season and continued to be a real force this season as well.



RIGHT: Captain Ben Sweeney looks to score another goal with a strike off a free kick set up outside the 18 yard line.



RIGHT: Andrew Martin dribbles past the opposition as Suffield builds another offensive attack.

Offense



"I was really happy to be part of such a great team this year. Everybody played extremely well together, which is what made us such a great team."

The

Next

Girls JV Soccer



-Melissa Jenkins '08

Defense

"This year I had a lot of fun on the soccer team. I especially enjoyed being one of the captains. It made me feel like a really big part of the team."



Brittany Crosby '08



BELOW: Kara Chamberlain running down the field while keeping the ball away from the other team.

BELOW:

Coach Tracey Zavisza giving a pep-talk before the game. TOP ROW: Coach Erin Horanzy, Tara Boudreau, Erika Hull, Julie Muscarella, Anne Treglia, Chelsea Hunter, Taryn Scozzari, Katie Zein, Coach Tracey Zavisza. MIDDLE ROW: Erin Lisenbegler, Maddie Motherway, Jillian Sipperly, Gina DiPrato, Angela Moskrwa, Laura Vallance, Sam Bujak, Kim Kuras. BOTTOM ROW: Nicole Poudrette, Kaitlin Sych, Melissa Jenkins, Alexandra Messmer, Kara Chamberlain, Elizabeth Treiber, Sarah Krauss. Not pictured: Brittany Crosby

This year's girls JV soccer team played exceptionally well. The captains of the team, Alex Messmer, Elizabeth Treiber, Brittany Crosby and Melissa Jenkins along with the coaches, Erin Horanzy and Tracey Zavisza led the team very far this year. 2006 was the second year in a row that Suffield girls' soccer was undefeated. All of the girls played really well as a team which helped them tremendously during all of their games. Their biggest win of the season was when they played Avon and won 3-1. All of the girls moving up to varsity next year hope to become state champs once again.

GO
Suffield

State Champs

Boys JV Soccer



TOP ROW: Coach Cerbone, Ryan Johnson, Nick Cotrone, Matt Shute, Pat Handerson, Drew Fortin MIDDLE ROW: Michael Chapman, Dean Porcello, Will Wertman, Glenn Dardanelli, Jeff Bridge, Josh Dupuis, Justin Pierce BOTTOM ROW: Mike Small, Tyler Brookes, Josh Welch, Joe Sullivan, Tyler Devine, Will Holtzman

The boys JV soccer team played incredibly well together this year which resulted in an amazing season. All of the new players quickly learned how to play as a team with all of the people who had played on the team the year before. Through the season it was evident that every player on the team had been working their hardest to improve their skills for each game. At the end of the season the JV boys team won the majority of the games that they played. All of the players that are moving up to varsity next year will definitely help the team to win the State Championships again.

Offense



"Everyone on the team made me feel very welcomed since it was my first year. The soccer team is like one giant family to me."

Intense

Tyler Devine '10

Defense

"Soccer is my favorite sport to play. I am really glad Suffield has such a great team to play on. I can't wait till next year."



Dean Porcello '09

BELOW: Tyler Devine kicking the ball to make the winning goal for the game.

BELOW: Joe Sullivan kicks the ball down the field past the other team



Who Said Cats Can't Swim

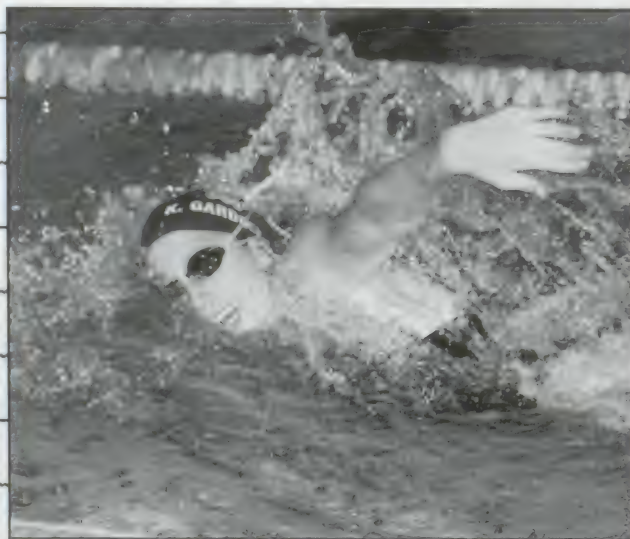
Girls Varsity Swimming

Swim Fast!

RIGHT: Coach Beck cheers on a swimmer to make sure they perform a best time. Having such a dedicated coach has helped the team greatly.



RIGHT: All American swimmer Katie Gardocki swims her way to a first place finish for the lady wildcats.



RIGHT: Captains Natalie Mazzetta, Sara Gardocki and Traci Mich pose with goofy faces before the start of another won meet.



Determination. The single word that best sums up the SHS Girls Swim Team throughout their 2006 season. With an ending record of 10-2, it was an all time high in the history of girls swimming at Suffield High School. Going into the season, the girls recognized that they had the best team Suffield Swimming has ever seen, and used that to produce a successful season. It took hard work and a great deal of team unity, but the girls pulled it off in the end with each team member bettering their times and qualifying for both the league and state championship meets. At the league meet, the girls performed exceptionally well, placing third out of twelve teams. At the state level, the team was led by sophomore swimmer Katie Gardocki and seniors Natalie Mazzetta and Sara Gardocki. Suffield placed fifth for Class S and seventh out of the entire state at the State Open Meet. With such an amazing season, the team will certainly be facing a loss next year when 10 senior swimmers go on to graduate. However, if the team performs next year with as much determination as 2006, they certainly will have no trouble finding success.



ABOVE: Diver Kathryn Spencer flies through the air to complete a dive that is sure to boost the lady wildcats to win a close meet.

Swimmer



"I'm so glad I joined swim team this year. It was a lot of fun and I really bonded with all the girls. I can't wait for next year!"

-Lauren Bissey '10

Diver

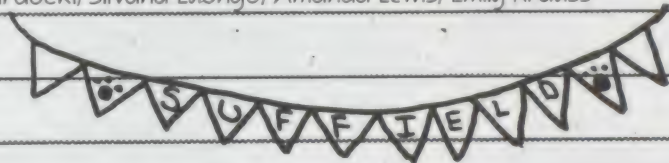


"We performed so well this year. Everyone was just really excited about winning and making a name for ourselves as a team."

-Alex Wilson '08



ABOVE; TOP ROW: Anastasia Breault, Kathryn Spencer, Eleanor Sutton, Sara Gardocki, Traci Mlich, Coach Katie Block, Natalie Mazzetta, Alicia Braumann, Coach Beck, Lydia Nicoll, Amy Padrevita, Kathryn Betts MIDDLE ROW: Monica Deshmukhi, Maddy Doney, Lauren Bissey, Andrea Henao, Anna DiLorenzo, Kaitlyn Stanton, Jennifer Pinto, Kirstie Albert, Shannon Smith, Alex Wilson, Allie Rodgers, Michele Niejadlik, Grace Perrin, Brittney Moores, Nicole Salomone, Maggie Reeves, Toni Lewis BOTTOM ROW: Jessica Pastula, Maggie Trieber, Kate Eneander, Mindy Kilty, Miranda Ingram, Jessica O'Leary, Gosi Kellner, Meredith Lowe, Kaité Gardocki, Silvana Luongo, Amanda Lewis, Emily Krauss



FAR RIGHT: The senior girls pose together before the beginning of their home meet. RIGHT: Sophomore Meredith Lowe swims her hardest to secure vital points for the team. BELOW: Divers Alexandra Wilson, Eleanor Sutton and Kathryn Spencer await the scores of another Suffield diver.



**PAIN IS TEMPORARY..
PRIDE IS FOREVER**



Lets Go Girls!



Varsity Field Hockey

RIGHT: Lindsey Zavisza is about to hit a line drive towards her opponents goal. Lindsey was a top scorer on the field hockey team once again this year.



RIGHT: Brady Zavisza sees that another player is not on her heels as she brings the ball up the field.



RIGHT: Goalie Trish Herring stands ready and waiting for the action to come her way.



The girls varsity Field Hockey team this year has done tremendously well with the addition of new players and the participation of old pros. Lindsey Zavisza and Sheila Leary helped lead the team as captains on and off the field. Senior Bryanna Neale also led the team to many victories in this year's winning season. Newbie to the team, Ashley Labarre made varsity while having not played since middle school, and helped the team in many ways as well. Junior Trish Herring played excellently as the goalie, stopping numerous shots. "The whole team really got together this year," says assistant Coach Dan Gatto. "They all should be really proud of what they have done." And the girls really are. "We're so excited about the success," says Junior Brady Zavisza "we all played really well and stepped it up."



ABOVE: Courtney Bednaz drives hard for the ball as her opponent tries to beat her to it. Field Hockey can be a rough sport, in which the girls are continuously getting bruised and banged up.

Bring it!



ABOVE: Top Row: Bryanna Neale, Carly Neilson, Kathryn Kenny, Kaiyla Fahle, Samantha Ceri, Brady Zavisza, Kimberly Denuce, Courtney Bednaz. Middle Row: Trish Herring, Alex Smith, Ali Kuras, Coleen Mornoney, Ashley Boudle, Liz Lancaster, Ashley LaBarre. Bottom Row: Lindsey Zavisza and Sheila Leary. Not Pictured: Rachel Sherwood, Brynn Scozzari.

Defense



"Focus is key when playing a game. The whistle blows so much and there are so many things you have to watch out for, you constantly have

to be on your toes. The girls this year really understood that."

Bryanna Neale, '07

Offense

"100 percent effort is needed by everyone on the team for us to be successful. When the girls try hard in practice it shows in our games, and that was really evident this year." "Everyone had each other's back and



supported each other really well through the good and the bad."

Sheila Leary and Lindsey Zavisza '07

BELOW: Ashley LaBarre tries to get ahead of her opponent to score, while Sheila Leary and Sam Ceri help her out.

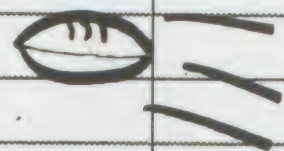
RIGHT: Sam Ceri battles it out with the other team. FAR RIGHT: Coach Annette Perry gives her team some inspirational words at half time.



SPEED AND SKILL

What Time is it?

Boys Varsity Football



RIGHT: The team huddles together for a final, pump up cheer before the game starts.



Since Suffield students have wanted to play football, they have been required to join the Windsor Locks Raiders football team. As inconvenient as this is, Suffield and Locks players have always gotten along great and every year come together as a team. This years Boy's Varsity Football team excelled greater than any other year. With a record of 7-3, the players ran countless yards and scored numerous touchdowns. This team came into the season expected to go far in states and they did. All though the seniors were an important part of their success, the team will continue to be great without them. Fans can look forward to a bright future for this team in the upcoming years.



RIGHT: After a tough tackle, Jamell Stevenson walks back into line for the next hike.



RIGHT: Jermone Hill dodges his defender to bring the Raiders to the lead over Cromwell.



ABOVE: James Ullman jogs to the sideline to get a few pointers about the last play from his coach. Football is anything but easy.

○

Touchdown!

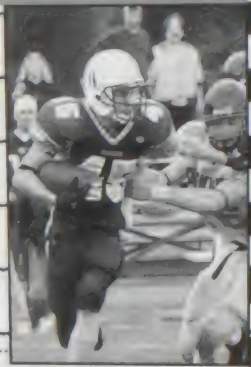


"This year, I feel as though the team came together and worked the hardest we've ever have. I'm going to miss the team."

-Robert Hill '07

Hustle!

"We play the games with every ounce of strength we possess and I think that after every game a tear came to my eye knowing that the year was coming to an end."



-Dylan Keenan '07



ABOVE: The Suffield players are: Corey Vogt, Austin Chanley, Kyle Parker, Larry Cauley, Matt Ullman, Jerome Hill, Robert Hill, Colin Magee, Jamall Saleh, Jeffrey Leonard, Dylan Keenan, Connor Bettis, Shawn Jordan, Bryce Cyr, Matt Pravia, Nate Ward, Ryan Perkins, Alex Petterson, Wesley Contro, Jamell Stevenson, Rob Logan, Pat Sullivan, Joel Jordan, James Ullman, Troy Fitzgerald, and Rob Parise.

RIGHT: Captains Sean Filip, Robert Hill and Shawn Jordan provided the team with motivation throughout the season.

BELOW: After the play, Suffield piles off of the offensive player to

reveal where the ball is. FAR RIGHT: Before each game, the players jog down to the field with the cheerleaders along side them.



HUT, HUT, HIKE!

Offense



"I really enjoyed being a part of the team this year. It was fun having Mr. Gatto as a coach, and he helped us pull together to

make this a great season."

-Catie Jones '09

Defense

"Practices were difficult this year, but it only made us stronger for our games. Field Hockey is a sport where it is especially made evident that practice can make perfect."

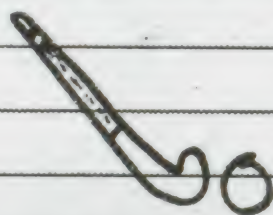


-Rachel Tyman '10

Intense JV Field Hockey



Top Row: Coach Gatto, Liz Breene, Catie Jones, Nicole Ferland, Brenna McGinn, Moriah Canty, Amber Nadeau, Vicki Heyse Bottom Row: Jaclyn Ferland, Ashley Giller, Kelsey Emmons, Kelly Caron, Rachel Shermer, Rachel Tyman Not Pictured: Giovanna Lancaster



LEFT: Kelsey Emmons protects the ball from her opponent, and tries to snatch it away. BELOW: The Suffield JV Field Hockey team does well to create break aways and score goals.



The girls Junior Varsity Field Hockey team this year, has been an exemplary team as a whole. This group of girls succeeded this season together, and couldn't have done it without the contributions and participation of every member. With a 6-5-5 record, the girls did well to hold their own against tough competitors such as Somers and Fermi High School. With a new coach, Mr. Gatto, the girls didn't know what to expect, however the girls learned to work together and find a harmony that has led them to become prepared to fill spots on the future Varsity team. Junior Kelsey Emmons held strong on defense all season, proving to be an asset to the team. Other girls, such as Junior Nicole Ferland, were there for the team as well, helping to keep the team united.

GOT POST!!



JV Football



TOP ROW: Matt Provia, Connor Betts, Ryan Perkins, Joel Jordan, Colin McGee
BOTTOM ROW: Austin Chanley, Alex Petterson, Matt Ullman, and Jamall Saleh

Offense



"Practice is tough but we always find ways to have fun. When coach is around though we always get

work done."

-Ryan Perkins '09

Defense

"Even though I'm on JV, I still try my hardest because you never know when coach will be looking and moves you up to Varsity."



-Austin Chanley '09

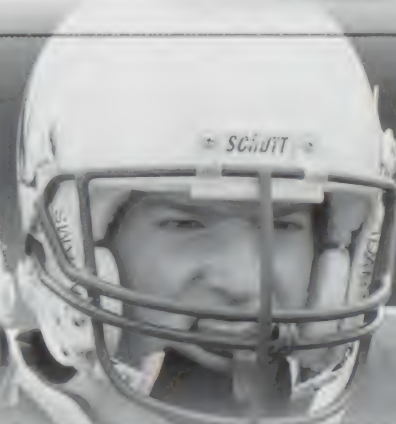
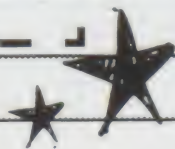
The boys Junior Varsity Football team has worked hard this year to become the best that they can be. These boys are not only on JV, but a lot of them are second string Varsity as well. They work their hardest everyday to improve their skills and better their team. Throughout the year the boys put all of their thoughts into becoming next years Varsity team. The boys Junior Varsity Football team is nothing short of amazing. With the skill that these boys possess as underclassmen it is almost scary to think of how awesome the Raiders will be in the future. Overall the JV football team went above and beyond in both effort and achievement this fall season. The future definitely looks bright for these talented underclassmen.

RIGHT: Everyday at practice the team comes together and stretches.

BELOW: Joel Jordan comes into the huddle ready to go back out on the field and play tough.



TOUCHDOWN!!



Just Keep Running...

Girls Cross Country

RIGHT: Chelsea Bishop takes a breather after the race in order to regain strength for the next race.



RIGHT: Caitlyn Martin comes around her last corner strong and determined to finish the race.



XC

RIGHT: Son Kim and Sam Pandolfi talk with one another and stretch before their race.



This year the girls cross country team ended their season with eight wins and five losses. One of the team's captains, Senior Danielle Monseigneur was very pleased with the record of the team this year. This year the team pulled together and beat their rivals Tolland and East Granby. The girls were lead by Coach Pat Dougherty and assistant coach Leeayn Burke. The eleven girls including their two captains Danielle and junior Kelly Bielonko worked very hard to place eleventh in their class M division. Another huge accomplishment that the team was very proud of, Chelsea Bishop was named all conference champion and placed fifth in the M division. Chelsea is a great addition to the team and there are high hopes for her during the next three years of cross country.



ABOVE: Danielle Monseigneur and Navina Vemuri show their love for cross country and their friendship as well. As seniors they will miss the team next year and hope for the best in the future.

fast

Endurance



"Overall this has been a fundamental learning experience and I'll be back next year!"

Jessica Carson '10

Dedication

"It's only as hard as you make it. With hard work and a lot of effort, you will be surprised with how much you improve."



-Soo Kim '10

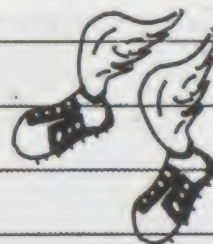


ABOVE: BACK ROW: Coach Dougherty, Caitlyn Martin, Kelly Bieloni, Olga Pirozhkov, Sam Pandolfi. MIDDLE ROW: Holly Chamberlain, Danielle Monseigneur, Navina Vemuri, Meghan Fletcher. BOTTOM ROW: Rachel Burnaford, Chelsea Bishop, Julia Roder-Hanna, Margaret Cooper, Jessica Carson.

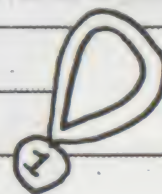
RIGHT: Coach Dougherty stops to give the team assistance and comments on how well they did in the meet.

FAR RIGHT: Danielle Monseigneur and Kelly Bieloni were both great leaders and examples as captains for the team.

BOTTOM: Margaret Cooper takes the lead for Suffield with her teammates closely following behind.



KEEP IT UP!



Take the Lead

Boys Cross Country

quick!

RIGHT: Nick Tustin, Chris Reynolds, Jameson Grout, and Dale Rollet get pumped and stretch before running at a home meet.

XC Rules!



RIGHT: Any Cross Country runner will tell you that if you don't stretch you will pay for it in the race. In the picture, Andy Shea and Jameson Grout stretch before a meet.



RIGHT: With the finish line in sight, Peter Armata and Chris Reynolds run together to keep a steady pace so they finish the race strongly.



The SHS Boys Cross Country team is one of a kind. Rain or shine, these boys practiced every day of the fall season to cut minutes off their miles. Coached by Mr. Casolari and Tom Parise, the boys had a stellar season. By the end of the season, the boys record was 16-10. The team also competed in the NCCC meet, where they placed sixth out of fourteen teams. Captains, Matt Brew and John Gancarz were ideal role models for incoming freshmen to look up to. With low times and high motivation, these two captains were essential to this year's winning season. This year, Joe Rigby was named to the all conference team and also set a course record at Bruce Park (the team's home course). Overall this dedicated group of guys proved that whether you like to run or not, if you push yourself and believe in your goals you can accomplish anything.



ABOVE: Chris Reynolds, Nick Tustin, Andy Shea, and Josh Giller take a well deserved rest after running 3.1 miles at their first meet.

FINISH LINE



TOP ROW: Asst Coach Tom Parise, Peter Armata, Rob Hale, Nick Tustin, Tim Dufore, Josh Giller, Joe Rigby, Mr. Casolari. BOTTOM ROW: Andy Shea, Matt Brew, John Gancarz, Chris Reynolds, Dale Rollet, Jordan Lavin

BOTTOM: Suffield's runners wait for the sound of the horn and bolt from the finish line in hopes of winning the race.

RIGHT: Joe Rigby and Josh Giller ask Coach Casolari for help training before a big meet.

FAR RIGHT: Peter Armata takes long strides in an effort to place for Suffield.

Captains



"Overall my senior year was better than I expected. We had big shoes to fill this year, but I feel as though our team

accomplished all the goals we had set and then some."

-Matt Brew '07

MVP



"After playing soccer freshman year, cross country was a much different experience.

This season I feel as though

I accomplished a lot and can not wait until next year."

Joe Rigby '09



FASTER THAN FAST

Fall Sport Review

Girls field hockey had a good season this year despite the loss of many seniors last fall. Coaches Annette Perry and Dan Gatto pushed the team to achieve its full potential, leading them to participate in the state tournament this year. Senior Lyndsey Zavisza went above and beyond and received an All-State title.

Field Hockey



All the sports teams this fall season at Suffield High School showed our school's true strengths as an athletic competitor. For such a small size, our school sports teams have proven that they are forces to be reckoned with, and hold their own on the field, track, and in the pool. Many of our teams this fall season were able to compete in regional and state championships, and came out victorious. From these teams appeared outstanding athletes who took All-State, All-New England and even All-American titles.

Swimming



This year the girls Swim Team had their best record (10-2) in the 14 years it has been at SHS. With 10 wins behind them, they went on to

It's all over!

place 3rd in regional championships, and 7th in the State meet out of 64 teams in all of Connecticut. Sara Gardocki, and Amy Padrevita, won state titles, while Natalie Mazzetta and Katie Gardocki each recieved All American titles.

Diving

The Divers on this years girls diving team did exceedingly well. Alexandra Wilson placed 7th in State Diving Championships, with seniors Kathryn Spencer, and Eleanore Sutton also placing.



Boys Soccer



This years boys soccer season was grueling, but the guys pulled through with an undefeated season. The boys fought to the end to beat Joel Barlow School in the State finals game, winning 1-0. Midfielder, Bryan Hull, a junior, scored the winning goal, showing the promise of another winning season next year. Senior striker, Anthony Sparazza, was named an All-State player for his tremendous contribution to the team.

Once again the Suffield/Windsor Locks football team made Suffield High proud. Winning the conference title, these boys effortlessly dominated over those who stood in their way. Senior Rob Hill was named an All-State player, and has been offered scholarships to various division 1 colleges to continue his football career past high school.

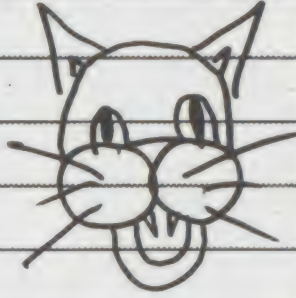
Football



Girls Soccer

This years girls Varsity Soccer team proved itself to be a dynasty, winning the state championship title for the second season in a row.

These girls are truly unstoppable, with 7 strong seniors including All-State, and All-New England title recipient, center, Chloe McKay, as well as many talented underclassmen such as All-Stater, forward Taylor Bartini. But it was the whole team that contributed to the victory over Holy Cross in the state finals game.



go fight...
WIN TONIGHT!

#1

RIGHT: Jess Pastula swims her hardest at the Championship meet for the girls swim team. FAR RIGHT: The girls soccer team celebrates their second state championship in two years. BELOW: The boys cross country team starts off strong amongst tough competition.

Boys Cross Country



Boys Cross Country had a great winning season this year. Sophomore Joe Rigby did especially well this season. Originally a

soccer player, Joe decided to try out Cross Country, and consequently was named an All-State athlete. These boys ran against some tough competitors, but always finished strong and came out on top.

Girls Cross Country

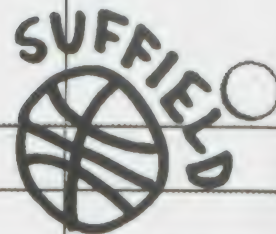
This years girls cross-country team showed a lot of promise for years to come. A team comprised of mostly underclassmen, it was a freshman, Chelsea Bishop, who took a State Title for this intense and demanding sport.



WE'RE NUMBER ONE!

Nothin but Net

Girls Varsity Basketball



RIGHT: Whitney MacKay uses her body to shield and protect the ball as she drives to the basketball hoop.



RIGHT: Jenn Thresher takes the ball to the hoop, to make a lay-up and is fouled on the play.



RIGHT: Lyndsey Zavisza shows determination and concentration on the free-throw line, hoping to make both shots.



The Girls Varsity Basketball team knew it would be a good year. Predicted by the Hartford Courant to "battle for the league title" with quick and unselfish guards and a powerful defense, the team had a lot of heart. The paper proved right. The girls were led by Captains Chloe McKay and Lyndsey Zavisza. These two also led the team in rebounds. Two junior guards had stand out seasons as well. Taylor Bartini and Whitney MacKay really stepped up this season, proving themselves on the court. Taylor, with a high field goal percentage, is a primary ball handler. Whitney has shown her defensive strength with her many steals, as well as her offensive power, in driving to the hoop. Strong performances by Jenn Thresher and Rachel Packard also contributed to a successful season. With three seniors, the team looks to have another great season next year.



ABOVE: Chloe McKay shows some emotion as she drives to the basket, past an opponent to drop the ball through the hoop for two more points to put Suffield ahead for the win.

Bring it!



ABOVE: Top Row: Coach Sullivan, Kristen Overson, Kelly Bieloni, Jenn Thresher, Shannon McCann, Michelle Niejadlik, Whitney MacKay. Front Row: Kristen Horanzy, Rachel Packard, Lyndsey Zavisza, Chloe McKay, Taylor Bartini, Nicole Loughrey

Defense



"This year was awesome. We all worked really hard and I'm definitely going to miss the team next year."

-Lyndsey Zavisza '07

Offense



"We all really stepped up this year and proved ourselves as a strong competitor."

-Chloe McKay '07

FAR RIGHT: Taylor Bartini looks for an open player.
RIGHT: The Seniors pose for a picture.
BELOW: Whitney MacKay makes a bounce pass to an open player for an assist.



TAKE IT TO THE HOOP

↙ Captain

Girls JV Basketball

Offense



"I was so excited that I was captain of the team, it made me feel like a very big part of it."

-Nicole Loughery '09

Defense



"After an amazing soccer season, having an awesome basketball season was icing on the cake."

-Kristen Horanzy '09



BACK ROW: Nicole Poudette, Samantha Zipoli, Megan Madison, Nicole Tedone, Kayla Nadeau, Ann Treglia

FRONT ROW: Angela Moskwa, Jessica Carson, Kristen Horanzy, Nicole Loughery, Chelsea Bishop, Gina DiPrato

LEFT: Gina DiPrato shoots the final basket to win the most exciting game of the season.

BELOW: Chelsea Bishop owns the court as she blocks the other team's passes.

All of the players on the JV girls basketball team played exceptionally well this year. The players played both awesome defense and intense offense on the court during both games and practices. This year the girls JV team won almost all of their games during the season. Through the entire season, the girls played very hard and never quit even when they were overly exhausted. At each and every game all of the girls showed a whole lot of spirit which moved them towards victory. The captians of the team were always able to get the team very hyped up before their games so that they all played their very best. At the end of the season all of the girls were very sad that it was over, but excited about how great they played that season.



Girls Freshman Basketball



BACK ROW: Stacy Brunelle, Kendelyn Ouelette, Kelly Manard, Coach McGurn
FRONT ROW: Sam Pandolfi, Alison Garber, Kimmy Kuras, Katie Violette

Defense



"This was my first year playing basketball and I enjoyed it very much."

-Kelly Manard '10

Offense



"I learned a lot this year during basketball. I can't wait to play again next year."

-Katie Violette '10



The freshmen girls basketball team always plays great each year, but this year the girls did better than anyone expected. You could tell that they put everything they had into each game and really wanted to do their best. Even during practices, the girls tried their hardest so they could show off all of their new skills during their games and beat whoever they were playing. At their first game, everyone was shocked at how well they all played, especially since they were all relatively new to the sport. The captains of the team were very impressed at how well the girls came together as a team. With one stellar season under their belts, this years freshman team is ready to dominate the courts next year.

RIGHT: Kimmy Kuras waits for the referee to give her the ball to throw back into the game.

BELOW: With such good defense it's surprising that the other teams ever got a chance to shoot.



Shootin Hoops

Boys Varsity Basketball

RIGHT: The Suffield defense puts their hands up to stop the East Windsor offense.



RIGHT: Joel Lee gets ready to shoot a three to bring the Wildcats in a strong lead over the opponent.



SWISH!

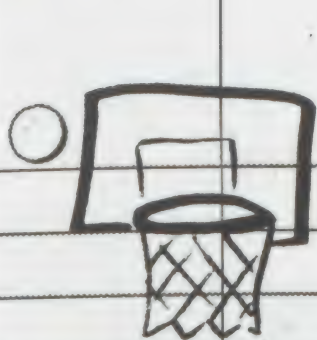
RIGHT: David Planki charges through the defense to make a layup.



The Boys Varsity Basketball team had their best season yet. With Coach G and assistant Coach Gatto helping them along, the team did better than they expected. Captains Dave Planki and Robert Hill were able to keep the team in line and when necessary, get them pumped up for the upcoming games. The players really pushed themselves this year during practices to get ready for some of the tough games. This year's team not only communicated on the court but motivated each other out of the gym. This winter the boys shot and dribbled their way to the top of the stats. With intense wins over East Granby and East Windsor the team proved that they really are unstoppable. The team placed third in the Plainville Tournament and hope to do just as well in states.



ABOVE: After winning the jump ball, Robert Hill quickly passes to his team members in hopes of a fast break towards the hoop.



ABOVE BACK ROW: Gretchen Eastman, Alex Guminiaik, Eric Lee, Sean Smith, Alex Flynn, Coach Galland
 MIDDLE ROW: Sara Shea, Chris Coates, Joel Lee, Steve Treglia, Corey Vogt, Ali Kuras
 FRONT ROW: Alex Wright, Robert Hill, Alex Carroll
 Camera Shy: David Pianki

Seniors



"With this being our fourth and final year, we really are going to miss the team. This year was definitely our

best yet and we wish the team the best of luck next year."

- Seniors '07

Offense



"It is an honor to play varsity basketball especially with this year's team. I'm going to miss the seniors."

- Sean Smith, '08

FAR RIGHT: Alex Wright runs the ball up the court with only a few minutes left.

RIGHT: Coach Galland uses the time out to teach the boys a quick play.

BELOW: Steven Treglia looks to shoot in the fourth quarter.



BALLIN'

Offense



"Basketball has always been one of my favorite hobbies. This year was a good opportunity for me to learn even more about a sport I love."

- Erik Lee '09

Defense



"Even though we didn't win every game this year we really came together as a team. No matter how we did we knew we tried our hardest."

- Alex Flynn '09

Boys JV Basketball



ABOVE BACK ROW: Sara Shea, Coach Gatto, Alex Flynn, Ben Foster, Nick Catrone, Ali Kuras, Gretchen Eastman

MIDDLE ROW: Justin Waterman, Daniel Wallace, Mitch Flagg, Joe Rigby

FRONT ROW: Jordan Colon, Jerome Hill, Erik Lee, Mike Chapman, Dean Porcello

LEFT: The team huddles for a quick cheer before the start of a tough game.

BELOW LEFT: Jordan Colon plays hard defense to block a pass from the opposing team.



This season, as in seasons past, the boys Junior Varsity Basketball team has done particularly well. With a "We can do it" attitude, the team never gave up no matter how hard their opponent was. Coached by Mr. Gatto this talented group of guys practiced every day after school to make sure they dominated their competition. Each game the boys gave it their all to ensure a win for Suffield High School. Never putting less than 100% into practice, the boys improved tremendously over the course of the season. Overall this season the JV team proved that they are ready to be next years varsity starters.

Boys Freshman Basketball



TOP ROW: Matthew Ullman, Drew Fortin, Matthew Shute, Mike Thibodeau, Chris Reynolds, Nick Tustan

BOTTOM: Kaitlyn Moares, Tyler Devine, Matt Shnepp, Stuart Malec, Dan Bartini, Joey Sullivan, Dallas Thompson

Offense



"This year I learned a lot about the game in general. I'm glad that I was able to play on a team with my friends and still improve my skills."

-Drew Fortin '10

Defense



"As a freshman, trying out for sports is intimidating but this team allowed me a lot of playing time and wasn't as stressful."

- Matt Shute '10

BALLIN!

This winter, the Freshman Boys Basketball team was phenomenal. Freshman year is always difficult, and playing a sport on top of adjusting to a new school is definitely a challenge. This year, however, this talented group of underclassmen made playing look like a piece of cake. Although they may not have won every game, the freshman team always gave it their all. As freshman, it was important for the boys to work on their skills all season to ensure a spot on JV or even Varsity next year. Overall the Freshman Boys Basketball team went above and beyond to represent our school this year.

RIGHT: Tyler Devine slows down the game to call a play.

BELOW: Matt Ullman darts past the defense for a lay up.



Running Year

Round

Girls Indoor Track

pass the baton

RIGHT: Meredith Lowe runs hard coming into her final lap of the race.



Running in the winter is something that most people would never want to do. This year, the Girl's Indoor Track team practiced every day to make their times smaller and their jumps longer. With meets once a month at Wesleyan University in Middletown, the girls did their best to out perform every other team there. Because Wesleyan is 45 minutes away, most of the meets started right after school and didn't end until around 10:30 at night. Staying up that late running and then having to brave school the next morning shows extreme dedication and love for the sport. Because track is a running sport, it was crucial for the girls to run several miles each week to remain in peak physical condition for their meets. With many team members placing in each meet, the girl's hard work and dedication definitely paid off this season.

RIGHT: Alex Wilson waits her turn to vault herself over the bar.



RIGHT: Alex Smith runs the curve with a long stride to try and pass other runners.



ABOVE: Liz Treiber expertly vaults over the pole to put Suffield even farther ahead.



TOP ROW: Sydney Grubbe, Meredith Lowe, Kayla Fahle, Kirstie Alberts, Liz Treiber, Sylvana Luongo, Casey Merrick, Colleen Moroney, Ashley Giller, Coach Smith
 MIDDLE ROW: Julie Mascarella, Alex Smith, Sharelle Hunt, Catie Healy, Gabrielle Cafetti, Kristy Nelson, Rachel Tyman, Cassie Pavel
 BOTTOM ROW: Alex Messmer, Margaret Cooper, Danielle Monsieigneur, Navina Vermuri, Kara Chamberlain, Lauren Beaulieu

FINISH LINE

RIGHT: Jessie Strickland, Margaret Cooper, Kara Chamberlain, and Kirstie Alberts pose before their relay.
 FAR RIGHT: Kirstie Alberts gets ready to throw the shot put.
 BELOW: Alex Messmer gets ahead of her opponent in the first seconds of her heat.



100 meter dash



"Track this year was amazing. As a senior it was a little sad to end the season but i definetly plan to continue track and field in college."

-Navina Vermuri '07

Vaulter



"Pole vaulting is a part of indoor track that most people don't even know about. I like to pole vault because it is

an aspect of track that involves more than just speed."

-Alex Messmer '08



UNSTOPPABLE

VAULTING TO VICTORY



ABOVE: Peter Armata keeps a steady pace in order to place for Suffield.

LEFT: Andy Shea laps the competition in his mile run. FAR LEFT: Pat Henderson takes a minute to look how far he threw the shot put.

yeah!

Shot Put

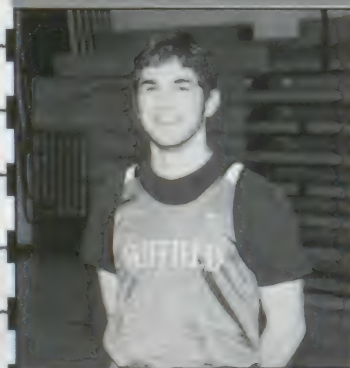


"Indoor Track is awesome. It is a lot more relaxed than most other sports but you still get to compete and get a great

work out through out the week."

-Alex Peterson '08

Captain



"My senior year of indoor track has been memorable. As captain I hope I have helped lead my team and will be remembered

next year."

-Anthony Longhi '07

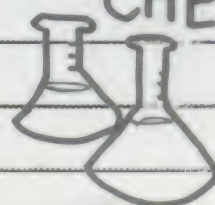


TOP ROW: Coach Smith, Justin Phillips, Logan Horner, Andy Parent, Wally Maleck, Kevin Ho, Peter Armatta, Coach Sinocrope

MIDDLE ROW: Alex Peterson, Corey Roy, Jameson Grout, Ian Shullman, Rob Hale, Josh Giller

BOTTOM ROW: Stephen Canon, Mike Masso, Sean Deford, Anthony Longhi, Brian Gracey, Rob Parice, Andy Shea

team
CHEMISTRY



Can't Stop Us

Boys Indoor Track

quick!



LEFT: Josh Giller capitalizes on the opportunity to lap his opponent on this tight turn.



LEFT: Sean Deford looks to Coach Sinocrope for some quick advice before the start of his sprint.



LEFT: Brian Gracey and Alex Messmer take a break to chat after his strenuous pole vault.

Just like the girls, the Boys Indoor Track team had a season that was nothing short of amazing. With the same dedication and determination, the boys dominated every meet. Pole vaulter Brian Gracey and sprinter Sean Deford placed or won at every meet. Competing against schools double the size of SHS, the boys never gave up no matter how good the other team was rumored to be. Overall the boys had a very successful season. Coached by Mr. Smith and Mr. Sinocrope, the Boys Indoor Track Team was one of the best that SHS has seen in years. With only one senior leaving this year the team has a very bright future for years to come. With such talented underclassman the Boys Indoor Track team is sure to break records and make us proud to go to Suffield High School.



ABOVE: Ian Schulman vaults several feet in the air in order to get over the 10 foot high bar.

In It To Win It

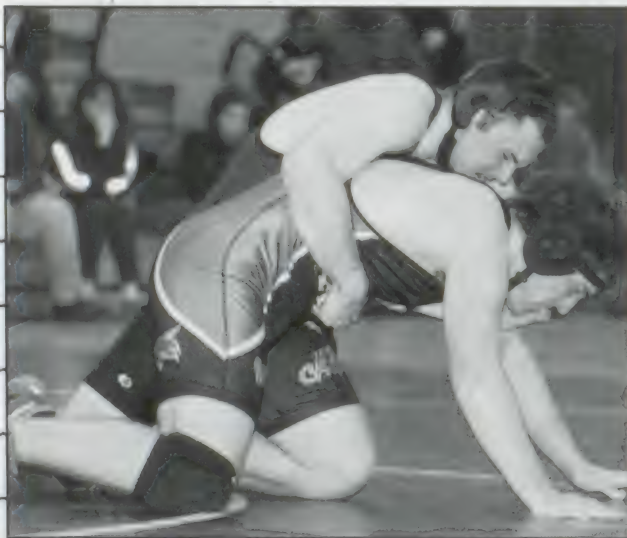
Varsity Wrestling

→ Late Practice tonight

RIGHT: Jamell Stevenson pins down his opponent, securing him a win and helping Suffield beat the Somers wrestling team.



RIGHT: James Coates plans his next move, as his opponent tries to take the upper hand in this match.



RIGHT: Kyle Rempfer pushes against his opponent to regain his lead in the match. By securing a win in this match, Kyle will improve his record.



The Suffield High School wrestling team has grown immensely over the years to gain state recognition. Leading the team this year were captains Dale Rollet, Jamell Stevenson and Justin Sheridan. Other wrestlers on the team looked up to and admired their captains dedication. All three captains were excited about the new talent brought onto the team with the freshman class. Despite losing seniors Shane Lewis and Jaron Piogia last year, the boys were determined to continue in their success as one of the top wrestling teams in the conference. A reachable goal for the team this year was to win the conference championship, something they did, as they gave Suffield it's very first wrestling NCCC championship. It was the best wrestling season the boys have ever had, and Suffield is proud of these hardworking boys. Great job team!



ABOVE: Senior wrestlers Jamell Stevenson, Larry Cauley, Justin Sheridan, Pat Sullivan, Dale Rollet, and Ace Gonzalez pose together for their last wrestling picture. For most of the boys pictured, they have wrestled together for their four years in High School.

○ Hit The Mats



TOP ROW: Coach Moran, Steve Bascom, James Coates, Ryan Perkins, Matt Pravia, Pat Sullivan, Dave Shelanskas, Kevin Mannino, Jeff Bridge, Coach Potter MIDDLE ROW: Kyle Sheridan, Dale Röllet, Nick Oliver, Kane Seana, Larry Cauley, Ace Gonzalez, Justin Sheridan, Jamell Stevenson BOTTOM ROW: Laura Sauter, Jimmy Lemire, Joe Cardoso, Kyle Rempher, Ryan Rempher, Breana Beck NOT PICTURED: Jamal Saleh

Senior



"This was such a great season. All the guys came together and we worked as a team to accomplish what we set out to do."

-Justin Sheridan '07

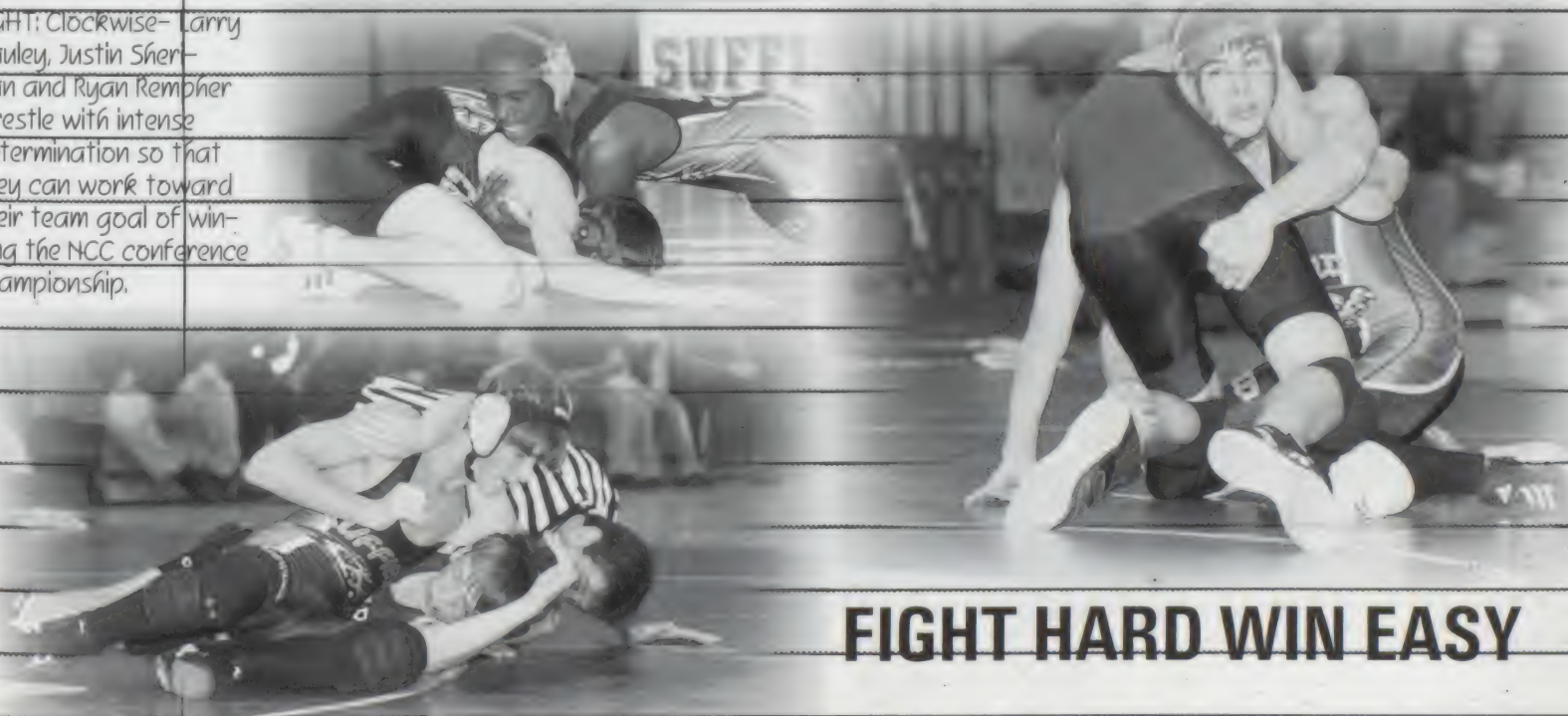
Captain



"I'm so proud of everyone on this team. We all worked hard to have our greatest season yet, and though I'm going to miss this next year, I wish the boys much luck."

-Jamell Stevenson '07

RIGHT: Clockwise- Larry Cauley, Justin Sheridan and Ryan Rempher wrestle with intense determination so that they can work toward their team goal of winning the NCC conference championship.



FIGHT HARD WIN EASY

SLAP SHOT!



ABOVE: The goalie, Natar Allard, sets up to make another save for the guys. FAR LEFT: Alex Cerri gets the puck and skates up the ice to make a shot on goal. LEFT: Suffield boys battle it out with the other team for the puck.

Offense



"I love hockey and my team was very supportive. I'm sad this was my last season. Having a new coach was a good challenge

for our team."

-Matt Breese '07

Defense

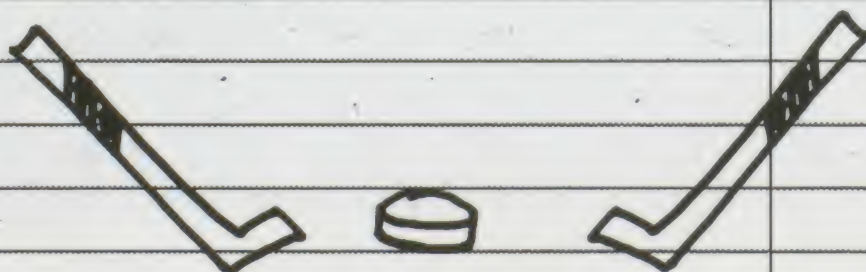
"This season was a huge improvement to last year's season. I'm happy I get to end with a better record this year. Also, the Mighty Ducks were a huge inspiration to our team this year."



-Nick Shute '07



BACK ROW: Coach Canney, Coach Tenczar, Pat Gunn, Zach Chmeloski, Andy Thompson, Brett Sullivan, Alex Cerri, Matt Breese, Zach Lombardo, Nick Shute, Mike Durej, Tom Campion, Zack Allard, Coach Breese, Coach Rowe. BOTTOM ROW: Tyler Reppel, Kyle Dufrane, Steve Beck, Brett Gardocki, Nate Allard, Scott Stevenson, Anthony Poissant, John Cieri, Mike Small, Eric Tenczar



Suffield on Ice

Boys Varsity Hockey

Last season was hard for the Suffield hockey boys. This year assistant coach, stepped up to head coach, and we have seen vast improvements. The boys started off their season showing a renewed desire and passion to win and get better. This new drive helped them to play harder, and become fierce competitors. Seniors, Nick Shute and Matt Breese, helped carry the boys team to great games both offensively and defensively. This season was a nice turn around to last years season, and next year we can only hope for the same team work and determination. The boys played their hearts out and their teamwork laid the path to a great season.



LEFT: Suffield gets pumped up before the games by crowding around the goalie net while captains give helpful advice.



ABOVE: Zach Lombardo steals the puck just past the red line and prepares to skate down the ice to shoot on goal.



LEFT: Kyle Dufrane passes the puck up the ice to offensive players waiting for it by the net.



LEFT: Nick Shute and an opposing team member get ready as they await the face off.

Class of '08



"This year, I really focused on improving my record. I learned a lot of really good techniques, and I had a ton of

fun while doing it."

-Dave Shelanskas '08

Class of '10



"I was a little bit intimidated at first, but the guys on this team are all so supportive and I can't wait for next year."

- Kyle Rempfer '10

Hard Hits

Underclassmen Wrestling



TOP ROW: Coach Moran, Steve Bascom, James Coates, Ryan Perkins, Matt Pravia, Pat Sullivan, Dave Shelanskas, Kevin Mannino, Jeff Bridge, Coach Potter
MIDDLE ROW: Kyle Sheridan, Dale Rollet, Nick Oliver, Kane Seaha, Larry Cauley, Ace Gonzalez, Justin Sheridan, Jamell Stevenson
BOTTOM ROW: Laura Sauter, Jimmy Lemire, Joe Cardoso, Kyle Rempfer, Ryan Rempfer, Breana Beck

Dominate



RIGHT: Jimmy Lemire prepares to defeat his opponent in a match against Windsor.

BELOW: Kane Seaha puts his Windsor opponent in a position that will secure Seaha a win in the match.



The underclassmen of the Suffield High School Boys Wrestling Team played a vital role in the team's success this year. "The underclassmen really helped us to have such a great record. The boys from the class of 2010 were a great addition to our team." Said Senior captain, Dale Rollet. Though losing this year's seniors will be a loss to the team, many are certain that the 2008 wrestling team will have success matching this year's winning season. "I think I speak for everyone when I say that I'm excited for next year's season to begin." Commented Kevin Mannino '08. The boys are bound to live up to their expectations with the right amount of hard work and perseverance.

Its all over!

Quick Sticks

JV Boys Ice Hockey



TOP ROW: Assistant Coach Mike Tenzar, Coach Scott Daniels, Zach Chmelowski, Nahtaniel Allen, Patrick Gunn, Kyle Dufrane, Mike Dahmike, Eric Tenzar, Mike Durel
 BOTTOM ROW: Eric Quagliaroli, Zach Chimerowski, Matt Spadorcia, Zach Perkins, Chris Lemay, Tim Bourdeau, Jesse Potter, Jon Ceiri, and Coach Rich Rowe.

Offense



"It was a lot of fun this year, but it went by way too fast. I'm really looking forward to next season."

Nate Allard '08

Defense



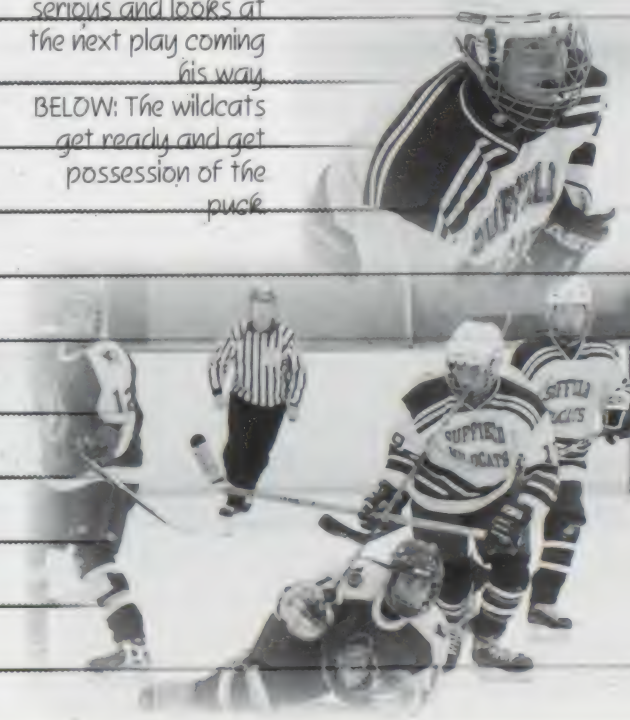
"This year was a blast playing on the team. We definatly had improvements throughout the year."

- Zach Lombardo '07

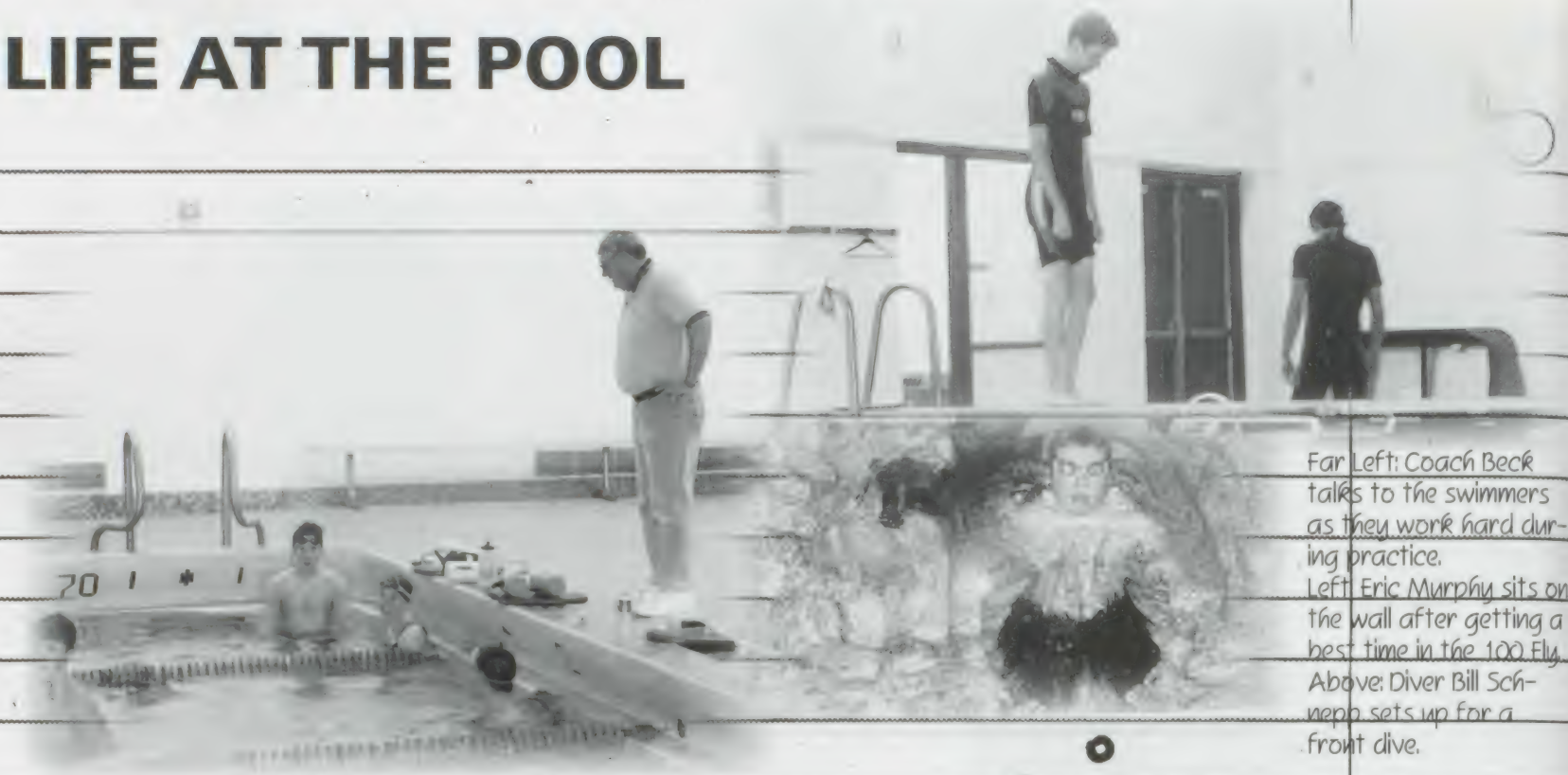
The Junior Varsity Boys Hockey Team showed nothing but intensity and dedication this winter. Their effort was seen as the season progressed. Comprised of younger players, the team did great showing their strength and talent. At the start of the season, the boys were a bit cold when they first stepped onto the ice, but it did not take them long to warm up. Half way through the season the boys won three games. By the end of the season the boy had done above and beyond what everyone had expected. This junior varsity team defiantly has high hopes for next year. We look forward to seeing these guys bring their talent next year to the varsity team.

RIGHT: Kyle Doane gets serious and looks at the next play coming his way.

BELOW: The wildcats get ready and get possession of the puck.



LIFE AT THE POOL



Far Left: Coach Beck talks to the swimmers as they work hard during practice.
Left: Eric Murphy sits on the wall after getting a best time in the 100 Fly.
Above: Diver Bill Schnepf sets up for a front dive.

Swim Fast!

EAT MY BUBBLES

Swimmer



"The team has improved a lot since last year and we are going to continue to get strong over the upcoming seasons."

-Rob Domin '09

Diver



"The team has a really good bond that makes meets and practices really fun. Water polo days are the best"

-Spencer Bernard '08



Left to Right: Bottom Row: Maddy Dronay, Andrew Terlesky, John Williams, Mike Chrsitia, Andrew Lagania, Matt Brew, Rob Domin, Lauren Bissey Middle Row: Adam Fields, Keyes Perrin, Mike Tassinari, Spencer Bernard, Bill Schnepf, Chris Sweeney, Tim, Dufore Top Row: Coach Beck, Kaitlin Malyzsko, Shannon Smith, Allie Rodgers, Eric Murphy

Making a Splash

Boys Swimming



LEFT: John Williams finishes strong as he swims his way to a victory helping the team earn valuable points.



LEFT: Managers Kaitlin Malyzsko and Shannon Smith show off their timing skills as a swimmer finished a race.



LEFT: Adam Fields shakes hands with a member of the opposing team showing the sportsmanship that the team has.

The Suffield High School boys swim team is still considered a young team only being in its second season, but they act nothing like it. They train and compete like they have been doing this for years. The meets always have an upbeat atmosphere where team spirit is felt by all. The team has made great improvements from last year and will continue to get stronger. They mix hard work and fun with water polo games that the boys look forward to all season. The team performed well at their conference championships and also at the state level. Diver Spencer Bernard qualified for states and placed very well. Unlike many teams whose seasons are separated the girls swim team goes out to show their support for them at meets and also help with the timing. The team is led by captains and seniors Adam Fields and Matt Brew.

S-U-F-F-I-E-L-D



ABOVE: Diver Spencer Bernard sets up for another really good inward as he picks up some points for the team.

So You Think You Can Dance?

Dance Team

RIGHT: The girls get into their positions and get ready to perform their routine at half time during the game.



The dance team at Suffield High School consists of skilled dancers from all grades. They practice after school together to work on their various dance routines to perform. The girls perform these routines at the boys and girls basketball games at half time and show their support and school spirit. The girls are highly motivated and all come together to make the team enjoyable. All together they must come up with new ideas and moves for their routines. The team is always full of energy and ready to show their best moves in the middle of the court. We expect great things from them in the upcoming years.

RIGHT: The team huddles together and smiles after their successful game.



RIGHT: Senior girls, Lauren Kochanek, Kimberly Denuie and Jessica Banks smile for a picture after a long afternoon of practice.



ABOVE: Senior captains Ali O'Halloran and Kathryn Spencer brought more than just leadership and motivation to the team. Their attitudes were positive and a huge aspect of the team.

○

wildcats!

Hip



"The team really pulled together and improved this season. I loved performing at basketball games."

Lauren Kochanek '07

Hop



"This year was a lot of fun, I am really sad to be leaving this team. I will definatly have to come back next year and visit."

Lauren Scandura '07

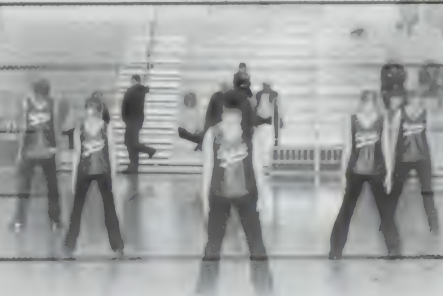


ABOVE: BACK ROW: Lauren Monsieigneur, Ashley Agudelo, Rachel Brueno, Alison Daguio, Sabrina Cordillio, Katelyn Romano, Brittany Denuve, Jaclyn Ferland. MIDDLE ROW: Alexandra O'Halloran, Alexandra Czerniak, Jessica Banks, Lauren Scandura, Kimberly Denuve, Moriah Canty. BOTTOM ROW: Eleanor Sutton, Bethany Klose, Lauren Kochanek, Kathryn Spencer

RIGHT: The girls practice a routine for the upcoming game

FAR RIGHT: The senior girls pose for a buddy shot together

BELOW: The team practices their new dance for the Suffield vs. Windsor Locks game.

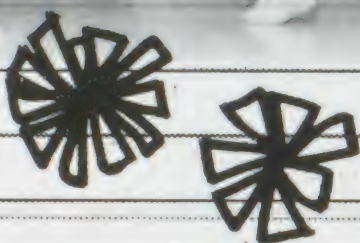


DANCING DIVAS

SHOW YOUR SPIRIT



FAR LEFT: The cheerleaders do a quick cheer at halftime. LEFT: The girls welcome the basketball team out of the locker room. TOP: The team gets ready to show their spirit.



go fight...
WIN TONIGHT!

Spirit



"I love performing at games. It's such a rush of energy when you can pump up the crowd."

- Kayleigh Brown '08

Pride



"Cheerleading has been so much fun this year. It's physically demanding, but we all have such a good time."

- Kyla Murray '10



BACK ROW: Coach Dream Hill, Sara Kaplan, Eosie Cauley, Christa Brown, Ellen Fredrick, Kyla Murray, Kashimira Lennox
FRONT ROW: Kayleigh Brown

CAMERA SHY: Jillian Sipperly, Erin Murray

Give Me an S!

Cheer

Cheerleading



LEFT: Kashmira Lennox takes a breather from shouting cheers at a recent home basketball game, and poses in a cheerleader stance.



Where would fans of the SHS basketball teams be without the cheerleaders to entertain and lead in chants? The girls can be found court-side at every home game clapping and cheering on the girls and boys basketball teams. The girls always bring excitement to the games, with their routines and their enthusiasm. The Captains have turned the girls cheerleading team into an important component of the winter sports experience, and over the years have improved tremendously. The team once was comprised of a few girls, but now contains close to 20 members. This season the girls showed their stuff at halftime at the games, and wowed the crowd with their high jumps and complex sequences. Next season the girls will look even better. Junior Sara Kaplan received the honorary title of athlete of the month for January 2007, making her team very proud.



LEFT: Christa Brown, Fosie Cauley, and Kyla Murray show their love for each other and the team. The chemistry is what makes this team so successful.



LEFT: Kayleigh Brown and Sara Kaplan show off their flexibility while warming up before a big game. Stretching is important so the girls do not hurt themselves while cheering.



ABOVE: The team is ready to spring into action when points are scored on the court. Getting the crowd going is what these girls love to do, and do well.

Winter Sport Highlights

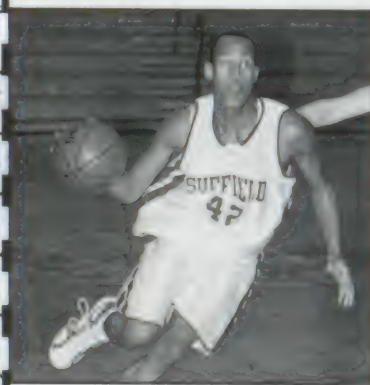


For the Boys Hockey Team, Matt Breese has consistently been a star athlete. As captain, Matt has demonstrated his talent and leadership abilities on the ice. Matt can be counted on to score the game-winning goal. With the help of Nick Shute as co-captain, the boys team has shown dedication and intensity at the rink during games.



Winter has proven to be a very successful season for Suffield High School sports. Athletes have shown spectacular talent in each and every sport. From the courts to the pool, the ice to the track, the skill is apparent. All players have really stepped up this year to win some tough games and prove victorious. Practicing every day after school with games during the week as well is a large commitment. These student athletes have shown that they can handle both with flying colors.

Go Team!



Joel Lee has had a tremendous year for the Boy's Varsity Basketball team. With strong performances on the court, he has scored one of the highest

amounts of points in the NCCC this season. Robert Hill has also led the team, always to be counted on for a strong effort. Both have a good chance of being selected as All-State this season.

Captain Chloe McKay is the Girl's Varsity Basketball star player. Leading the team in both points and assists, she has been a valuable asset on the team for her four years.



Her leadership and talent will be hard to replace next year on the court.



Despite only the second season, captains Matt Brew and Adam Fields have helped lead the team to victory. Through both their leadership strengths and their talent and skill, the boys have motivated and pushed the team to success. Both agree that practice and dedication have helped improve their times in the pool.

Kathryn Spencer and Ali O'Halloran have shined in their performance on the Dance Team.



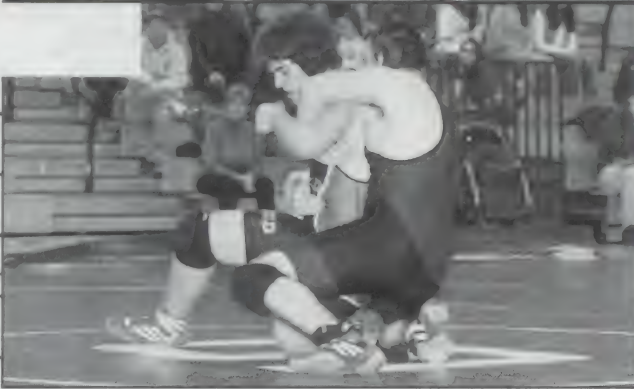
While synchronizing great dances, they help teach the other team members the routines.

Team Pride!

Sara Kaplan has dazzled crowds this year. She has demonstrated her talents as she flips and turns as the girls cheer on the teams. Sara was one of Suffield's Athletes of the Month.



Dale Rollet has proven to be an extremely strong competitor on the mat. He has shown his talents and skills as he crushes the opposition and pins them to the floor.



Seniors Danielle Monsiegnur and Navina Vemuri have left their mark on Suffield's Girls Indoor Track Team. This duo has

consistently been powerful and a hard competitor. Both have placed for NCCCs after working hard in practice and the meets. They are good role models for the rest of the girls, showing true dedication and heart. There will be big shoes to fill next season.

Brian Gracey, a junior, has definitely shown his talent this year on the Boys Indoor Track team.

His dedication is apparent in his great pole vaulting talent.

Along with Senior Anthony Longhi who

has had a strong year, these two make the meets thrilling to watch.



FAR RIGHT: Whitney Mackay looks to make a pass.
RIGHT: Jamell Stevenson pins his opponent in a match.
BELOW: Erik Lee, Rob Hill and Cory Vogt listen intently during a team huddle.



STAND OUT SEASON

Chicks with Sticks

Girls Varsity Lacrosse

RIGHT: Ali Murray races from the rival team Ellington. With her great speed she will return the ball to the offensive half.



RIGHT: Kelly Christian takes the draw. She's ready and determined to gain possession of the ball and give it to her teammates.



RIGHT: Kathryn Simson, with the rest of her teammates listen to some words of advice from Coach Quirion at halftime of a competitive game. Everyone is focused on how to improve the game.



For two hours everyday after school the Girls Lacrosse team practiced and gave their all. Coach Quirion, now having coached the girls for the past years, worked with the girls to better their skills. As the season progressed the girls' dedication and hard work paid off. Playing as a team, the girls worked together to accomplish the goals they had set at the start of the season. Winning more games and working as a team were high on their list of things to achieve. The girls' positive attitude and good sportsmanship was seen by each team they played. Captains Lauren Smith and Lisa Beltramello were great leaders that guided and brought the team together. With both victories and defeats, the team's improvement was evident. Coming out of their first year as a varsity team, the girls found success. In their second year they were third in their conference. The players are eager and geared up for next year's season.



ABOVE: Shannon Heyse goes in for the check as she battles for a ground ball with the help of teammate Alicia Olschafskie. The girls use of teamwork keeps the ball out of the opposing team's control.

Captain

Offense



"Despite a lack of players at games, we have really come together and had some excellent games this season. I think we have the most heart and

put so much effort into the game."

-Lauren Smith

Defense

"We have improved so much since last year. Games that we once lost by a lot, are extremely close this year. I cannot wait for next season to come."



-Lisa Beltramello



BACK ROW: Danielle Moores, Alicia Olschafskie, Melissa Jenkins, Alyssa Johnson, Diana Mark, Meghan McMunigle, Coach Quirion MIDDLE ROW: Lisa Beltramello, Sheila Leary, Christina Luban, Morgan Denno, Ali Murray, Lauren Smith FRONT ROW: Alicia Baumann, Margaret Cooper, Kathryn Simison, Katie Donovan, Kelly Christian, Shannon Heyse

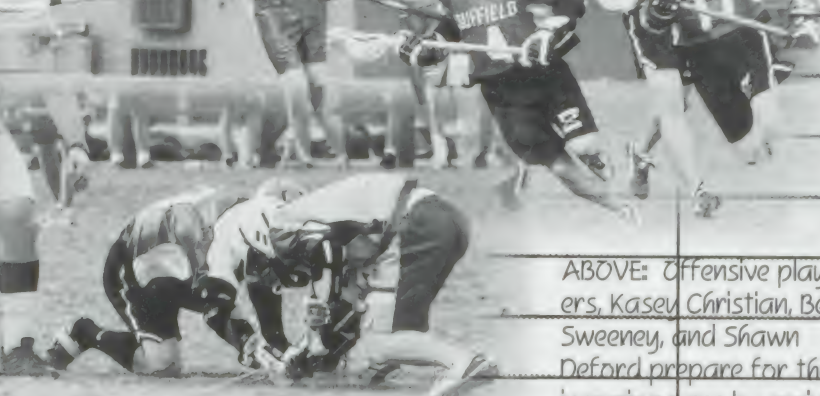
RIGHT: Alyssa Johnson fields the ball away from the opposing team.
BOTTOM: Sheila Leary stays calm as she is being double teamed.



ABOVE: Margaret Cooper switches hands running with the ball, trying to make her way to the goal.

INTENSITY!!

JUST RELAX



ABOVE: Offensive players, Kasey Christian, Ben Sweeney, and Shawn Deford prepare for the incoming pass by sprinting to the ball or getting open for a pass.

ABOVE: Nick Shute battles with the opponent at the face-off to begin a game, trying to gain possession for his team.
LEFT: The boys put their sticks together after an intense halftime huddle and get stoked for a stronger second half.

Offense

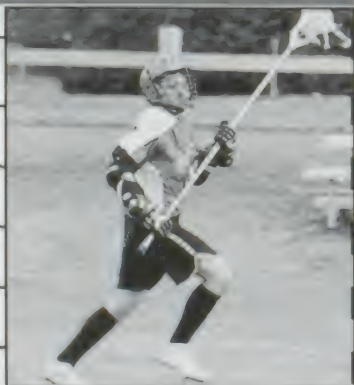


"Even though we did not have many players, the boys really came together and played like a team. I'll really miss this group when the seniors leave next year."

Shawn Deford '08

Defense

"Heart and hustle are the two ingredients to success. If you have those two, you can achieve success."



Matt Conway '07



Bring it!



TOP ROW: Coach Cervione, Zach Donais, Mike Romano, Shawn Jordan, Dan Holmes, Matt Breese, Matt Winne, Joel Jordan, Justin Waterman, Kyle Doane
MIDDLE ROW: Brett Sullivan, Andrew Lagana, Mike Chapman, Dylan Keenan, Matt Conway, Anthony Cervione, Brian Betts, Sam Smyth, Nick Rolocut, Tim Glynn, Collin McGinnigle
BOTTOM ROW: Justin Phillips, Shawn DeFord, Dan Carney, Ben Brown, Kasey Christian, Doug Hackenyos, Brian Richardson, James Wilson, Ben Sweeney, Nick Shute

lax game
@ 8:30

New Beginnings

Boys Lacrosse

With the graduation of many talented seniors, the success of the 2006 Boys Varsity Lacrosse team was unknown. However, this team has proven itself as a tough competitor. Led by captains Doug Hackenyos and Kasey Christian, the team was constantly challenged by Coach Conway. Strong defensive players, such as Dylan Keenan and Matt Conway, helped shut down the opposing teams. Key offensive players, like Ben Sweeney and Nick Shute added goals and assists to lead the team to victory. This strong lineup was successful as the team reached their full potential and became a balanced, talented group. With the departure of important players, the team will face a challenge next year. However, with the talent of young players like Shawn DeFord, the boys look to have another promising season.



LEFT: Ben Brown contemplates his next move, looking to pass the ball to an open teammate up the field, towards the goal.



LEFT: Dan Holmes aggressively reaches for a loose ball, trying to gain possession and keep it away from the opposing team's players.



ABOVE: As one of the leading scorers, Ben Sweeney receives the ball and sprints up the field, looking for the open man, to score the game winning goal.



LEFT: Suffield goalie Brett Sullivan uses his body to shield and protect the ball from the attacking players.

Defense

"This year we really came far as a team and worked really hard to get better. We had a lot of fun together and its a fun group of girls!"



- Laura Sauter '08

Offense

"Our team improved a ton this season and Coach Majewski taught us a lot of new skills for next year. I can't wait until next year to see how we do!!"



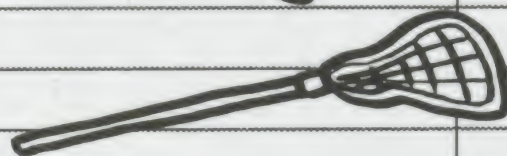
- Eden Etienne '08

Girls JV Lacrosse



BACK ROW: Eden Etienne, Cara Ryan, Kristine Koistinen, Sara Shea, Gretchen Eastman, Coach Majewski. MIDDLE ROW: Taylor Kerr, Laura Sauter, Breana Beck, Brittany Crosby, Kayla Fahle. BOTTOM ROW: Amanda Scozzafava, Laura Valence, Melissa Jenkins, Stephanie Shamy, Eleanor Sutton, Keri Ann Brunalt. NOT PICTURED: Katie Bascom

RIGHT: Eleanor Sutton cradles down the field on a fast-break, away from the opposing team.
BELOW: Brittany Murphy tries to win the draw.



The junior varsity girl's lacrosse team had an outstanding season this past spring. Coach Majewski led the girls through a trying, yet successful season. A lot of girls from last year kept with it and stayed on the team, as well as many new freshmen. The returning girls from last year were pleased to see that many new freshmen stepped up and came to the tryouts and brought new talent and potential to the lacrosse field. With the new season, came a new attitude on the field. Girls are showing more interest in gaining skills and improving themselves, as well as the rest of their team. With this show of dedication for the sport, we can only assume the seasons to come will be great.

Boys JV Lacrosse

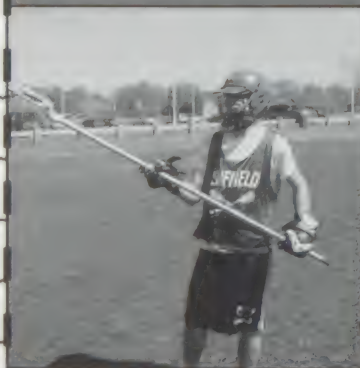


BACK ROW: Colin McGunigle, Matt Winne, Erik Murphy, Matt Breese, Kyle Doane, Joel Jordan, Coach Cervione. FRONT ROW: Tim Glynn, Dan Carney, William DeFocie, Mike Chapman, Andrew Terlesky, Anthony Cervione. NOT PICTURED: Andrew Lagana, Justin Waterman.

GO
SUFFIELD
LAX!

With a limited amount of players for the boys junior varsity lacrosse team this year, the boys still managed to pull through with an impressive season. Coach Cervione, the new JV coach has made a lot of progress with the boys. The team's and coach's dedication to their practices is really starting to show as the new coach teaches the younger boys the main skills needed for them to improve and move up to varsity level in the following years. The junior varsity boys demonstrated a successful season by improving their skills and learning to work together, as one. We can only hope to see as much commitment and teamwork next year.

Defense



"We have improved so much this season and I am excited to see how we do next year. I'll miss the seniors when they leave."

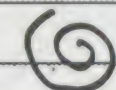
- Justin Waterman '09

Offense

"I had a lot of fun this year with Coach Cervione and we worked hard as a team. Hopefully we'll get more guys to sign up next year and our JV team will be even better."



- Colin McGunigle '09



RIGHT: Matt Breese ties his cleats and gets ready for the game to begin.

BELOW: Coach Cervione dishes out pre-game advice to the boys.



Out of the Park!

GIRLS SOFTBALL

RIGHT: Taylor Bartini accelerates down the first base line to beat the throw. Many teams have found Suffield's quick and powerful offense difficult to compete with.



RIGHT: Michele Niejadlik swings hard, aiming to bring home girls on both second and third base. The girls talented offense really completes the varsity team.



RIGHT: Melanie Chapman attempts a bunt to advance runners into scoring position. Unselfish players, such as Melanie, are a key ingredient for the teams success.



The girl's varsity softball team is a promising team to watch for in the future. With many talented underclassmen, and strong leadership of upperclassmen, the team aspires to make it to the conference championship. The girls have spent countless hours working as hard as they can in practice to become the best that they can be. If the girls continue to grow together and work as a team then there is no doubt that they will be beyond great. With hard work, an encouraging coach, and great chemistry, this championship team has the potential to go a long way. Suffield softball has not only done well in the past, but the girls are ready to make this season the best season on record. One of the toughest teams in their conference, the Wildcats are ready to drive this season out of the park.



ABOVE: Michele Niejadlik patiently waits at second base for the ball to be hit her way. Suffield's tight defense made the Varsity team a tough competitor.

Bring it!



BACKROW: Coach Johanne Presser, Michele Niejadlik, Samantha Cieri, Emily Droney, Jen Thresher, April McWha, Jess Orr, Coach Andy Lumbard
 BOTTOM ROW: Mallory Mitchell, Taylor Bartini, Jenn Silva, Beth Alaimo, Melanie Chapman, Whitney Mackay, Kara Chamberlain

Coach's Take



"This is one of the hardest working teams I have coached in my years here at Suffield. Whether we are up or down the team always seems to stick together and help

each other. The girls make coaching a pleasure and truly exemplify the word teamwork."

Coach Presser

Player's View

"SHS Softball has been a wonderful experience for me, as well as for the whole team. Our dedication and hard

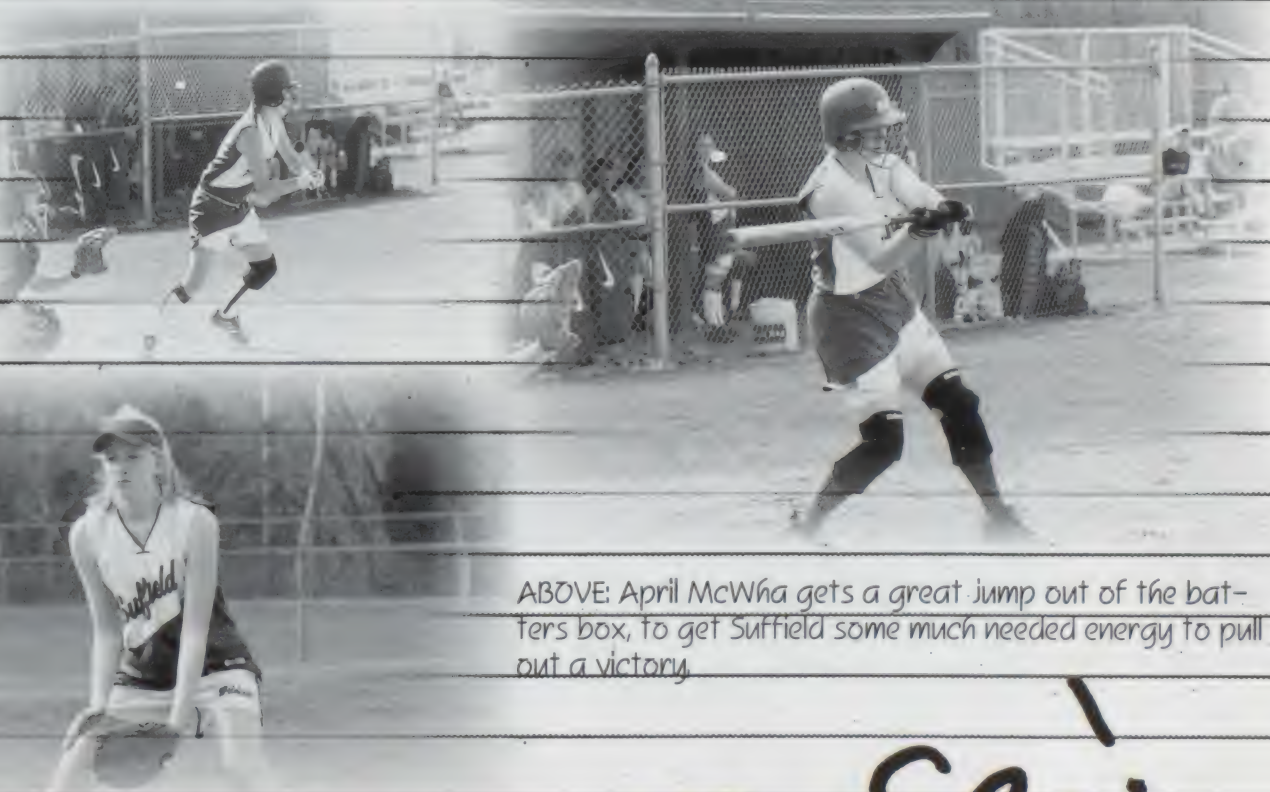


work not only made me a better player, but a better person as well."

-April McWha, '06

RIGHT: Whitney Mackay blasts the ball out of the park and scores yet another run for Suffield.

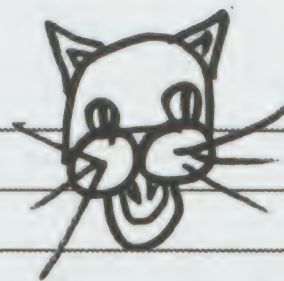
BOTTOM: Jen Thresher stays low so no ground balls will be able to get by her.



ABOVE: April McWha gets a great jump out of the batters box, to get Suffield some much needed energy to pull out a victory.

Safe!

HOME RUN!



Varsity Baseball

RIGHT: Third baseman, Steve Ireglia, fires the ball to first giving the Wildcats their first defensive out of the game.



The Varsity baseball team hoped to have a promising year. With ten returning players, they got exactly what they had hoped for. Coach Eggleston said, "If we play to our potential we could compete for the NCCC title, otherwise we could finish in the middle of the pack." With the incredible leadership of many seniors, this year was very successful. With an experienced pitching staff and a cast of key players, this team looks to make a strong run at the conference or even state title. Though the team's season started out slow as they became accustomed to the competition, they came together as a team and accomplished all the goals that they had set for themselves. Congratulations boys, great season. Good luck next year!

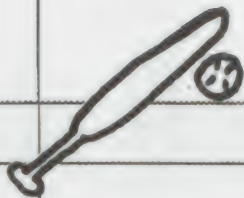
RIGHT: Tim Dupuis throws the final pitch of the game resulting in the wildcat's first win of the season versus Canton.



RIGHT: Mike Presnick slides to 3rd giving the Wildcats a man on first, second and third base.

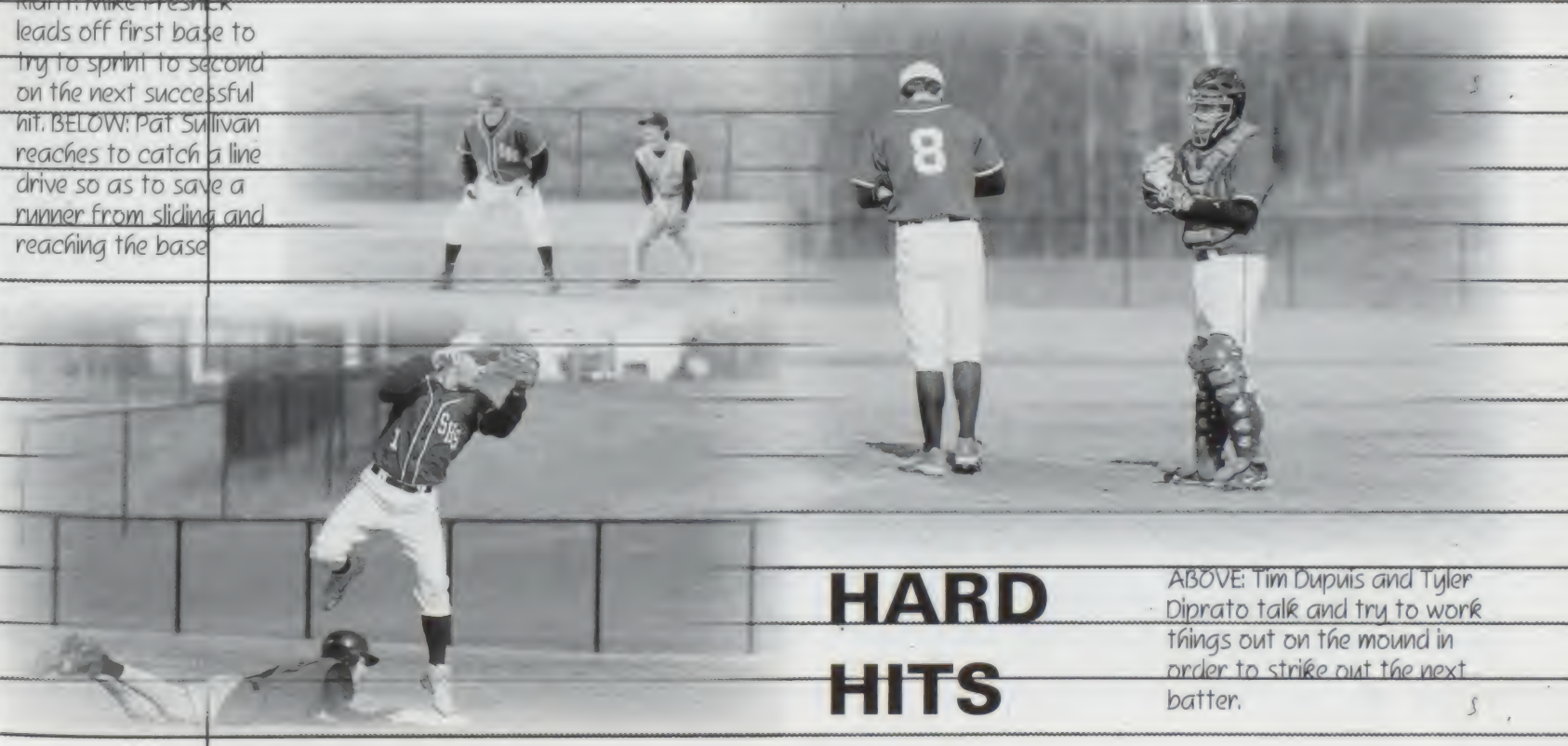


ABOVE: Second basemen, Nate Rheault, looks to the third base coach for a sign of approval after a great hit for a double. The game was filled with impressive hits from all the Suffield players.



BACK ROW: Coach Fortunato, Jim Sanville, Steve Treglia, Rick Burke, Mike Presnick, Chris Drake, Coach Eggleston. MIDDLE ROW: Tyler Diprato, James Ullmann, Nick Moskwa, Corey Vogt, Bryan Hull, Patrick Sullivan. FRONT ROW: Mike Devine, Nate Rheault, Tim Dupuis, Mark Beltramelo.

RIGHT: Mike Presnick leads off first base to try to sprint to second on the next successful hit. BELOW: Pat Sullivan reaches to catch a line drive so as to save a runner from sliding and reaching the base



HARD HITS

ABOVE: Tim Dupuis and Tyler Diprato talk and try to work things out on the mound in order to strike out the next batter.

Offense

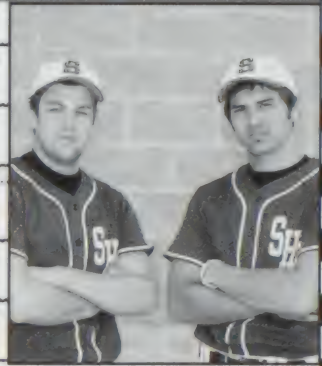


The Suffield Wildcats anxiously wait their turn to bat. During the game, enthusiastic fans and players

on the bench play a key factor in motivating those on the field. The bench also encourages the the starters to lead the team to a new victory.

Captains

The leadership of captains, Tim Dupuis and Nate Rheault, made the Suffield Baseball team a great success this year. No matter the situation, they always had something positive to say. With their help, the Wildcats accomplished one of their preseason goals, to make states.



Pitching



"This season was a lot of fun! We learned better throwing skills and we improved a ton as a team and individually."

Nick Mavis '07

Batting

"Everyone's batting skills significantly improved. As the season progressed, our batting averages increased as well."



Luke Anderson '08

JV Baseball



BACK ROW: Coach Gatto, Craig Henderson, Dean Porcello, Glen Dardinelli, Mike Duncan, Alex Cumminiake, Chris Stein. MIDDLE ROW: Tom Loveland, Max Carroll, Jordan Mazur, Sean Smith, Nick Mavis. FRONT ROW: Matt Lavoie, Chris Richardson, Luke Anderson, John Williams

Left: Tom Loveland makes a great tag on the runner to get the out.
Below: Sean Smith makes contact with the ball and sends it straight to the outfield.

The Junior Varsity Baseball team, led by Coach Gatto, had a great season due to a lot of returning talent. With a strong freshmen line up, the returning players were excited to see what the new players had to offer. Mid-way through the season the boys started to become the team that they had set out to be. They started working together as a team, executing plays not usually carried out by the junior varsity team. These young wildcats will be at the top of their game when they take it to the next level and become varsity players. One thing that made this team great is the leadership of their coach, Mr. Gatto, and captain, Luke Anderson. One of the major strengths of the team was its pitching. Nick Mavis, Chris Stein, and Sean Smith all pitched for Suffield this season. The boys finished the season strong with an estimated record of 0.500.

Go Wildcats!

JV Softball



BACK ROW: Amber Hadeau, Lauren Merrick, Katherine Kenny, Melody Albert, Samantha Bielecki, Coach Gaillard. MIDDLE ROW: Christina Doane, Kylie Gifford, Alexandra Wilson, Amanda Emery, Kalleigh Peterson, Lauren Stockton. FRONT ROW: Liz Breene, Brynn Scazzari, Colleen Moroney, Caitlin Brault, Kirstie Albert.

Infield



"We played great this year and picked up some really good wins. We came together as a team and showed the other teams

what Suffield's made of..."

Sam Bielecki '07

Outfield

"From the outfield we can really get a visual of the team and it was awesome to see everyone focused and working together to play the game."



Alex Wilson '08

Safe!

The Junior Varsity Softball team was not only dedicated this year, but proved tough competition for all who played them. They followed right in the footsteps of the varsity team with a great record. This season was particularly great because the girls did not lose many games and when they did they never gave up. Coach G often told the girls to "Jump on them [the opponents] fast and quick." This team did just that this year. Not only were the girls quick on the baseline, but also when it came to batting and field work. The teamwork the girls demonstrated this year was more than any coach could have asked for. The team rarely made errors defensively and they did not leave girls on base. This seasons can be largely credited to the great coaching and leadership of Coach Gaillard. Coach "G" expected them to not only play well but also have fun.

RIGHT: Kalleigh Peterson steps up to the plate to bat in some more runs for yet another win.

BELOW: Kirstie Albert makes a play on the ball and throws to first for an out.



Ace This!

Girl's Tennis

40-15

RIGHT: Kelly Heath prepares to strike the ball with a swift underhand stroke. This basketball star has game on any type of court.



RIGHT: Ashley LaBarre is ready and waiting for the ball to be served to her from her opponent across the court.



Nice Volley

RIGHT: Ali Bromson returns the ball hard to her opponents as doubles partner, Lyndsey Zavzisa looks on waiting for her shot to get in the game.



Win! is the motto of the girls tennis team this year; a motto, and a goal which has certainly been reached. With nine talented upperclassmen, this team is a force to be reckoned with. Many strong underclassmen and newcomers to the team round off the starting positions. Second Singles player Jessica Haffner played exceptionally well this season, and is expected to go far in the continuing years that she will be on the tennis team. Ashley Labarre, joining the team her Sophomore year, being a natural athlete has shown a vast improvement and an exceptional skill in learning technique fast. There were a few other teams this year that the girls knew would be hard fought matches, but they never let fear get the best of them. Intimidation not a factor in the way this team works, the girls challenged their opponents, and themselves.



ABOVE: Jessica Haffner shows her speed and agility as she clips low to save a ball from bouncing out of bounds.

○

No unforced errors!



ABOVE: BACK ROW: Jessica Haffner, Ashley Boudle, Ally Rogers, Bethany Klose, Kelly Heath, Ali Bromson, Lyndsey Zavisza, Coach Senofonte. FRONT ROW: Alexandra Smith, Rachel Packard, Muriel Hoffacker, Jennifer Senofonte, Sara Brueno, Elizabeth Shamy, Ashley Labarre, Megan Murphy

Discipline



"You've got to have determination, a good work ethic, and a stick-to-it attitude to win in tennis, or any sport for that matter. It also really helps if you're there for your teammates and supportive of everyone."

Rachel Sherwood '07

Teamwork

"This team is so easy to get along with, and everyone works just as hard as the next girl."

Jen Senofonte, '06



"Being the captain of a team with such awesome girls really is a pleasure, and we had great success this season because of it."

Sarah Brueno '06

Captains →



LEFT: Liz Shamy concentrates on keeping her eye on the ball during an especially tough match. ABOVE: Bethany Klose runs to make an amazing backhanded hit at her opponent. RIGHT: Ali Bromson, Captain Sarah Brueno, and Manager Liz Lancaster patiently wait for the matches to begin.

WHERE IS THE LOVE?

5

Singles



Mike Ansman '06

"This season was a good one; the key is to not take yourself too seriously. But I had a great time getting a really bad sock tan."



Great Serve!



Doubles

"Playing doubles is a lot of fun, you don't have to really run for far court hits, the only thing is to just make sure your partner's got your back, and you're there for them as well, or else you won't be

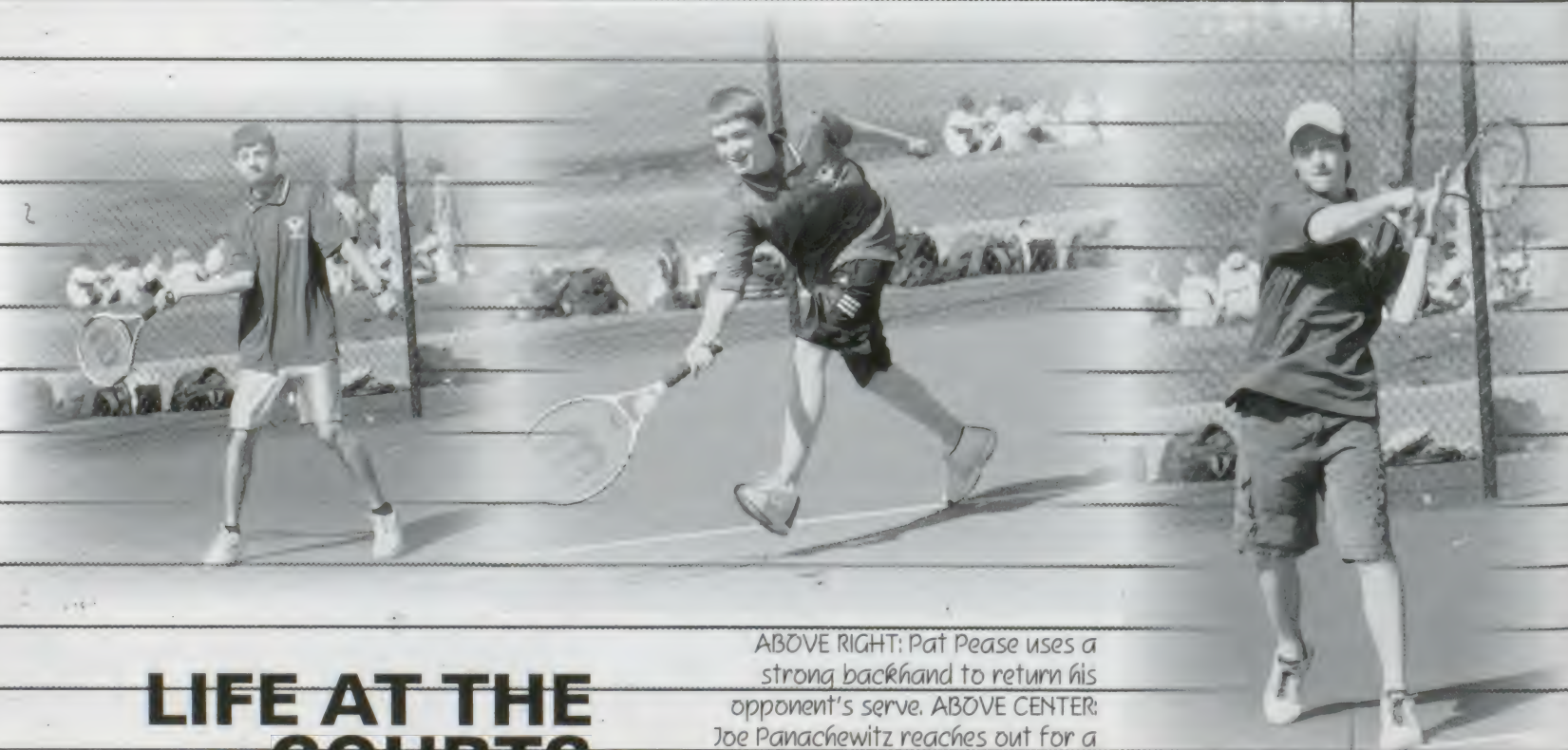


successful."

Mike Deedy '06



BACK ROW: Matt Brew, John Cosker, Mike Deedy, John Gancarz, Tom Barker, Jeremiah Hunnihan, Chris Oprica, Noah Mealy, Coach Beigel. FRONT ROW: Jimmy Chmiel, Pat Pease, Mike Ansman, Eric Heaney, Colin Packard, Brendan Kearney, Micheal Cristina.



LIFE AT THE COURTS

ABOVE RIGHT: Pat Pease uses a strong backhand to return his opponent's serve. ABOVE CENTER: Joe Panachewitz reaches out for a low placed return. ABOVE LEFT: Matt Brew concentrates hard to hit the ball with a skilled forehand.

Game, Set, Match!

Boy's Tennis

Despite the loss of four starting seniors last year through graduation, the SHS Boy's Tennis Team managed to stay strong this season. Coached by Mr. Beigel, the boys worked hard on everything from backhands to baseline serves. Colin Packard, this year's First Singles player, worked hard and played well, while still being able to have fun. "Tennis is a great sport," says Second Doubles player Chris Ewald, "because I can always play just for fun, and it's something I can do with friends when I'm old too." Newcomer to the team, Brenden Kearney also held starting positions throughout the season, and Mike Ansman, Second Singles player, and Jimmy Chmiel, Doubles player, were consistently strong all season. The addition of some new players, plus two freshmen, led the seniors to believe success is possible in the future of this team. Matt Brew, Fourth Singles player, is looking to take over top starting spots next season, with the loss of seniors this year.



LEFT: John Cosker strides to the baseline to set up a great hit.



LEFT: Eric Hedney always follows through strongly when using his backhand during doubles matches.



RIGHT: Colin Packard ranges to his right to make a great forehanded return. Colin was a real leader on the team and hopefully he made a lasting impression on the younger members.



LEFT: Brenden Kearney reaches out to put his own personal flare on his forehand.

HOLE IN ONE!

BELOW: Coach Cunningham looks and points far ahead at the ball Shannon McCann just drove to the green!



ABOVE LEFT: Cassie Pavel follows through with a powerful back swing as she watches the ball soaring and flying through the air away from the tee. ABOVE: Michelle Kelly winds up for a big, strong swing to propel the ball as far as she possibly can.

Driving



"This season has been hard because our team was so small, but we ended up having a lot of fun and doing well. I hope next year that

more girls will be interested in golf to keep the team going."

Shannon McCann '07

Putting

"This season the girls did well, even though at first they struggled to get the team together. We had our doubts in the beginning, but they proved themselves and we all were impressed."



Coach Kilby



ABOVE: Shannon McCann, Michelle Kelly and Cassie Pavel

FORE!

Girl's Golf

18

The girl's golf team this year had a rough start, with only girls signing up and showing interest in the sport. The team started off small, and faced the problem of having a cancelled season, due to lack of girls joining the team. Even though they were small, the few members were persistent and kept the team together. With Coach Cunningham and Coach Kilby's guidance the girls excelled past our hopes and came out with a very successful season. This season acted as a rebuilding year for the girls, where they all learned the basic, yet crucial skills needed to get better for the years to come and to better the future of the girl's golf team. Next year we are hoping for a growing interest in the girl's golf team, and a promising next season.



LEFT: Michelle Kelly considers the best angle to work her shot so her putt gets in the hole and she stays within par.



LEFT: Shannon McCann sets up her tee to take her big swing to place the ball on the green.



LEFT: Michelle Kelly watches fellow teammate, Cassie Pavel takes her final stroke to get a birdie!

ABOVE: Cassie Pavel follows through on a powerful swing to land the ball on the 18th green at an important match.

Right Up to Par

Boys Golf

RIGHT: PJ Masso follows through after a powerful drive across the green toward the hole.



RIGHT: David Pianki aims and chips the ball near the hole, hoping for a low score.



RIGHT: Mike Dzioba scans up the green, contemplating his next stroke up toward the hole.



Through great dedication and skill, the Boy's Golf Team has enjoyed a tremendously successful season. The team, consisting of Seniors Mike Dzioba, Jason Thresher, and PJ Masso, and Juniors David Pianki, Vinny Morelli, Nico Connor and Brian Depray, has proven to be a hard one to beat. Many players this year have stepped it up, reaching personal and team goals. Jason Thresher, a strong contender, shot a 32, nearly breaking a school record. He has also been a medalist in many matches, receiving the lowest scores, and having the best game. PJ Masso has consistently helped out the team with strong scores. Vinny Morelli's hole-in-one capped off a great season, in which the leadership of Coach McCullough and Coach Aniello led the boys to achieving success. With a group like this, the competition will really have to work hard. Congratulations guys on a terrific season!



ABOVE: Jason Thresher, focusing in on the ball, winds up for a strong swing to help put Suffield ahead of the opponent in a tight match.



FORE!



ABOVE: Left to right; Coach McCullough, Mike Dzioba, PJ Masso, Jason Thresher, David Pianki, Vinnie Morelli, and Coach Aniello.

BELOW: Coach McCullough looks on from the side, offering advice to the boys on how to improve their game.

BELOW: Jason Thresher aims for a perfect putt, trying to sink the ball in one shot.

Driving



PJ Masso '06

"What a great group of guys. Mike, Jason and I will miss this team and the successful season."

Putting

"With such a great coaching staff, it was almost easy for us to do well. I'm really proud of the team this year and wish them luck as the three seniors graduate."



Jason Thresher '06



DREAM TEAM

ABOVE: Coach Aniello looks pleased with the boys great talent in the match.

Run Girls!

Girls Outdoor Track

RIGHT: Freshman Chelsea Hunter flies over her hurdle, smashing her competition. Suffield performed better in hurdle events this season than in past seasons.

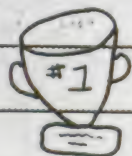
Wow



RIGHT: Kaitlyn Martin from the class of '09 leads the pack of runners in a close relay race at an invitational meet.



RIGHT: Runners Meredith Lowe and Danielle Monsiegnur take a break during an intense meet to smile for the camera.

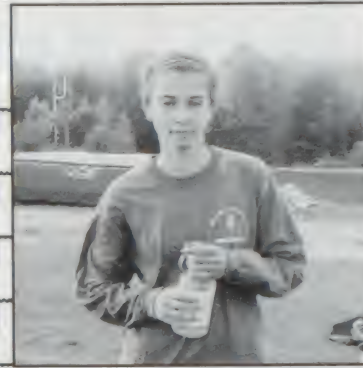


At 10-1, it was a victorious season for the girls track team this year. A team comprised mostly of underclassmen was lead by senior captains Danielle Loughrey and Jessica Giller, who kept the team motivated and close throughout the season. Rarely does a team benefit when it's mostly made up of freshmen, but the lady wildcats were an exception to this standard. Though the girls on the track were unstoppable, the team would not have had nearly as many successes without hard work evident in the field events. Sophomore Alexandra Messmer was vital in the pole vault, securing a new NCCC record for Suffield at the conference meet. Also, in the season ending NCCC meet, the girls continued their success with a strong second place finish as a team. Danielle Loughrey, Alexandra Messmer, Danielle Monsiegnur, Navina Vemuri and Elizabeth Trieber aided the team with first place finishes at the meet. At the Class M State Championship the girls placed well and sent many team members on the State Open. After such an accomplished season, we can only expect the best for years to follow.



ABOVE: Sophomore Alexandra Messmer gives everything she has into her long jump event. With such a look of determination, she will surely secure a first place win for the wildcats.

Track &



"We had a really good season this year! It was surprising because we lost '06 senior, Whitney Tagliavini,

and had a lot of new freshmen. All the girls really pulled through though, and it was a fun season."

Danielle Monsieigneur '07

Field

"This season was definitely one of our best. With a record of 10-1, we all worked together as a team to have many victories.

We also improved in our field events, which is where we used to lose a lot of points. It was such a good season, and we're honored to be captains of such a successful team."

Danielle Loughrey & Jessica Giller '06



BACK ROW: Coach Smith, Natalie Patterson, Fosié Cauley, Kaitlyn Martin, Michelle LaPlant, Sydney Grout, Lauren Cappa, Kasey Merrick, Holly Chamberlin, Chelsea Hunter, Lisa Johnson, Coach Sincrope MIDDLE ROW: Jennifer O'Leary, Kashema Little, Christa Brown, Kaitlin Butterfield, Ayesheh Nims, Elizabeth Treiber, Alexandra Messmer, Alexandra Kuras, Kelly Blencko, Samantha Stafford, Meghan Cocco, Nicole Loughrey BOTTOM ROW: Navina Vemuri, Danielle Monsieigneur, Nicole Boudreau, Nora Parsons, Stacy-C Cauley, Danielle Loughrey, Jessica Giller, Erin Waters, Andrea Ruotolo, Chloe Fortin, Aneisa Sherman NOT PICTURED: Courtney Bednaz, Marissa Parker, Kayleigh Brown, Kera Simmons, Rebecca St. John, Melissa Tiffarelli, Nicole Tiffarelli, Stephanie Tyman, Meredith Lowe, Silvana Luongo, Ashley Terlesky

FAR RIGHT: Courtney Bednaz helps Ali Kuras stretch before a race RIGHT: Suffield runners take the lead in the women's 800. BOTTOM: The perfect running shoe is something each track member searches for.



NO PAIN, NO GAIN

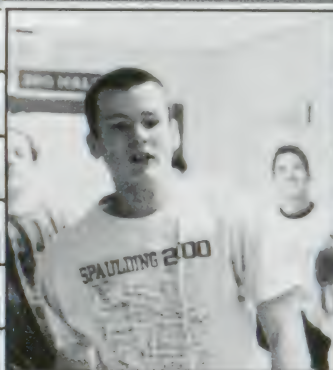
JUST KEEP RUNNING!!



LEFT: Mike Tassinari passes the competition in a long distance race. Tassinari was a real leader on this year's team and helped a lot.

ABOVE: Anthony Longhi gets ready to clear the high jump bar. Longhi had a great season and helped the team get more wins. LEFT: Walter Malik throws the shot put into the pit. Malik was a young member that really contributed to the success of the team.

Track &



"We had a good season this year. We had some younger guys step up and make a real difference to the team. I was impressed by the young talent that our team has developed."

Robby Parise '08

Field

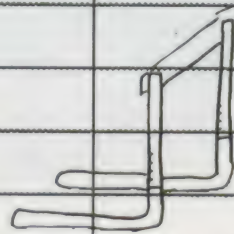
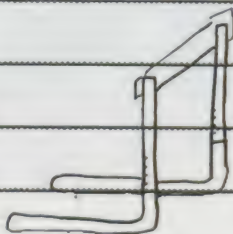
"This season I reached the goals I set for myself at the beginning of the season and I think I really helped out the team. This was supposed to be a rebuilding year but we ended up doing well. Next year we should repeat."



Brian Gracey '08

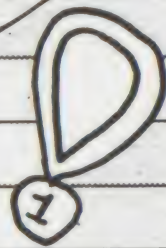


BACK ROW: Coach Smith, Nate Sheridan, Justin Pierce, Logan Horner, Wesley Louderback, Patrick Henderson, Joe Rigby, Coach Sinierope, Coach Deanna MIDDLE ROW: Walter Malec, Bryan Sutton, Brian Gracey, Kevin Muscarella, Robby Parise, Andy Parent, Joshua Giller, Ian Shulman FRONT ROW: Roydel Patterson, Anthony Longhi, Dave Wilson, Tom Parise, Alex Sauter, Jaime Brause, Matt Rigby NOT PICTURED: Dane Scozzari, Dale Rollet, Jameson Groust, Jacob La Valley, David Shelanskas, Michael Tassinari, Michael Holland, Casey Merrick, Jamal Saleh



Passing the Baton

Boys Outdoor Track



After losing a few first-rate seniors, this year's team had to step it up. In the end, the team had a very successful year. As the season went on, the guy's progress was extraordinary. Advancement could be seen in every area from long distance to throwing. Demanding workouts and testing practices kept all the athletes competing in top shape. The season did, however, have its obstacles just like every other season, but the team prevailed with many great wins over some difficult teams. The team did not always win but they always came out more mature and closer as a team. Sportsmanship and teamwork were evident from the start and they used these qualities to reach the goals they set from the beginning of the season. Many of the more skilled athletes made it to the higher levels of competition but all the athletes came out of the season with a valuable life lesson.



RIGHT: Jameson Grout runs past the competition to a home victory. Grout was a leader for the team in his third year.



ABOVE: Roy Paterson leaps into the pit for another great long jump. Roy was a powerful force in some of the field events as well as going over the hurdles.



RIGHT: Brian Gracey gets some points for the team by jumping over the bar in pole vault. Brian set his bar high this year and achieved his goals.



RIGHT: Justin Pierce keeps up with the competition in a sprint. Justin ran well as a younger member of the team.

Spring Sports Review

In Outdoor track, Danielle Monseignor has focused her abilities to the distance races at meets. During practices she spends the time running miles around the school and Bruce Park. She hopes to have her hard work pay off for a place at conferences. In the boys area, Roy Patterson is known for his great performance in the 400 meter hurdles.

Outdoor Track



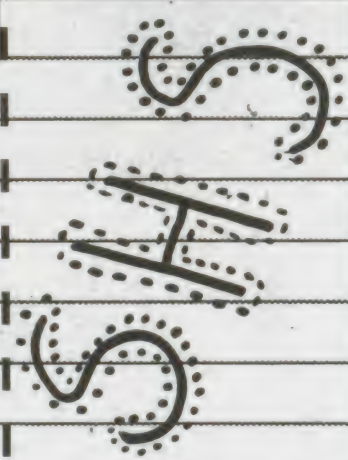
This year's spring season was filled with amazing athletes giving it their all. From the baseball diamond to the lacrosse field, athletes have risen above the average teammate and shined. In all sports, being a well-rounded player is important. The ability to play offense as well as defense is what these players have. They not only have the skills for the sport, they are also able to play the entire game. Sports are not the only thing that these players think about. All of these players are involved in extracurricular activities and work hard to get good grades.

Boys Baseball



Captain Tim Dupuis, is the Boys Varsity Baseball team's star pitcher. He has countless strike-outs that has led the team to victory. Not

only can he pitch but he plays great offense and is known for his hard hits. He has been a three-year Varsity starter and his leadership and skills will be missed next year.



Girls Tennis



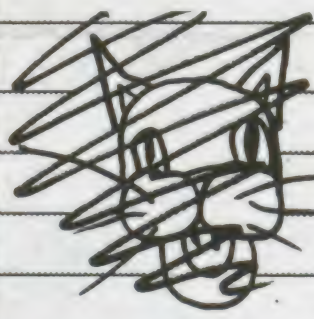
Lyndsey Zavisa and Ali Bromson have been noted to be the top two single players for the Girls Tennis team. Although they do not play together in doubles matches, they both excell in any match they do play. Lyndsey describes this season as "her best yet." Practicing everyday and during gym class has really improved her game.

Softball

"You're out!" is a common phrase heard at an SHS Girls Softball game. Mallory Mitchel is the team's pitcher and is known for her fast pitches.



She is not only aggressive on the pitching mound but is a strong hitter as well. Being a well rounded player is important in a game like Softball.



Boys Tennis



Colin Packard is the top singles player for the Boys Tennis team. He has had a very good season this year, winning most of his singles matches. He is also a great player to work with in the doubles matches.

intense

Mountain Biking Club

Olle Svenson is an active member of the Mountain Biking Club. He dedicates his afternoons and some weekends to riding on paths and working on tricks.



Girls & Boys Golf

For the girls and boys Golf team, Jason Thresher and Michelle Kelley have really stepped up their game. Both have put all of their effort into the skills and tactics of Golf.



Girls Lacrosse



Lauren Smith is the Varsity Girls Lacrosse team's lead scorer. This year she scored 37 goals and has 7 assists. Lauren's

offense is just as spectacular as her defense. No matter what position she plays, she is outstanding. As one of the team's captains, she not only has great leadership but continues to get the girls pumped up for games.

Boys Lacrosse

Attack man Ben Sweeney is noted to be one of the strongest offensive players on the Boys Varsity Lacrosse team. On defense, Doug Hackenyos is by far the most aggressive defender.



Together they make the boys team strong and a thrilling game to watch.

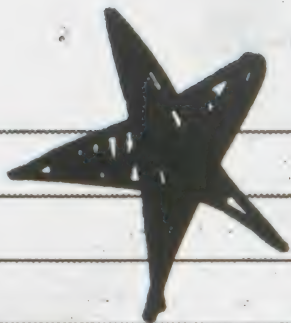
RIGHT: Captain Doug Hackenyos quickly sprints to guard his man during a tough game.

BOTTOM: The boys one mile racers line up to begin the challenging race. Pacing yourself is key.



ALL STAR PLAYERS

ABOVE: Jen Silva warms up on the side lines for her turn to bat. Bases are loaded putting on the pressure.



BELOW: Two juniors, Kelly Bielorko and Ally Czerniak during the pudding eating contest at Spirit Night.



intense



LEFT: Students whose classes had 100% participation in the toys for tots fund-raiser enjoying their morning with the donuts they received as a reward.

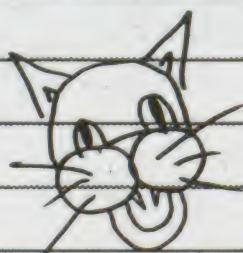
BELOW: A group of seniors getting pumped up before one of their games at the volleyball marathon.



ABOVE: Students that participated in the Spring musical dressed up as knights.



Throughout the year many memorable events have taken place. These events define our schools individuality and make the year more exciting for both the students and staff. Events such as Spirit Night and Volleyball Marathon brings out the wildcat pride in all. The Drama productions allow the amazing talents in the school to shine. Not only do these events bring the school together, they also give the student body something to look forward to each year.



Events at Subfield High

Below: Scott Spremulli and Anastasia Breault pose for the camera before stepping out onto the dance floor.



TOP: Seniors Michelle Clayton and Kelley Cmara with junior Mary Bauchiero after a long night of fun and laughs at prom.
BOTTOM: A group of sophomore girls enjoying the evening at the underclassman semiformal.

friends forever!
♡

Suffield On The Green

Work hard, Play hard

As the summer Rotary Club Chicken days start to get shorter and the students return to school the town of Suffield starts to prepare for Suffield on the Green. This town green is the primary tradition that goes back many years is a great chance for everyone to get together and celebrate what our town has to offer. No matter how old you are there is something to do. From the amazing food on the South green where Fried Dough and the

are a favorite, to all the class booths that are on the North Green, you are bound to find something to do. The green is the primary fund-raiser for each of the grades. The money raised goes toward the senior year activities that everyone always looks forward to. Along with the classes the sports team at SHS are starting to get represented too.



Below: Kate Eheander looks at her quarter midget race car, which was a highlight of the Girls Swim team booth.



Above: Juniors Alex Wilson, Kristie Albert, Sean Deford, and Alyssa Frechette at their booth selling hemp bracelets, which were a huge hit.



Below Left: Sophomores Nicole Salamone, Rachel Bromson, Kallie Sullivan and Coleen Mononi hard at work raising money for their class.

Below: Seniors Danielle Monsieigneur, Bethany Klose and Kim Dupuis along with class advisor Mrs. Kochanek pose in front of the dunking booth.

S-U-F-F-I-E-L-D



He Said



"Suffield on the Green is always a great time. The whole community seems to really come together."

KEVIN CONNELLY '08

She Said

"Suffield on the Green is an awesome way to raise money for our class even if it does mean getting a little wet"

ANDREA RUOTOLO '07



Above: Freshmen Maggie Reeves and Molly Drenzek show off their singing talents at the Karaoke contest that took place on Saturday Afternoon



Above: Mr. Migliore directs the Jazz Band at their amazing performance which opened the green on Saturday Morning.

Mr. Suffield

Pretty Boys

For the past 3 years Suffield High's Senior guys have strutted their stuff on stage in hopes of being crowned "Mr. Suffield." This year was no exception. Suffield High School's 3rd annual male beauty pageant was unforgettable. From snazzy formal wear to revealing swim wear, the Seniors guys worked the catwalk. Eight boys competed in the pageant this year. The pageant is

on by the student council every year as a senior class fundraiser. This year the pageant grossed over \$2000! In the end, Joey Stepansky was crowned this year's Mr. Suffield. As Mr. Suffield Joey attends events such as Spirit Night and basketball games in his crown. Mr. Suffield has definitely become a much beloved tradition here at SHS.



Who will be crowned?



ABOVE: Ron Burgundy's surprise appearance during the talent portion of the pageant was more than warmly received by the audience.



ABOVE: Not only did the boys get dolled up for the pageant, but the escorts did as well. Top row (left to right): Nicole Boudreau, Chloé Fortin, Sara Shea, Danielle Mousiegnier, Kathryn Simison, Lauren Kochanek, Jamie Turner, Patty Graham, Lauren Smith, Liz Lancaster, Melanie Chapman, Alicia Baumann, Gretchen Eastman, and Crista Rookey did a fabulous job making the pageant run smoothly.

BELOW LEFT: Mr. Garvey takes a minute to pose with hosts, Jeff Colopetro and Matt Banak. Matt and Jeff definitely added comic relief to the intense competition

BELOW: In the end, Joey Stepanski was crowned this years Mr. Suffield. Joey's runway strut and killer dance moves won over the hearts of everyone in the audience



He Said...



"Performing was a little nerve racking because I didn't really know how to skate, but in my opinion my owned in talent."

ANTHONY SPERAZZA '07

She Said...

"Overall Mr. Suffield was a huge success. It not only raised money but ended up being an enjoyable evening for all."



MRS. KOCHANEK
ADVISOR FOR THE CLASS OF 2007



ABOVE: All the contestants wait patiently on stage while the scores are tallied before the winner is announced.

It Pays to Give



Toys for Tots

This year's annual Toys for Tots fundraiser was an amazing example of Suffield High School's unconditional generosity. This year, Toys for Tots raised over \$7,000 in gifts, money, and gift cards. The National Honors Society runs this wonderful holiday fundraiser every year. Living in such an affluent and wholesome town, it is easy to forget that others are not as fortunate as we are here at SHS. Toys for Tots is put on each year by NHS as an opportunity for students at SHS to share with those who may not receive gifts during the holiday season. Gifts are collected each year during second period by members of the National Honors Society. Classrooms with 100% participation are allowed to attend a donut party and are put in the running for a trip to the mall to buy toys with the money that has been donated. This year, 17 classrooms had 100% participation and Mrs. Klaus's, Mrs. Willard's, and Mr. Gowdy's second period classes were chosen to attend the mall field trip. Overall the Toys for Tot's fundraiser is a wonderful gift that students here at SHS give to others each holiday season.



ABOVE: Students from the three classes chosen for the shopping trip take a minute to show off all the toys they were able to purchase with the money Toys for Tots raised.



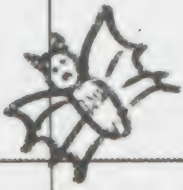
BELOW: NHS member, Pat Pease shows off a Pooh Bear stuffed animal that a member of Mr. G's second period class donated.

RIGHT: NHS member's, Randy Parker and Allie Rogers collect toys from Evin Lantz and Alex Smith in Mr. Gowdy's class.



BELOW: Sophomore, Britney Denue and Junior, Chris Coates devour their donuts. As a sophomore, Britney brought in a toy for children in elementary school while Chris gave to kids in middle school.





Halloween Scene

The Masquerade Ball

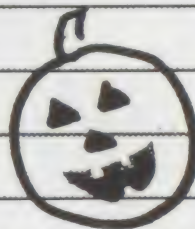


ABOVE: NHS members, April Nicoterra, Sara Kubert, and Crystal Saunders show off their festive costumes.



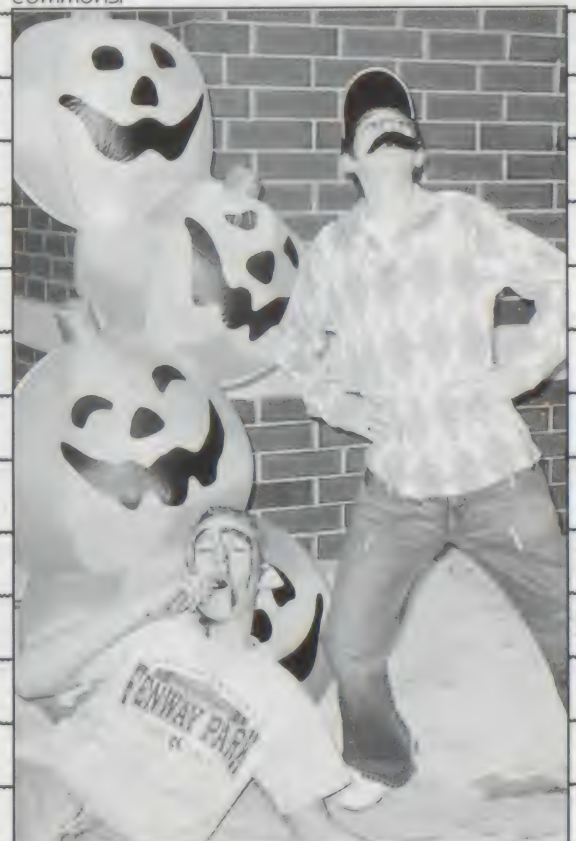
RIGHT: Nicole Torres, Elisiah Dorsey, and Stacey Isbister take a minute to pose after playing volleyball in the gym.

Usually every year NHS puts on the Halloween Bash, this year however they tried something a little different - the Masquerade Ball. The ball combined spooky tricks with tasty treats. From Halloween themed games to pumpkin painting and dancing the night was a huge success. Instead of charging admission, the members of NHS collected canned food as a fundraiser for the local food kitchen. The ball was particularly enjoyable because it allowed everyone to dress up and have fun while donating to a good cause. The Masquerade Ball was also a huge hit with with female students in particular because it gave the girl an excuse to wear old prom and semi-formal dresses one last time. Upper classmen always enjoy school functions around this time of year because although they may be little too old to go out trick or treating they can still dress up and have fun on Halloween.



BELOW: Geoffrey Minor and Branden Bellonko show off their gorey costumes next to the light up pumpkin patch that has been set up in the commons.

BELOW: Ashley Brightman, Nicole Tedone, Casey ****, Guillian Tittarelli, Mr. Larsen, Christa Brown and Shelby Bermari get excited just walking into the bash.



Break Out

This place is a prison... ○

LOCKED UP!

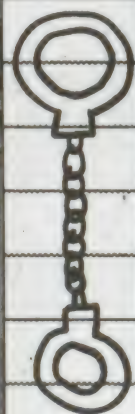
Senior Spirit Night

BELOW: The senior class waits for the start of the game

The 2007 Seniors have been the first class ever to win the entire spirit night two years in a row. It was not just the winning the skit that was such an accomplishment but the class came together and won spirit week, the penny wars, and most of the games at Spirit Night. The senior skit had a prison theme, which involved strobe lights, black lights, a prison fight, cage dancers, and prisoner dancers. The combination lights and a great mix tape help get the judges votes. As the Senior's last Spirit Night, it will surely never be forgotten.



BELOW: Senior boys draw their prison tattoos.



LEFT: Pat Pease and Lauren Gates frantically pour pennies into the senior jug before 3rd lunch ends.

BELOW: Mr. Garvey shows his Senior spirit with Diana Mark.



LEFT: For the toilet paper wrap, Anthony Sperrazza finished first with enough time to do a victory lap around the gym.

BELOW: Mr. Garvey announces the winner of the night.

BELOW: SAB members carefully watch the penny war.



BELOW: Allison Zaczynski and Erin Horanzy film spirit night.



BELOW: Liz Treiber, Brittany Crosby, Alex Mesmer, Kirstie Albert, Jenn Thresher, Shannon Smith, and Alex Wilson pose for a quick picture in front of their Arabian Palace.

Arabian Nights

2008 Junior Spirit Night



The Junior-Senior rivalry never fails to be intense. With the pressure of the last 3 years of Juniors victories, the class of 2008 worked their hardest to outdo the Seniors. Their skit included live snakes, a 6 foot genie lamp, a ninja sword fight and a tragic love story played by Brian Hull and Ashley Agudelo. With a catchy mix and creative ideas they were tough competition. Overall the Junior class came in second for skit, decorations and the entire competition.

Arabian Nights

BELOW: Even with the competition of spirit week, Senior, Alex Wright and Junior, Taylor Bartini are still able to walk to lunch as friends.

BELOW RIGHT: Laura Sauter, Taylor Kerr, Kara Chamberlain, Whitney Mackay, and Jessica Nadeau pose in front of the enormous genie lamp.

FAR RIGHT: Megan Fletcher shows off the junior decorations.



BELOW: Ashley Agudelo and Brian Hull pose at lunch.

BELOW: Kristin Pepler shows off the live snake.

BELOW: Shawn Deford reveals his flexible side.

BELOW: Junior girls show their class spirit.



Wild, Wild West

Sophomore Spirit Night

09

BELOW: Allie Dag-
gio, Brittany Denme
and Gabby Mac-
cari pose quickly
right after their
western kit

With one year of experience under their belts, the class of 2009 made this year count. Their western theme skit was certainly eye catching. The skit included a western line dance routine, a bar fight, and a saloon. Next years competition will definitely be intense because both the class of 2008 and the class of 2009 performed incredibly this year. Overall the Sophomores placed third. The Sophomore class really welcomed SHS to the Wild, Wild, West.



ABOVE: Nicole Loughery, Rachel Packard, Kayla Fahle, and Kristin Horanzy wait at lunch to be counted for points towards their class.

BELOW: Brianna Lertora gets low for the limbo competition.



WESTERN

LEFT: Kristin Overson and Mitchell Flagg open wide to quickly devour the donuts during the donut eating contest.

BELOW: A cow skull and wagon wheel were perfect decorations for the wild west skit.



BELOW: Soo Kim, Stephanie Yuan, Nicole Picard, Katie Sullivan and Kaitlin Sych quickly pose for a photo before their performance.

Freshies Step Up Freshman Spirit Night



Freshman usually have a difficult time with Spirit Night, due to lack of experience, but this year the class of 2009 really did *step it up*. With an amazing dance performance by both Nicole Picard and Keith Leonhart the other grades couldn't help but sing and dance along. Although the Freshman class is not typically considered much competition, this years "Freshies" really made the upperclassman work for their standings.

2010

RIGHT: Kyle Delair speeds around the wrapped freshmen to get the class ahead.
 BELOW: The Freshmen work to get themselves untangled from the human knot.



ABOVE: Tara Bendreau and Maggie Treaber show their class spirit by wearing the Freshman class color.
 BELOW: Anna DiLorenzo and Andy Shea wait in the gym with SAB for the doors to open and Spirit Night to begin.



DRACULA



A night of fright!

BELOW BOTTOM: Henry, played by Anthony Lough, stops for a picture with some fans from the class of 2008.

BELOW TOP: Crew members; Crystal Saunders, Ana Kubetin, Stephanie Landry and Aaron Bielanko stop for a quick picture at the end of their production on Saturday night.

The evenings of October 20th and 21st held a spooky atmosphere as a modern day production of Dracula was performed at Suffield High School. Making the play more interesting was how the cast brought the production to life. Instead of the setting taking place in the traditional Transylvania, Dracula, played by Gregory Moser, resides in New York City. The vampire's new destination spot is Suffield versus the original, London, England. Along with the change of location, the language was switched from a more formal tone and vocabulary to that of a vocabulary easier to understand for all audiences. The drama crew also changed the wardrobe of the vampires to match that of the typical gothic clothing style. Said Danielle Moores, '07, "I loved how they made everything more modern day, it was one of drama's best productions!" Not only was the play a hit, but it was a well cast production.



ABOVE: Michelle Kelly and April Nicotera pose for a picture with Mrs. Navratil. Help from teachers such as Ms. Holland and Mrs. Navratil were crucial for success with the play.

ABOVE: Kim Tousseint and Ariel Rogeness stop for a quick picture at the end of their last production.

ABOVE: Cassandra Pavel and Cassandra West pose together, still in character, after the show on Saturday night.

ABOVE: Dracula, played by Gregory Moser, sucks the blood from Tyler August's neck.

BELOW: Johanna Ruckey, who captured the role of Dr. Van Helsing, is all smiles with fellow cast member Cassandra West after a well done performance that received countless great reviews.



He said...



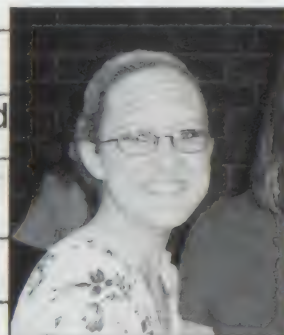
"I had a blast playing the role of Dracula. We had a great cast, and everyone just had a lot of fun with it."

GREGORY MOSER '07

She said...

"This was our best play yet. It was a lot of hard work, especially being a student director, but it paid off in the end!"

MICHELLE KELLY '07



Suffield High School
Presents
DRACULA



ABOVE: Kelsey Tavino, Jennifer Demuro, Adam Santoniello and Evan Laux exemplify the "gothic style" clothing the cast members wore during the production.

Winter In Time Square



Junior/Senior Semi-Formal

It was a few weeks before Christmas and all through SHS thoughts of the semi formal danced in students' heads. Juniors and seniors rocked the night away December 9 to a Time Square theme. "I loved that they even had it decorated with a tree like the one from Rockefeller Center. It gave a New York feel that much more!" said Ali Murray '08. With the girls dressed in glamorous dresses and the boys in their snazzy suits, the upperclassmen of Suffield never looked so good. The students danced to a variety of music provided by an awesome DJ until 11 p.m. Semi-Formal is always fun because it is not as expensive and time consuming as prom, but still gives everyone an excuse to dress up and have fun. Though it was the last semi formal for the class of 2007, the juniors can look forward to a great dance next year.

BELOW: Matthew Banak, Ben Brown and Rob Emery pose in front of SHS' brightly lit Christmas tree.



ABOVE: Emily Tracey and her date share a dance together as they reminisce about the night thus far.



ABOVE: Justin Phillips and Eric Heaney joke around on the dance floor before they set out to find some cuties to dance with.

* * * The Holidays
Are upon us! * * *

BELOW: Whitney Mackay, Taylor Bartini and Melissa Jenkins smile and show off their festive dresses as they pose together.

MIDDLE: Josh Giller, Laura Sauter, Justin Degen and Shaughn Flynn take a break from dancing to pose for a quick picture.



ABOVE: A group of senior girls pose together for a picture to remember the night.



ABOVE: Shawn Jordan and Andrea Ruotolo share a romantic evening together at their last semi-formal.



ABOVE: A group of seniors dance to the electric slide together at the beginning of the evening.

He said...



"Semi was wicked sweet. It's so weird that it's our last one though."

ANDREW GABEL '07

She said...

"I had so much fun at semi this year. It's always fun to dress up and be with your friends. But this one was one to remember."



JESSICA BANKS '07



ABOVE: Good friends Chloé Fortin and Patty Graham pose together towards the end of the dance so they can have a picture to remember the night.

Yeah!

Bump, Set, SPIKE!

Volleyball Marathon

This year's Volleyball Marathon was a great success. A surprisingly large turnout resulted in teams lining up hours before school began.

The annual ten hour long marathon was again filled with unexpected upsets and stunning defeats.

As students arrived, it was clear that they all were eager and ready to play. Twenty-four teams competed for the title of Volleyball Marathon Champion. Rivalries between the top teams were quick to form as they battled for the victory during the

games. Despite the heated competition, the night was not one to be missed. The night was not only centered around volleyball, as the commons were filled with excitement. None of this would have been possible without help from the National Honor Society. The NHS Staff organized and put on the entire event, after many hours of planning and setting up. Overall, this year was another eventful and memorable night.



BELOW: NHS members Liz Lancaster and Kathryn Simison take a break from their hard work to play some DDR.



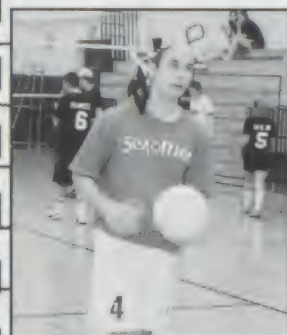
ABOVE: The Pink Panthers show their style; Top Row: Mike Chapman, Anthony Cervione, Rachel Bromson, Erik Lee, Laura Bartus, Kristin Overson. Bottom Row: Alex Flynn, Jordan Colone, and Chelsea Hunter.

Great Serve!

BELOW LEFT: The Teenage Mutant Ninja Turtles: Jen Silva, Mike Fuschick, Chavon Coleman, Sean Smith, Melissa Jenkins, Chris Drake, and Taylor Bartini

BELOW: Chloe McKay and Ms. McGurn take a moment from the tough and competitive Whales versus Faculty game.

He Said



"The night was a lot of fun and next year will be even better."

ANDY PARENT '08

She Said

"It was really fun hanging out with my friends all night and the games were fun and not too competitive."



BRITTNEY MOORES '09

BELOW: Some of the Royalty: Nick Shute, Matt Baniak, Ben Sweeney, and Kelly Christian take a pizza break from their games.



Candid Camera



ABOVE: Mrs. Quirion and Mr. Janick show their staff spirit by wearing red during spirit week.



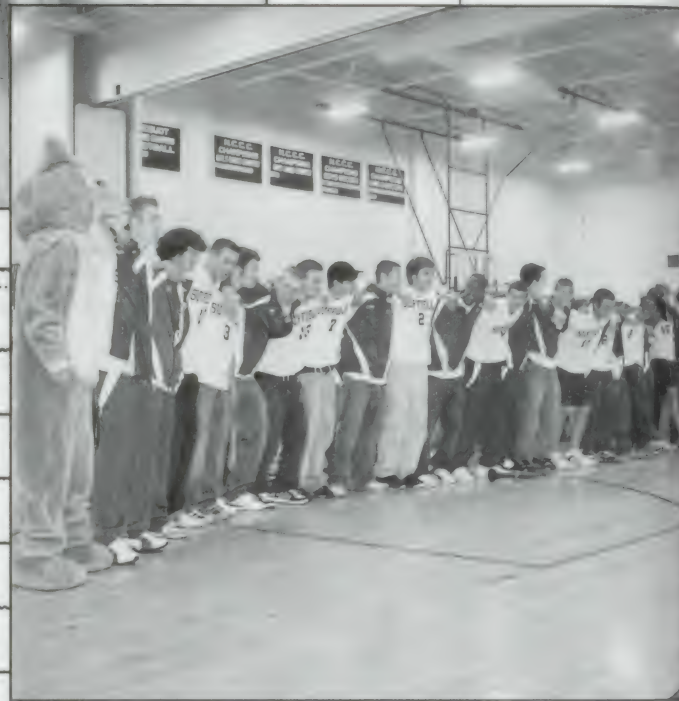
ABOVE: Mr. Eggleston poses with his three girls in between judging events at Spirit Night.

ABOVE: Dianna Bassett, Lindsey Carboneau, and Charlene Geer pose together after Suffield High's spectacular rendition of Dracula.

ABOVE RIGHT: Alex Flynn and Shannon Heyse share a dance at the 2006 Junior/Senior Semi-Formal.

RIGHT: The Boys Varsity Soccer Team takes a moment to be recognized by the entire school for their undefeated season and state championship title at the fall sports pep rally.

BELOW: Ryan Smith (The Cat in the Hat) and Emile Backus (Jack Sparrow from The Pirates of the Caribbean) show off their creative costumes at the Masquerade Ball.



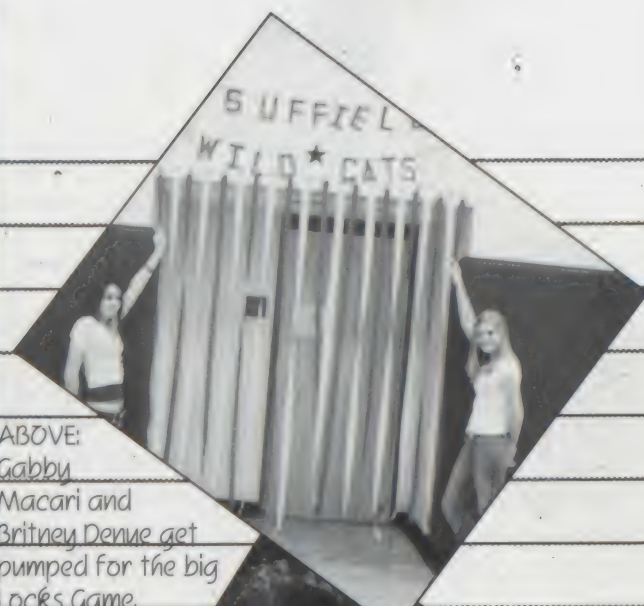
ABOVE: Ali Bromson and Chloe McKay take a much deserved break at the 2006 Spirit Night.





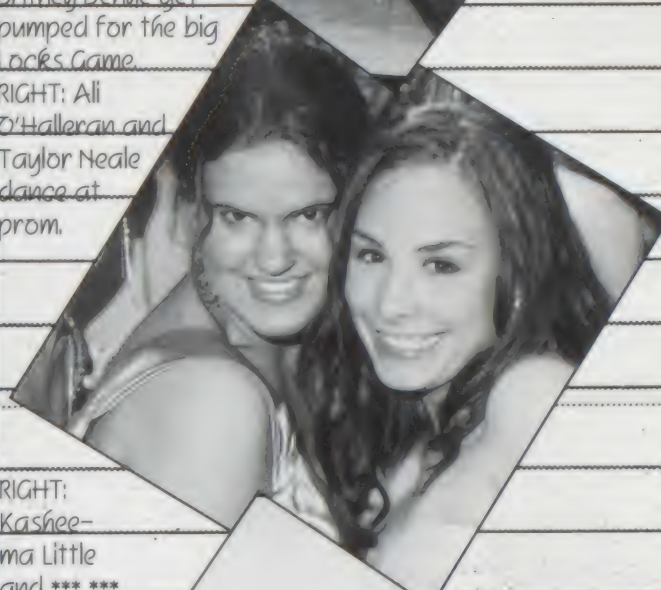
ABOVE: Joey Stepanski, this years Mr. Suffield winner, rocks out for the talent portion of the competition.

BELOW: Part of the Junior class quickly runs a piece of string through all seven of their clothes, in hopes of winning the contest.



ABOVE: Gabby Macari and Britney Denu get pumped for the big Locks Game.

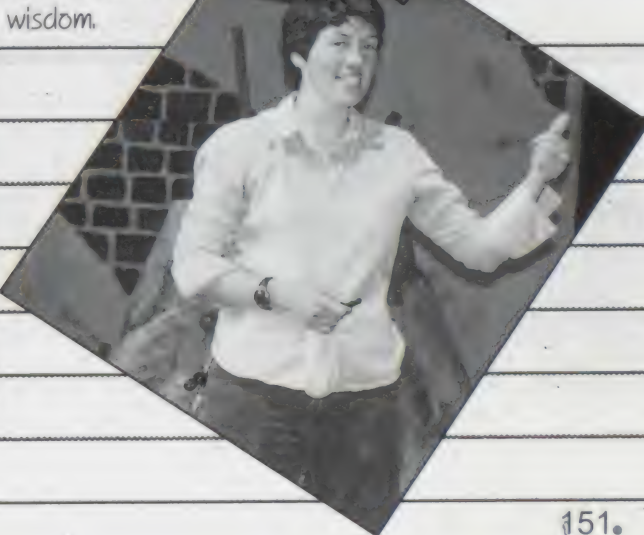
RIGHT: Ali O'Halloran and Taylor Neale dance at prom.



RIGHT: Kasheema Little and *** pose with Smokey the bear at the Ag-Expo.



RIGHT: Ms. Holland gives the cast of Man of LaMancha a few words of wisdom.



Spring Musical

Man of la Mancha

There was much excitement in the air as the time for this year's spring play came around. The announcement came and the production our school chose to perform was "Man of la Mancha". The epic of an aging, failure of a playwright, Miguel de Cervantes. Cervantes, played by Dane Scozzari, is thrown into jail and is awaiting trial by the Inquisition. When a mock trial is put on by his fellow inmates,

headed by Alex Sauter, to determine who will possess the unfinished works of his novel, "Don Quixote." Cervantes offers to defend himself by telling the tale of a brave knight named Don Quixote de la Mancha. In fact, it is the life story of Cervantes himself. This stirring play is a flashback to the people Quixote and his squire, Sancho (Adam Santaniello), encounter and the events that occur along the way.



BELOW: Dane Scozzari and Alex Sauter act out part of the play. Dane played the leading role of Cervantes and Alex played the judge of the jail trial.



ABOVE: Liz Breen and Emile Backes pose in the commons after a triumphant matinee. The pair did a superb job in their supporting roles in this year's production. Man of la Mancha was Liz and Emile's second school musical together.

BELOW LEFT: Evan Laux and Adam Santani- ello celebrate their first major SHS per-
formances. Adam played Quixote's squire, Adolanza for his real love Dolcinea and in
Sancho, and Evan played Dr. Carrasco. the end Adolanza wants to be Dolcinea.



Cast



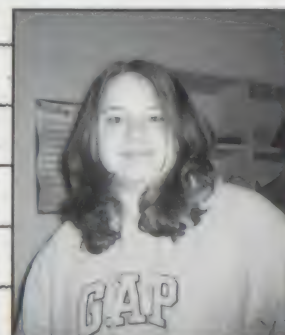
"Overall it was a good experience. All the hard work paid off and I would definately do it again "

JOHANNA RUCKEY '07

Crew

"I loved being able to learn all the songs without the embarrassment of having to sing them on stage."

STEPHANIE LANDRY '07



BELOW: Chloé Fortin, Brynn Scozzarri, and Liz Breen huddle together for a picture after a show.



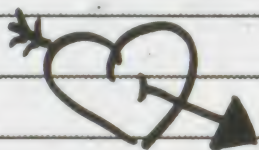
An Evening In Paris

Freshmen and Sophomore Semi

Romance was in the air for all of the underclassmen who attended this years freshmen and sophomore semiformal. The decorations really transformed the commons into a vision of Paris. The music had everyone on their feet dancing all night. Students came dressed with looks straight off the runway. With vibrant dresses and ties, the students were getting spring fever that was emerging during the early evening in April. The students weren't the only ones getting into the spirit, the teachers that chaperoned were spotted dancing and having a good time also. This years Freshman/sophomore was a great success and many memories and friends were made in An Evening In Paris.



BELOW: Katie Romano and Justin Arn making the Semi formal a night to remember.



ABOVE: Right to left; Jen Threser, Alex Wilson, Margaret Copper, Brittany Crosby, Kara Chamberlain, Lauren Beaulieu, Kristen Martin, Laura Dorman, Ashley Agudelo pose for a picture while enjoying their night at semi.

BELOW LEFT: Kyle Doane, Erik Murphy, Mée Formaggoni, and Nick Cotrone arriving at the dance together to hang out with their friends

BELOW: Holly Shea and Dan Carney spending a romantic night together at the semiformal while they dance to one of their favorite songs



He Said



"I had a good time at semiformal dancing and hanging out with all my friends"

JUSTIN WATERMAN '09

She Said

"Semi was a great success, I had a great time getting all dressed up and seeing everyone else dressed up."

ALLIE RODGERS '08



BELOW: Lexi Deleon and Jillian Sipperly dancing, while Kathryn Kenney and Ashley Carra smile for a picture as the semiformal is just beginning



Lights, Camera, Action

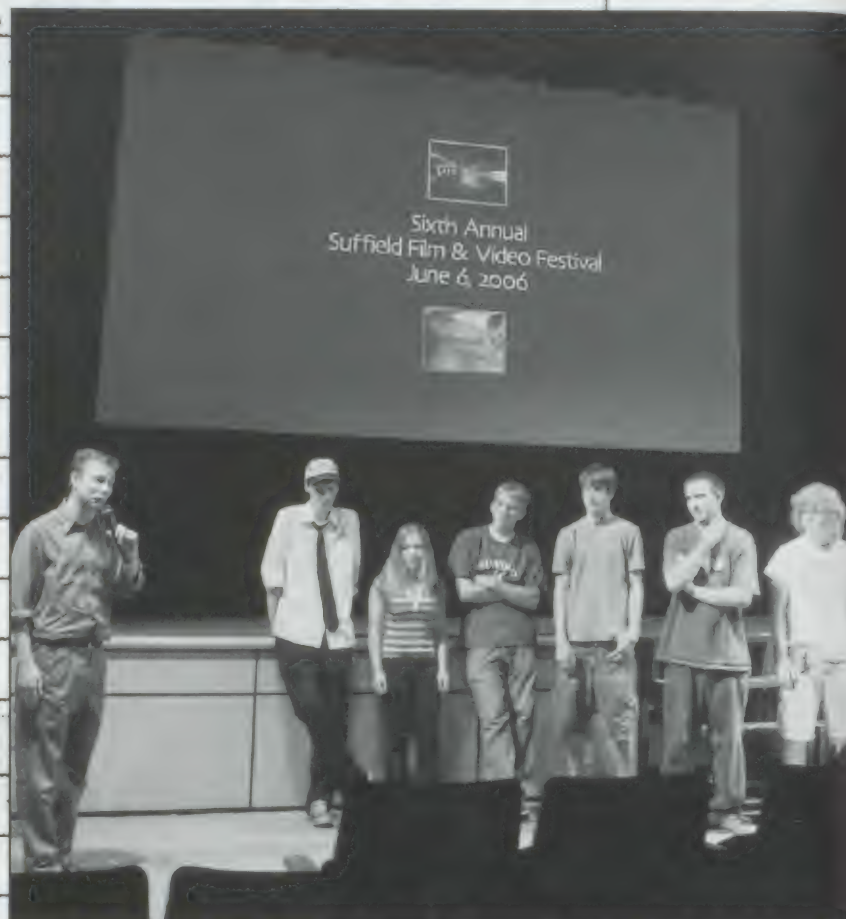
Film Festival

jm

Every year the Film Festival has been a great success at Suffield High School. Teachers, students and even people outside of school always come to the event to see what the talented students of Suffield High School have put all their time and effort into. Everyone who participated this year did a fabulous job and really showed off their

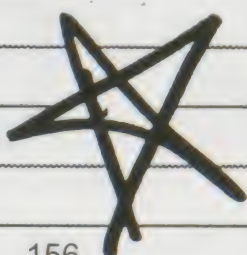
creativity. A variety of topics and genres could be found in the movies. Some films dealt with many realistic issues everyone goes through, while others showed fictional stories. Overall, this was a huge success and the audience was definitely impressed. The Film Festival has become an anxiously awaited event for many.

BELOW: Pat O'Malley and Mike Romano pose for the camera after Pat's film was shown to the crowd



ABOVE: Rob Venturo and Ricky Pianka discuss their favorite film out of all of the films that had been shown during the night. The favorite film of the night was King of Smiles, directed by Matt Silva

BELOW: Jeff Colopietro and Mike Binczewski get frightened during an intense scene in one of the night's films.



BELOW LEFT: Mr. Casinghino announces the talented directors of the 2006 film festival

BELOW: Directors Matt Banak and Matt Silva pose with actor, Alex Carroll after their films debut.



He Said



"I always have fun producing the film festival. Every year it just keeps getting better and better."

MR. CASINGHINO

She Said

"The Film Festival was really great. It was my first time going and I had a really great time. Everyone should go."

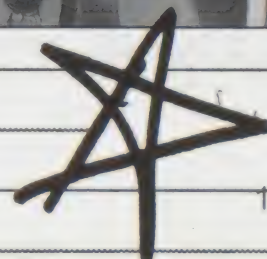
ALYSSA JOHNSON '07



BELOW: After spending a great night at the 2006 Film Festival, Taylor Bartini and Ally Winnie leave the auditorium, talking about their favorite movies of the night.



RIGHT: Students, teachers and many others are intensely watching and enjoying the night at the 6th annual Suffield Film Festival.



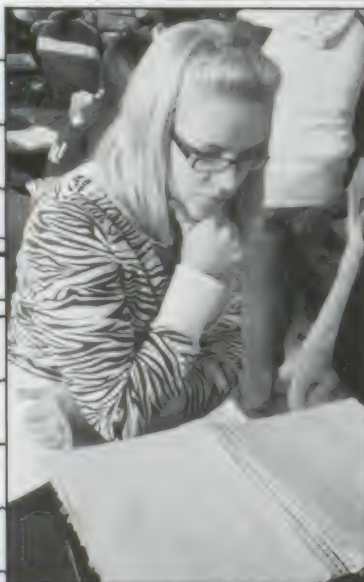


Intro to Clubs

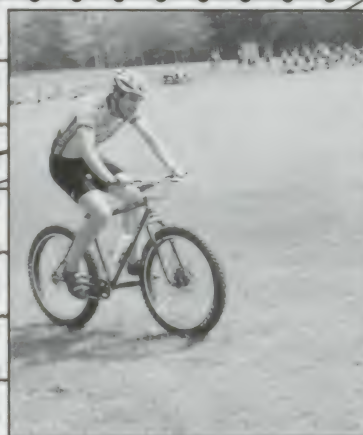
BELOW: Mandy Lineweber, John Gancarz, Erin Horanzy and Ryan Smith relax before an Academic Quiz Team competition.



LEFT: Math Team member Kelly Bielanko studies some last minute notes before a big competition.



LEFT: NHS member All Rodgers shows us how much money her second period class gave to the Toys for Tots fundraiser.



LEFT: Club advisor Mr. Cosma shows off his cycling skills in an open field before a big race.

Creativity

- Another important part of Suffield's array of after school activities are the many clubs that the school has to offer. From Mountain Bike Club to Prayer Club and everything in between, there's something for everyone. With dozens of choices to choose from, you're sure to find something you like. Joining clubs at SHS is a good way to stay involved in your community and a great way to meet new people and make friends.



ABOVE: SAB members Nick Shute and Alex Carroll show how serious they are about winning this year's Spirit Night.

TOP LEFT: The SHS Marching Band poses for a picture before their performance at the Big E.

RIGHT: Bryce Skawski concentrates on operating the Aces High robot and winning yet another gold medal.

BOTTOM LEFT: Michelle Kelly and Brian Hays show off some prize winning cows at the 2006 annual Agri-Science Expo.



Suffield Regional FFA

RIGHT: Anthony Longhi and Brittany Saunders prepare poinsettias for the annual FFA Holiday Sale.



The FFA is a national organization that is dedicated to making a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education. Nationally, there are 495,046 members all across the country. In the Suffield Regional FFA Chapter, there are upwards of about 170 members from all grades. The FFA members participate in many activities throughout the year. Some benefit both the school and community such as the many community service activities such as the Winter Holiday Sale, Spring Plant sale, and the biannual Ag. Exposition. Other events throughout the year include traveling to the FFA National Convention in Indianapolis every fall or competing in the various competitions that test the member's knowledge and experience in agriculture.

RIGHT: Chelsea Ranstead, Breana Beck, Shauna Rostek, and Patrick Sullivan at the annual May Market plant sale.



RIGHT: Current students Matthew Lefcheck, and Kyle Henry reunite with a graduate of '06, Kevin Maynard, pose at the Suffield Agriscience Fair.



S-U-F-F-I-E-L-D

President

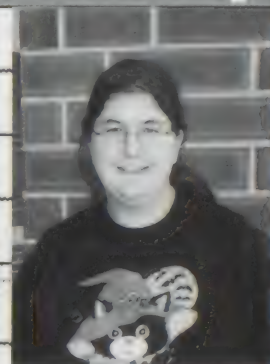


"It is fun because you get to go to new and exciting places like Louisville and Indianapolis"

-Tyler August '07

Secretary

"It is nice because you learn more about subjects that you thought you already knew about."



-Allison Corbosiero '07



ABOVE: Suffield High School students, staff and alumni enjoy a great time at the 79th National FFA Convention in Indianapolis Indiana. The students participated and place in many of the major competitions that take place at the convention.

RIGHT: Senior Michelle Kelly smiles as she smiles and displays her care for the cow at the Agriscience Expo.



ABOVE: Erica Cross shows her pride and excitement for her first place ribbon for her dedication and work.

LEFT: Brian Hays shows his commitment and hard work towards his animal project.



[GSA & Best Buddies]

GSA



BACK ROW: Ariel Rogeness, April Nicotera, Kelsey Tavino and Jacob LaValley
FRONT ROW: Jessica Lawrence, Carly Neuman, Rebecca St. John and Kayleigh Brown
NOT PICTURED: Greg Moser, Randy Parker, Melissa Titarelli, Saber Chaput



ABOVE: GSA advisor, Ms. Fasoli poses for a quick picture before a GSA meeting.



"I joined best buddies because I wanted to meet new and interesting people."

-Max Carroll '08

BEST BUDDIES

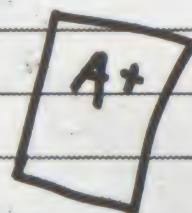


BACK ROW: Denise Buckingham, Rob Brooks, Emile Backes, Brett Kaselouskas, Wally Malec and Christie Mastroberti MIDDLE ROW: Tran Phan, Shannon Smith, Nathaniel Book, Kasey Srubas, Dale Rollett, Wesley Sanborn and Mrs. Kaplan
FRONT ROW: Michelle Kula, Jillian Sipperly, Kimmy Lemire, Bryan Sutton, Max Carroll and Matt Ventrilli

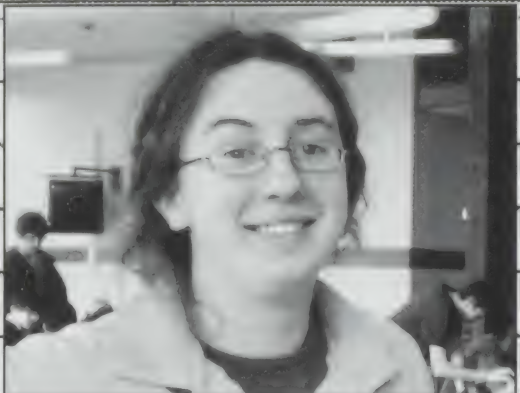


ABOVE: Best Buddies members Bryan Sutton and Christie Mastroberti eat lunch together on Tuesdays.

[Debate & Math Team]



Senior, Ricky Pianka takes a break from re-searching his difficult debate topic to smile for our camera.



"I like math a whole bunch and joining the Math Team is the best way to practice"

Erin Horanzy '07



Tran Phan and Meghan Wesolowski show their excitement before a big Math Team meet. The two are strategizing and going over some last minute notes.

Debate Team



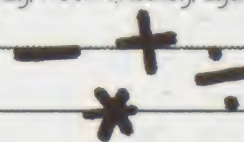
BACK ROW: Michelle Kelley, Matt Magda and Kellen Rice FRONT ROW: Ms. Holland, Gail McKay, Jill Sipperly, Stephanie Landry and April Nicotera NOT PICTURED: Ricky Pianka

AP Calc!

Math Team



BACK ROW: Mrs. Querian, Alexandra Wilson, Sara Shea and Ryan Smith MIDDLE ROW: Peter Armata, Holly Chamberlain, Alex Messmer, Kirstle Albert, Anthony Longhi and Laura Beaulieu FRONT ROW: Tran Phan, Sue Kim, Rachel Brueno, Julie Deslva and Kara Chamberlain NOT PICTURED: Erin Horanzy, Noah Mealey, Lydia Nicoll, Andy Shea, Kevin Ho, Ed Szoka and Ayesha Nims



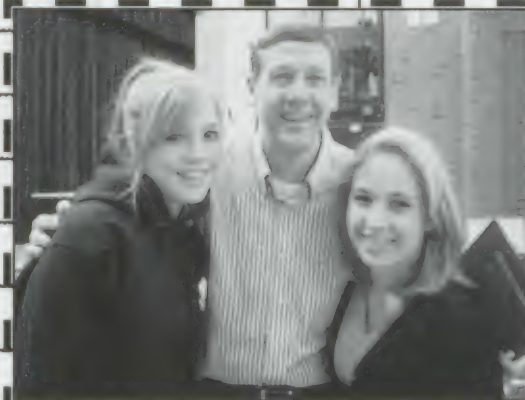
Giraffe & Interact Clubs

meeting
@ 7:10

Giraffe Club



ABOVE: Michelle LaPlant, Bryanna Neale, Kayla Nadeau, Megan Madison, Jessica Carson, Giovanna Lancaster, Steff Yuan, Maggie Reeves, Molly Drenzek, Tara Boudreau, Katie Sullivan, Rachel Burnaford, Maggie Freiber, Angela Zaffetti, Lauren Mercik, Brianna Lertora, Michelle Kula, Erika Hull, Lauren Monsiegnier, Nicole Picard, Maddie Motherway, Denise Buckingham, Tran Phan, Elizabeth Treiber, Kara Chamberlain, Ashley Aguedelo, Lauren Beaulieu, Melissa Pruitt, Brady Zavitsa, Sam Mitchell, Brittany Denue, Gabby Macari, Dan Carney, Taylor Neale, Ryan Rempfer, Kevin Mannino, Alex Wright, Kyle Rempfer, Colleen Maroney, Brenna McQuinn, Holly Chamberlain, Nicole Santiago, Lauren Bernstein, Laura Hawk, Chloe Fortin, Drew Fortin, Alexandra Wilson, Jenn Thresher, Kirstie Albert, Brooke Boucher, Jordan Mazur, Meghann Cocco, Dunya Saleh, Dean Porcello, Michael Chapman, Sean Willoughby, Joe Rigby, Anthony Cervione, Courtney Randall, Julie Silva, Kristin Horanzy, Amanda Leonhart, Nicole Tedone, Stephanie Pascoe, Casey Merrick, Kayla Fahle, Alex Smith, Jessica Banks, Lauren Scandura, Gretchen Eastman, Matt Shute, Christina Doane, Becky St. John, Jess Nadeau, Andrew Parent, Brittany Crosby, Silvana Luongo, Ashley Dunn, Vicki Heyse and Kelly Bieloni. CLUB ADVISOR: Mr. Sullivan



ABOVE: Presidents Lydia Nicoll and Bryanna Neale pose with Mr. Sullivan before a Wednesday morning meeting.



"I like Interact Club because I like to give back to my community and have fun doing it."

-Anthony Longhi '07

Interact Club



BACK ROW: Matt Conway, Steve Treglia, Anthony Longhi, Rachel Packard, Alexandra Wilson, Jordan Mazur, Rachel Brueno, Mr. Garvey, Mrs. Lombard FRONT ROW: Michael Chapman, Tyler August, Joe Rigby, Nick Shute, Luke Anderson



ABOVE: Mr. Garvey and Matt Conway talk at lunch about an upcoming Interact service project.

leaf
taking
@ 10

[SAB & WSHS TV]

SAB!

Student Activity Board



ABOVE: SAB members Patty Graham, Lauren Scandura, and Jessica Banks take a break from organizing events to take a quick picture.



ABOVE: BACK ROW: Elisha Dorsey, Tyler DiPrato, Matthew Silva, Lydia Nicoll, Nick Shute, Nico Conner, Ali O'Halloran; Alex Wright, Andy Gable, Sean Smith, Billy Craven and Mr. Gatto MIDDLE ROW: Christa Rookey, Anthony Longhi, Whitney Mackay, Ali Kuras, Kyla Phelps, Sara Shea, Jess Banks, Diana Mark, Lauren Scandura, Kathryn Simison and Ayesheh Nims FRONT ROW: Rachel Sherwood, Brianna Neale, Lauren Gates, Courtney Bednaz, Lauren Smith, Natalie Mazzetta, Alicia Baumann, Patty Graham, Gretchen Eastman and Alyssa Johnson



"SAB rules! My first year there were only 10 members and now it has grown to over 30 members. It's great!"

-Diana Mark '07

morning

announcements

WSHS TV



ABOVE: Camera anchors Chuntay Fletcher and Jalen Rainey Griggs take a minute to pose in between takes of the morning announcements.



ABOVE: BACK ROW: Liz Trieber, Bojan Boich, Davon Hardeman, Emile Backes, and Vinny Barnes FRONT ROW: Margaret Cooper, and Michelle LaPlant.

[SHS Student Council]

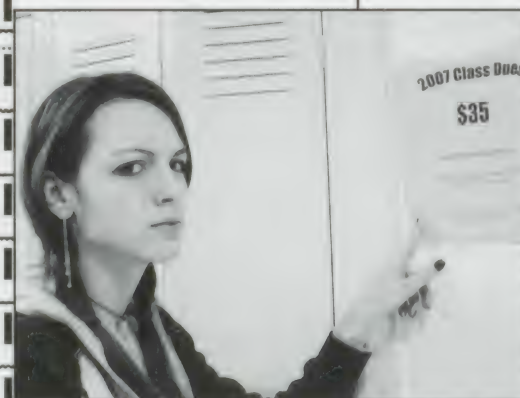
Class of 2007



BACK ROW: Mrs. Kochanek, Navina Vemuri, Bethany Klose, Andrea Ruotolo, Alicia Baumann, Noah Mealey and Mr. Casolari FRONT ROW: Lauren Smith, Ayesha Nims, Danielle Monsieigneur, Nicole Boudreau, Kim Dupuis



ABOVE: Nicole Boudreau advertises the Valentine's Day senior class rose sale. Fund-raisers are important because they help pay for events such as prom



"Unless you're on class council you don't really realize how important paying your class dues truly is"

-Bethany Klose '07

Class of 2008

2008



ABOVE: BACK ROW: Luke Anderson, Alexandra Wilson, Jordan Mazur, Kirstie Albert and Alex Peterson FRONT ROW: Kallie Peterson, Spa Riordan, Mrs. Potter and Meghan Fletcher



ABOVE: Meghan Fletcher looks thrilled to be attending her 2008 class council meeting.

○ meeting
today
@ 2:20

SHS Student Council



ABOVE: Lauren Lertora takes a break from a busy Class of 2009 student council meeting to take a quick snap shot.

Class of 2009



ABOVE: BACK ROW: Mr Sullivan, Justin Pierce, Geoff Miner, Nicole Salamone, Michelle Kula, Mike Christina and Mrs. Lombard FRONT ROW: Katie Romano, Lauren Lertora, Lauren Mercik and Colleen Moroney NOT PICTURED: Rachel Bromson

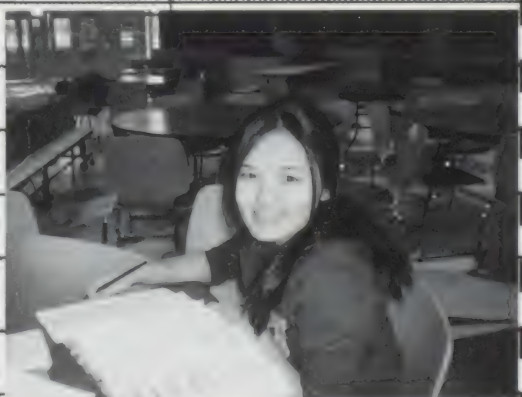


"We decided to advise the class of 2010 because we thought it would be a fun way to get to know the incoming class."

-Mr. Katulka

2010

Class of 2010



ABOVE: Sue Kim studies in the commons before her class council meeting.



ABOVE: BACK ROW: Casey Olden, Kayla Madeau, Megan Madison, Drew Fortini and Elisha Dorsey FRONT ROW: Soo Kim, Kyle Rempfer and Katie Sullivan NOT PICTURED: Molly Drenzek and Stephanie Yuan

Senate & NHS

Honor Roll

Student Senate



ABOVE: BACK ROW: Kelly Bielanko, Bethany Klose, Matt Brew, Sara Kubetin, Stephanie Landry, and Mike Christina. FRONT ROW: Rob Parise, Noah Mealey, Kaleigh Peterson, Kelsey Emmoms, Justin Pierce



ABOVE: Kelsey Emmoms and Kaleigh Peterson pose before sprinting to a Monday night Student Senate meeting.

NHS



ABOVE TOP TO BOTTOM: 1st ROW: Jordan Mazur, Stephen Cannon, Mike Tassinari, Matthew Silva, Alexander Wright, Steven Treglia, William Schnepf, Jameson Grout, John Gancarz, Aaron Bielanko, Crystal Saunders 2nd ROW: Luke Anderson, Bojan Bojic, Aaron Olson, Kathryn Simison, Nicole Boudreau, Bethany Klose, Kirstie Albert, Kimberly Dupuis, Ayesheh Nims, Braidly Zavisza 3rd ROW: Shawn DeFord, Alexander Peterson, Christopher Oprica, Kelly Bielanko, Lauren Gates, Andrea Ruotolo, Navina Vemuri, Chloe Fortin, Kathryn Spencer, Allison Rodgers, Michael Cooper, Matthew Brew, Erin Horanzy, Ryan Smith 4th ROW: Patrick Pease, Matthew Willett, Robert Parise, Lauren Beaulieu, Alexandra Wilson, Julia Roder-Hanna, Alexandra Messmer, Elizabeth Treiber, Laura Hawk, Maureen Smith, Melissa Pruitte, Stephanie Landry, Sara Kubetin 5th ROW: Amanda Lineweber, Michelle Niejadlik, Amanda Loveland, Danielle Monsieigneur, Kara Chamberlain, Tierney VanderVoort, Samantha Bielecki, Lauren Smith, Alicia Baumann, Elizabeth Lancaster, Kellen Rice. NOT PICTURED: Ashley Adams, Tyler August, Sheila Leary, April Nicotera, Alexandra O'Halloran, Matthew Conway, Robert Emery, Paul LaFleshi, Noah Mealy, Lisa Beltramello, Elizabeth Breen, Kelly Christian, Taylor Kerr, Meghan McGinnigle, Andrew Parent, Randall Parker, Jillian Sipperly



"It's an honor to be a part of NHS. It's awesome to be acknowledged for all the hard work we do at school."

-Lauren Gates '07



ABOVE: Adisors Mrs. Pierce and Mrs. Miner smile together after another successful Toys for Tots fundraiser.

Robotics & Drama Club



Kieran Kirkland and Bryce Skawski get psyched at an amusing ACES HIGH robotics competition.



"I chose to join robotics because I am really interested in building things and seeing how they work."

-Chris Davis '07



ABOVE: Senior Mike Cooper poses for our camera during one of the Improv Club's skits.

ACES HIGH Robotics Team



ABOVE: Jackie Adams, Nate Book, Patrick Bucior, Brendan Cahill, Melanie Chapman, Sean Congden, Micheal Cooper, Greg Daley, Christopher Davis, John Fisher, Christopher Holtzman, Eric Jespersen, Brandon Kearney, Kieran Kirkland, Dylan Lawrence, Connor Lynch, Patrick Pease, Frank Ruggiero, Bryce Skawski, Britney Tarantino, Emily Tracey, Taylor Werth, Matt Willett and Mr. Wanat

Drama

Improv Club



ABOVE: BACK ROW: Kyle Dalrymple, Kyle Smith, Kimberly Toussaint, Pebbles Lacroix, Jessica Strickland, Rachel Shermer, Miranda Ingram, April Nicotera and Stephanie Landry. FRONT ROW: Michael Cooper, Emile Backes, Matt Magda, Ms. Holland, Johanna Ruckey, Jessica Lawrence, Brittany Saunders, Michelle Kelly, Cassie Pavel, Kelsey Toronto, Cassie West, Adam Santaniello, Victoria Heyse, Jennifer DiMauro and Evan Laux

Mtn. Bike & Ski Clubs

Mountain Bike Club



ABOVE: Eddie Brown, Worth Wolcott, James Lemire, Shannon Murphy, Robert Ravina, Mr. Cosma, Benz Katanyoo and Olaf Svenssen



ABOVE: Dave Shelanskis tries to show off with a nice wheelie before a big race.



"This hasn't been a great year for skiing but when we do go it's tons of fun!"

-Mike Masso '10

Ski Club

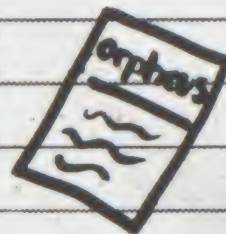


ABOVE: Kevin Chaput, Erik Gauthier, Will Holtzman, Erika Hull, Dylan Lawrence, Nathan Lynch, Marcus Macari, Taylor Mark, Michael Masso, Steve Barthén, Kristina Bradley, Eddie Brown, Brendan Cahill, Stephen Cannon, Lauren Cappa, Melanie Chapman, Jeffrey Colapierto, Kevin Connelly, Gregory Daley, Christopher Davis, Justin Degen, Jennifer DiMauro, Zachary Donais, Amanda Emery, Alison Gagnon, John Gancarz, Victoria Heyse, Christopher Holtzman, Chelsea Hunter, Caitlin Jones, Brendan Kearney, Kieran Kirkland, Kristy Koistinen, Michelle Kula, Sheila Leary, Eric Lenser, Brianna Lertora, Lauren Mercik, Christopher Oprica, Andrew Parent, Austin Phelps, Brandon Plastka, Jennifer Pinto, Sean Riddell, Ralie Rookey, Frank Ruggiero, Cara Ryan, Stephanie Shamy, Aneisa Sherman, Blake Sherman, Tyler Simons, Scott St. George, Jeffrey Steln, Andrew Story, Sergi Swiratski, Laura Valance, Richard Vaughn, Robert Venturo, Matthew Willett and Katie Zien

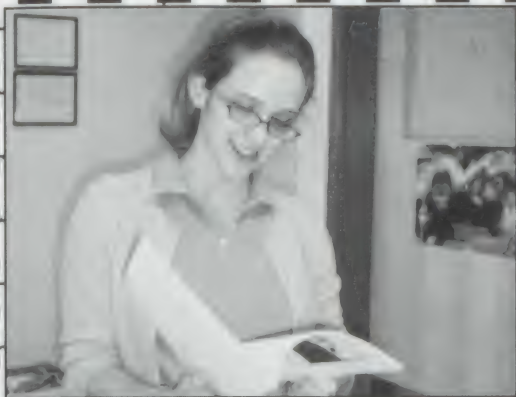


ABOVE: Brendan Kearney and Steve Cannon are prepared for the winter weather with their jackets, snow pants and skis.

Orpheus & Newspaper



Orpheus



ABOVE: Mandy Lineweber flips through the Orpheus literary magazine one last time before it's sent out to be printed.



ABOVE LEFT TO RIGHT: Stephanie Shamy, Mrs. Potter, and Mandy Lineweber NOT PICTURED: April Nicotera

read
all
about it!

Newspaper



"Newspaper was a great experience because I love to write and I want to study communication."

-Laura Hawk '07



ABOVE: Aaron Bielonko and Sara Kubetin take a break from working on another newspaper deadline to take a photo.



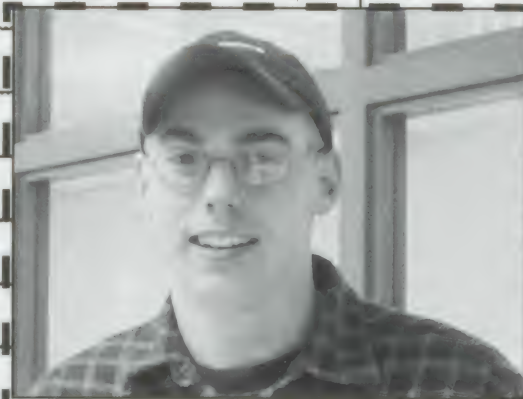
ABOVE: BACK ROW: Mandy Lineweber, Eden Etienne, April Nicotera, Erin Horanzy, Aaron Bielonko, Sara Kubetin and Wesley Sanborn FRONT ROW: Colleen Moroney, Laura Hawk, Patrick Pearce, Stephanie Landing and Ryan Smith

Tech. Theater & Earth Clubs

Technical Theater



ABOVE LEFT TO RIGHT: Travis LaValley, Sean Morrison, Katie Summa, Christina Szczepanski, Jessica Lawrence, Bryan Sutton, Ms. Holland, Sara Kubetin, Crystal Saunders, Stephanie Landry, Greg Wright, Greg Moser, Bryce Skawski, Chris Benson, Tara Cohen, Vinny Barnes, Evan O'Connor and Michelle Kopec



ABOVE: Sean Morrison enjoys technical theater because he loves to be a part of the SHS musicals and plays.



"I love Earth club because I like getting in touch with the environment and feel like I'm doing my part."

-Marissa Parker '07

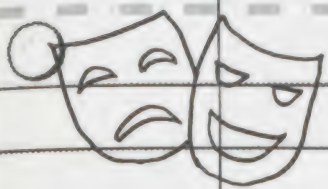
Earth Club



BACK ROW: Joey Stepansky, Wayne Gates, Anthony Longhi, Sam Ridley, and Mark Vanhaltern MIDDLE ROW: Marissa Parker, Kelly Bielanko, Lainey Rossetta, Navina Vemuri, April Nicotera, Sergi Switalski, Rob Venturo, Mr. Kaput, and Lydia Nicoll FRONT ROW: Erica Cross, Johanna Ruekey, Julia Roder, Hanna, Laura Sauter, Mary Bauchierro, Melissa Titterelli, Anne Bauchierro and Brenden



ABOVE: Sam Ridley, Wayne Gates, Lainey Rossetta, and Mark Vanhaltern pose before another earth club meeting.



[Becoming Me & Anime Club]

"Becoming Me" Theatre



ABOVE: Ali O'Halloran has been a member of the "Becoming Me" Theater group all four of her years at Suffield High.



ABOVE: BACK ROW: Mrs. Radziewicz, Ian Schulman, Mandy Lineweber, Ryan Smith, Meghan Moreau, and Mrs. Kochanek FRONT ROW: Evan Laux, Ali O'Halloran, Adam Santaniello, Nicole Santiago and Greg Daley



"I like anime club because it brings people together around a common interest and it's just something fun to do afterschool"

-Aaron Olson '08



ABOVE: Connor Lynch takes a break to grab some snacks for the Anime Club to help them enjoy an intense anime movie.



Anime Club



ABOVE: BACK ROW: Connor Lynch, Gavin McKay, Cory Roy, Robert Logan, Nate Sheridan, Sean Congden, Brendan Cahill and MIDDLE ROW: Jessica Halmers, Greg Schon, Lauren Parley, Jessica McKenna and Mr. Gowdy FRONT ROW: Cassie Devney, Eva Banlaki, Celina Bycenski and Melody Albert NOT PICTURED: Aaron Olson, Jessica Zamal, Miranda Ingram, AJ Ingram, Jordan Lavin, Alicia Boyd, Zach Shoemaker, Greg Cassie West and Jenn Pinto

SHS Band

Symphonic Band



ABOVE: TOP TO BOTTOM: 1st ROW: Amber White, Mario Santos, Luke Anderson, Ricky Burke, Alex Peterson, Colby Tyler, Alex Messmer, Alex Wilson, Kashmira Lennox, Robert Domin and Eric Jespersen 2nd ROW: Wally Malec, Aaron Olson, Maggie Reeves, Aaron Bieloni, Peter Armata, Steve Barthén, Tyler Diprato, Steve Cannon, Chris Sweeney, Wesley Sanborn, Andy Lagana, Bredean Stephen, Kevin Ho, Ayeleñ Nims, Christina Lacafra, Amanda Emery, Kevin O'Kane and Todd Bertrand 3rd ROW: Lyndsey Carboneau, Melody Albert, Cassie Devney, Michael Christina, Ian Schulman, Josh Giller, Nathaniel Book, Aneisa Sherman, Brynn Scozzari, Casey Olden and Gavin McKay 4th ROW: Angela Moskwa, Taryn Scozzari, Kirstie Albert, Giovanna Lancaster, Erika Hull, Stacey Adamczyk, Alison Garber, Rebecca Suzenski and Adam Santaniello NOT PICTURED: Jenn Thresher, Liz Treiber and Nate Sheridan



ABOVE: Members of the SHS band play percussion at the fall sports pep rally.



ABOVE: The band gets into formation to perform at this past year's Big E.

Jazz Ensemble



ABOVE: BACK ROW: Steve Cannon, Michael Christina, Ricky Burke, Eric Jespersen, Andy Lagana, Kevin Ho and Aaron Bieloni MIDDLE ROW: Angela Moskwa, Taryn Scozzari, Brendan Stephen, Casey Olden and Gavin McKay FRONT ROW: Brynn Scozzari and Liz Breen



ABOVE: Fosie Cauley and Elizabeth Babbitt hold up the SHS Band banner that they carry in front of the band when it marches.

SHS Band



NCCC

Instrumentalists



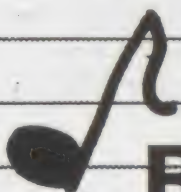
ABOVE: Wesley Sanborn grabs his cymbals and gets ready to march at the Big E with the rest of the band.



ABOVE: BACK ROW: Robert Domin, Michael Christina and Gavin McKay FRONT ROW: Ayesheh Nims and Liz Breen NOT PICTURED: Nathan Sheridan



ABOVE: Ricky Burke and Tyler Diprato blow their trumpets while marching at the Big E this past year.



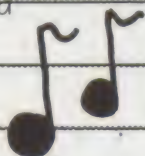
Northern Region Musicians



ABOVE: Kevin Ho gets excited for another band class. Kevin is looking forward to three more years of band.



ABOVE LEFT TO RIGHT: Steve Cannon and Robert Domin NOT PICTURED: Michael Christina



[Vocal Groups]

Camerata



ABOVE: Molly Bascom, Elizabeth Breen, Jef Bridge, Stephen Cannon, Kara Chamberlain, Austin Chandler, Margaret Cooper, Michael Cooper, Samantha Corallo, Michael Cristina, Greg Daley, Emily DeFord, Shawn DeFord, Rob Domin, Elisha Dorsey, Molly Drenzel, Amanda Emery, Jessica Fall, Shaughn Flynn, Greg Hall, Eric Jespersen, Brett Kaslouskas, Gosi Kelliher, Michelle Kelly, Taylor Kerr, Andrew Lagana, Elizabeth Lancaster, Giovanna Lancaster, Evan Laux, Sheila Leary, Keith Leonhardt, Mandy Lineweber, Kristin Martin, Christie Mastroberti, Brenna McGinn, Gavin McKay, Lauren Mercik, Geoff Miner, Sam Mitchell, Danielle Moores, Maddie Motherway, Kristi Neilson, April Nicotera, Bernadette Raum, Julia Roder-Hanna, Nathan Rossi, Cory Roy, Gina Roy, Johanna Ruckey, Adam Santaniello, Nicole Santiago, Laura Sauter, Brynn Scozzari, Taryn Scozzari, Rachel Sherwood, Shannon Smith, Elizabeth Treiber, Maggie Treiber, Cassie West, Allison Zaczynski, Braidy Zavisza and Katie Zien

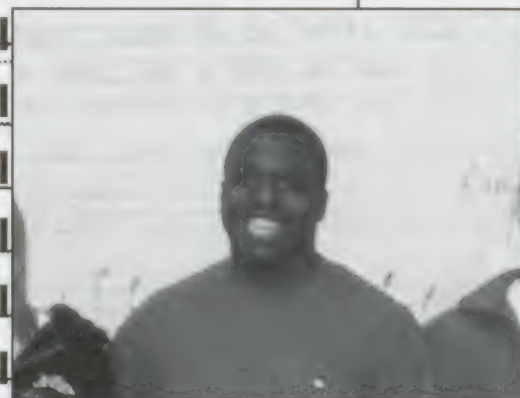
Chamber Singers



Jeff Bridge, Stephen Cannon, Mike Cooper, Shawn DeFord, Elisha Dorsey, Shaughn Flynn, Greg Hall, Gosi Kelliher, Taylor Kerr, Sheila Leary, Keith Leonhardt, Amanda Lineweber, Danielle Moores, Johanna Ruckey, Brynn Scozzari and Cassie West



ABOVE: Shawn DeFord and Taylor Kerr show their excitement for the upcoming spring concert.



"I've always liked singing and Camerata is a great way for me to practice and sharpen my skills."

-Elisha Dorsey '10



ABOVE: Elizabeth Breen takes a break to smile for the yearbook before she goes to the music room.

[Vocal Groups]

Do
Re
mi

Vocal Ensemble



ABOVE: Shannon Smith and Kristin Martin take a break from discussing the most recent camera practice.



ABOVE: BACK ROW: Mr. Richter, Kayla Kaplan, Bethany Stulpin, Elisha Dorsey, Shawn Deford, Cristin Nielson, Cory Roy, Allison Zaczynski, Geoffrey Minor FRONT ROW: Nicole Jordan, Gosi Kelliner, Kyle Rempher, Davon Hardeman, Shaugh Flynn, Keith Leonhardt



"I've had so much fun singing this year, everyone's really close and we all enjoy it. There's always a lot of positive energy."
-Keith Leonhardt '10



ABOVE: Johanna Ruckey stops to smile for a quick picture before meeting up with some friends from camera.



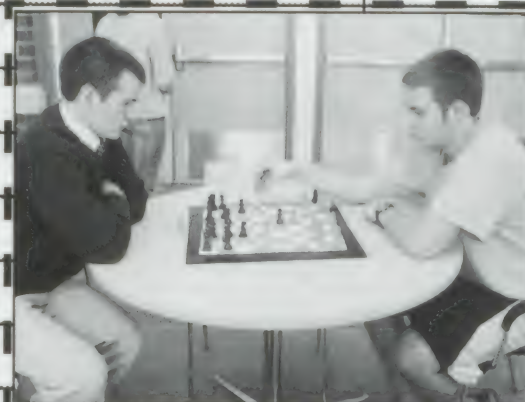
ABOVE: It's his first year here, but Mr. Richter is in charge of everything from vocal ensemble to late night camera rehearsals. Without Mr. Richter, the SHS music program would not have thrived as much as it did this year.

Quiz Team & Book Club

Academic Quiz Team



ABOVE: BACK ROW: Rob Parise, John Gancarz, Lucas Zielinski, Ms. Schmidt, Liz Breen and Ryan Smith BOTTOM ROW: Erin Horanzy and Mandy Lineweber



ABOVE: Rob Parise and Stephen Cannon are involved in an extremely competitive game of chess.



ABOVE: John Gancarz sits in the SHS media center as he focuses on an intense educational book before a competition.

Book Club



ABOVE: LEFT TO RIGHT: Ms. Johnson, Miranda Ingram, Cory Roy, Denise Buckingham and Tran Phan NOT PICTURED: Shannon Bizeau, Allison Garber and Emily Krauss



ABOVE: Ms. Johnson, our friendly SHS librarian, takes a break from book club to smile for the camera.

Why Be an Advisor?



"Music has always been important to me and I want to share that love with other young people"
-Mr. Migliore (Band)



"The kids are fun to be with and we have a great time trying to remember useless pieces of information!"

-Ms. Schmidt
(Advisor for Academic Quiz Team)

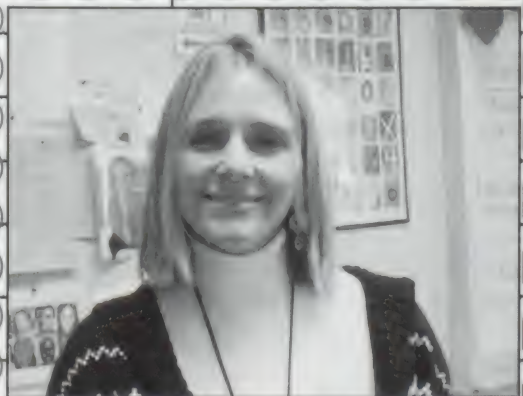


"I love to see students working together and having fun."
-Ms. Holland
(Improv Club, Technical Theater, Debate)



"Oh good heavens, it's a good way to interact with kids outside of class. It's also helps me see kids more as people and not just as students. Not to mention it's fun!"

-Mr. Casolari
(Advisor for Student Senate, Newspaper, and the Class of 2007 Class Council)

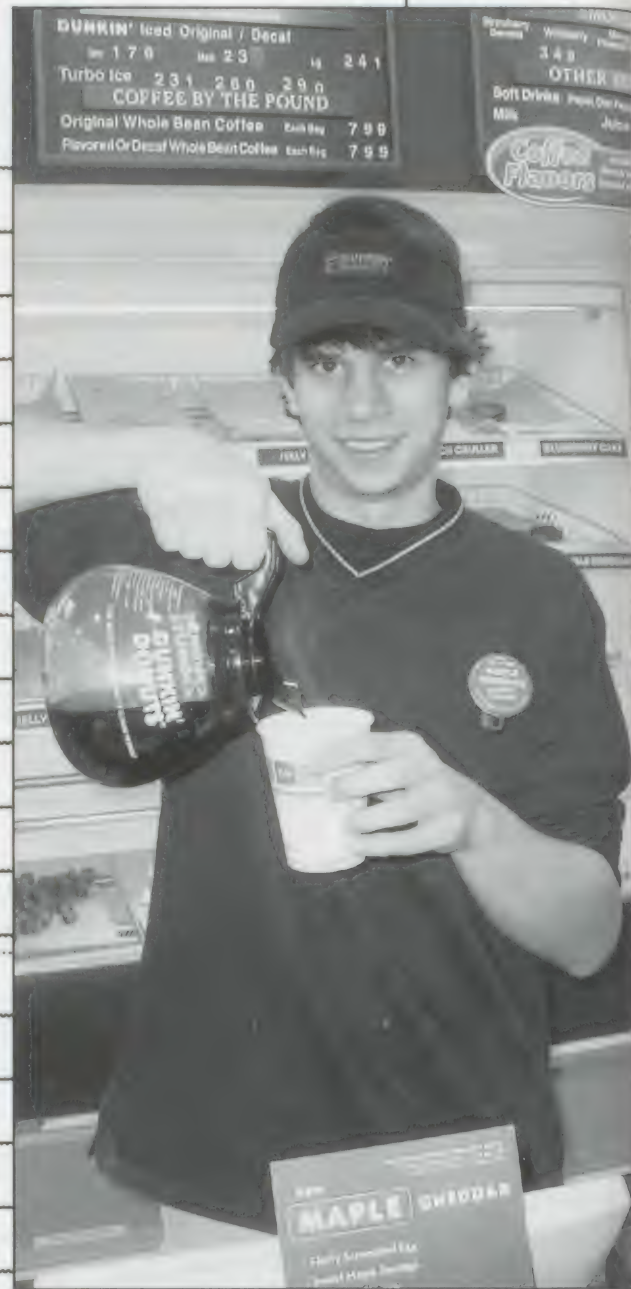


"We teach the children to be better people and give them the opportunity to be the people they want to be."

-Mrs. Radziewicz
(Becoming Me Theater)

ALL WORK, NO PLAY

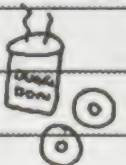
Walk into the local Dunkin' Donuts or Highland Park Market, and it is likely that you will see a familiar face. Many students from SHS are employed by local businesses so they can earn some extra spending money during the school year or so they can pay for any necessary expenses. "When I got a car, my parents urged me to get a job so that I could pay for gas and insurance," said Senior Chloe Fortin. For some students, working a part time job and doing school proves to be difficult. Most, however, will agree that working leaves them with a sense of responsibility. Luckily, students can usually get flexible work schedules that allow them to participate in sports and other extracurricular activities while still succeeding in school.



ABOVE LEFT: Senior Melanie Chapman happily rings up a customer at Highland Park market.

ABOVE RIGHT: Senior Chris Benson up bright and early pouring a cup of freshly brewed Dunkin' Donuts coffee.

LEFT: Kim Denu, Kristen Pepler and James Wilson being silly after a long day working at Sears in Enfield.

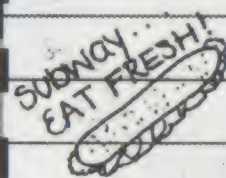




LEFT: Seniors Caitlin Brault and Kyle Kennedy taking a quick break at Subway to show off their freshly baked bread and chocolate cookies.

BELOW RIGHT: Junior Amylia O'Neill and Senior Billy Craven working hard at the CVS photo lab and checkout counter.

BELOW LEFT: Senior John Calderone working behind the Highland Park Market meat counter, preparing a customer's sirloin.



Family Shots

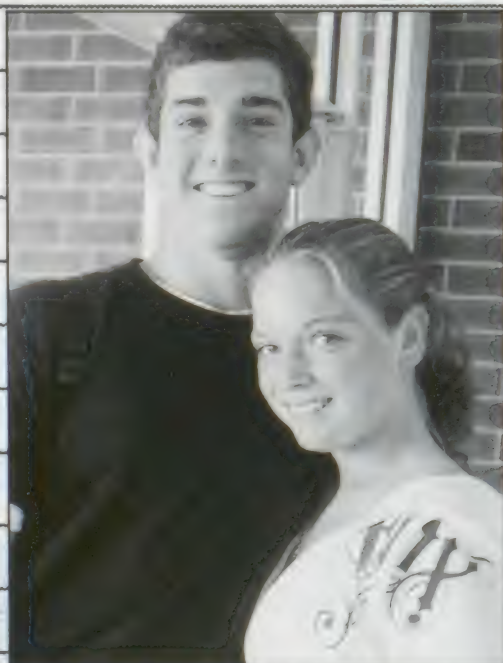
Family at SHS

Many students use but most agreed overall, school as an escape they liked being together from life at home. For younger siblings were some, however, siblings thankful that their older and other family members always follow. This year, more than ever, agree they get tired of there are many sets of teachers asking about siblings in our school. While some may get annoyed of seeing their siblings got annoyed of siblings, many students agree it's not always a bad thing to see a familiar face in the hallways. There were mixed feelings about being at school with siblings, ing able to share the experience of high school.

BELOW: Diana Mark and younger brother Taylor show their family pride by posing for this shot in the common



SIBLINGS



ABOVE: Senior Steve Treglia and his younger sister Anne enjoy being able to go to school together.



RIGHT: With three sisters in the high school, the Moores family is easy to spot. From left to right: Brittany, Danielle, & Katelyn

family LOVE

BELOW: Taylor Barini and younger brother Danny agree that it's fun having a sibling in the school.



He Said



"The best part about having an older sibling in the school is that she can drive me to school in the mornings."
COLIN MCGUNIGLE '09

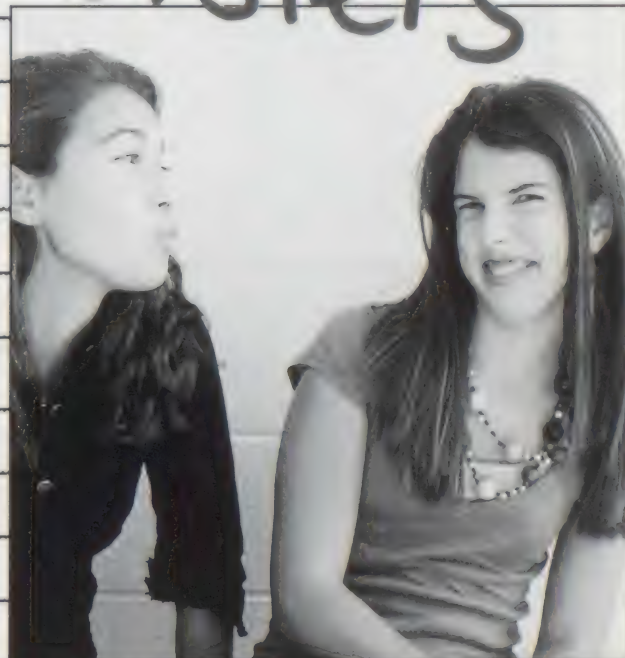
She Said

"I like having Colin in the school. I can help him and give him advice since I've been through it already."

MEGAN MCGUNIGLE '08



Sisters



ABOVE: The Monsiegnur sisters agreed that they liked being able to help each other get through the school day.



*The Class of 2007
thanks all of the
parents and
businesses that helped make
this yearbook possible.*



SARA



YOUR FAITH AND COURAGE HAVE
GUIDED YOU TO WHO YOU ARE TODAY.
WE ARE SO PROUD OF YOU.

CONGRATULATIONS

WE LOVE YOU

MOM, DAD, AMY AND ASHLEY





Congratulations Lydia
and the Class of 2007!



We are so proud of you!
Love,
Dad, Mom and Conor

Congratulations Jerry!!



We love you- The Hunihan's

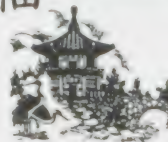


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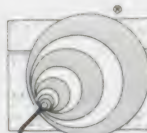
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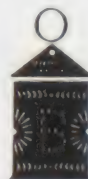


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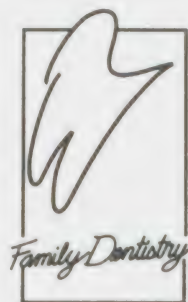
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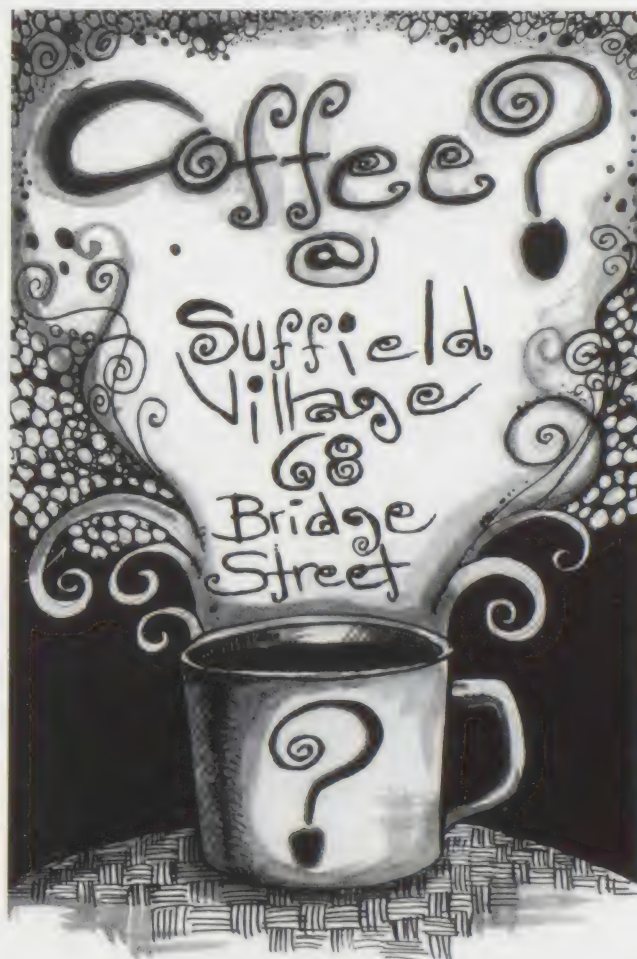
*We want to wish you the
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&

*Thank you for allowing us to
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~ Mrs. Kochanek & Mr. Casolari



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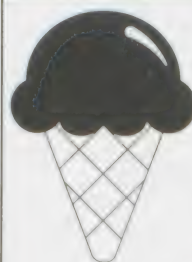


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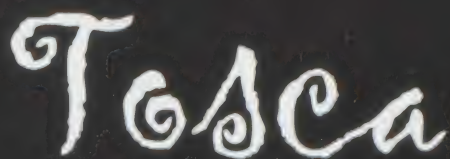
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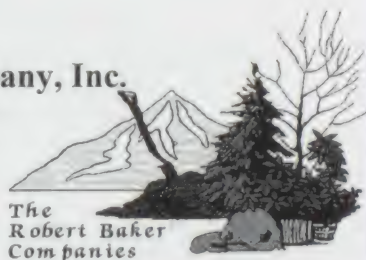
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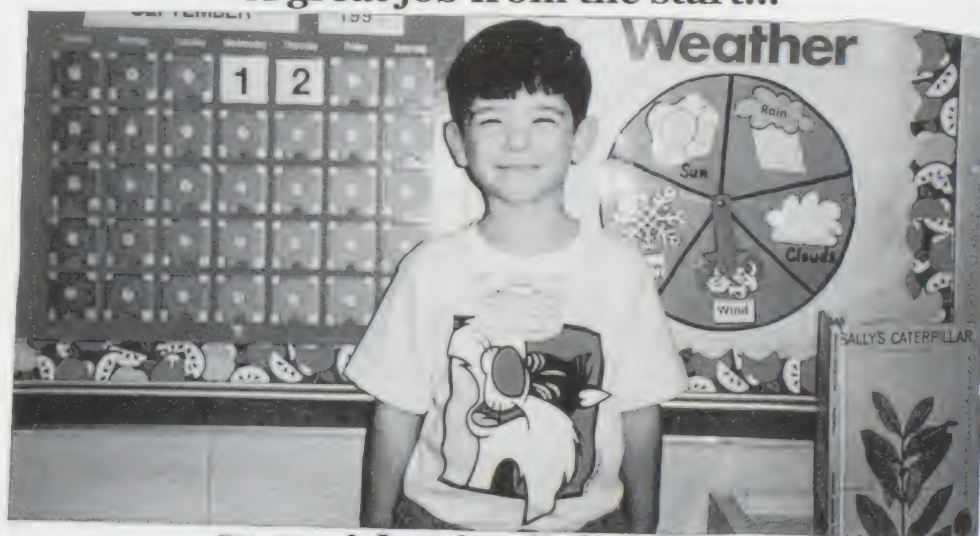
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Congratulation's Justin and
to the Class of 2007
Love,
Dad, Mom, Jimmy & Shifty

*"It is not the brains that matter most, but that which guides them--
the character, the heart, generous qualities, progressive ideas."*

— Fyodor Dostoyevsky

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Nick Shute
Anthony Sperrazza
Ben Sweeney
Sean Willoughby*

And the entire Class of 2007

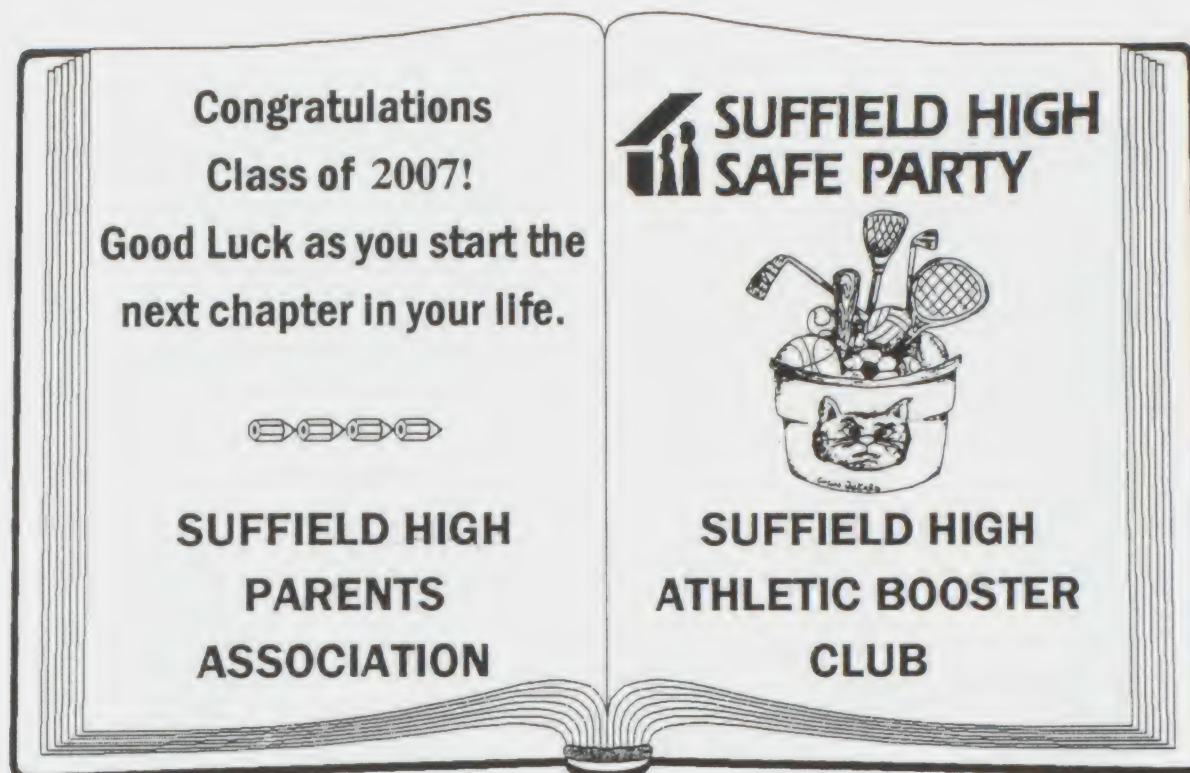


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Congratulations to the Suffield High School Class of
2007...and most especially.....

Gretchen Eastman and Natalie Mazzetta

It's been a delight watching you grow up.....



Best wishes from the Rarus Family....Andy, Lisa,
Meredith and Drew



**Realty Link LLC
Would Like to Congratulate the
Class of 2007!**



**We are so proud of you
Jessica Lee Banks!
xoxoxo Mom, Dad, Daniel
Gramma and Papa**



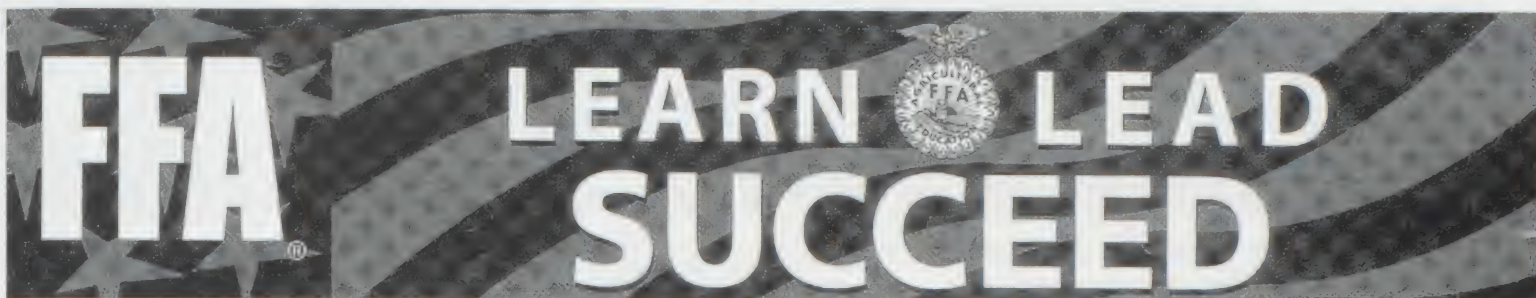
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Congratulations to the Class of
2007!!!



From Mr. Jones and Mr. Garvey



Congratulation!
Michelle & the Class of
2007!
Love: Mom and Scott



Nicholas,
We are so proud of the
young man you have
become!
Congratulations to you
and the class of 2007
We love you,
Dad, Mom, Matthew,
Katie & Christopher

Congratulations
Patrick!!!

We are very proud
of you and all you
do!

Love, Mom, Dad, Regina + Kevin



Congratulations Lauren!!
Your Awesome

We love
You
Mom and
Dad



Congratulations Ryan!
We are so proud of you!

Love,
Mom, Dad, Alex and Hadley

Congratulations
Jim-

The Future is yours!
Love,
Ma, Dad & Melissa



Congratulations Shaina, my beautiful girl!



Your mom is so
proud of you.
May all your
dreams come
true.

"True Friends grow separately without growing apart."



May your friendship always
continue to grow.
Best of Luck Kim and
Chole!
Love Steve, Carolyn, Kris-
ten and Josh



Congratulations Aneisa!
We are proud of you.

Love,
Mom, Dad, Shawnee +
Rachael



Alyssa,
We wish you the
very best & con-
gratulate you on
your hard work.
Love, Mom & Dad



Congratulations, Jimmy!!!

Love, your godparents,
Uncle Robbie & Aunt Debbie



Danielle,
You have achieved a high
level of success based on your
work ethic and perserverance.
Good luck on your future
endeavors. We will always be
here to support you.

Congratulations to you and the Class of 2007
Love, Dad, Mom, and Lauren

ANDY,
CONGRATULATIONS!
WE ARE ALL VERY
PROUD OF YOU.
MAY ALL YOUR DREAMS
COME TRUE.
LOVE,
MOM, DAD, ADAM AND
CRITTERS



CONGRATULATIONS
PETER!

We are so proud of you! You are
an incredible son and we love you
very much!

With all our love,
Mom and Dad



"The world needs dreamers and the world
needs doers. But above all the world needs
dreamers who do."

-Sarah Ban Breathnach

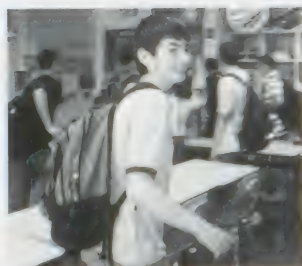
Congratulations Tierney!
We're very proud of you!

Love Always,
Mom and Dad
...& Ranger...



Carrie
-You Served Your Time-
We are so very proud of all
that you have accomplished.
Congratulations,
We Love You,
Mom, Dad, Ryan, Grammie,
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Congratulations Mel,
We are proud of all your achievements in the last twelve years. May all your dreams come true, and follow your heart in everything you do.
Best of luck in college!



Love Always,
Mom, Dad, Melissa + Harley

Matt,
Congratulations to you and the Class of 2007.
Remember:
GIVE MORE than you TAKE!



Love,
Mom, Dad, + Casey

Congratulations Andy and the Class of 2007

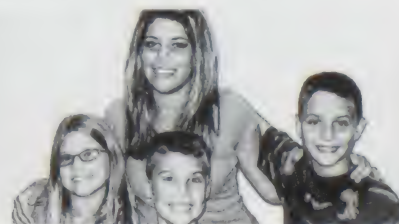


Best of Luck in the future
Love, Mom + Amanda



Congratulations Lauren!!!!

You've worked so hard these past four years, and we are all so proud of you. The work ethics, self-discipline, and hard efforts you put into your studies are skills you will carry throughout your life. You're truly a special person and daughter. It was a pleasure watching you grow through these years and turning into a young, bright, beautiful Lady inside and out. Remember, Can's come in Can do's!! Reach for the stars for nothing can get in your way. Follow your heart and turn your dreams into reality. Believe in yourself and the confidence and the light in you will shine through. May God bless you!! Love Always from both mom and dads, and your siblings Ronnie, Morgan and Nick who adore you!!!





Matthew-

Be all you can be



I am very proud of you!!

I love You,
Mimi

Bethany,

Congratulations, we are so proud of not only what you've accomplished in school but also the wonderful person you've become.



As you begin the next phase of your life keep your drive and determination but most of all keep your tender heart!!!

We love you soooooo much.
Mom & Dad

To Natalie,

We are so proud of our little girl, and the woman she's becoming.

Congratulations!

Love,

Mom, Dad, & Michael



Congratulations Samantha

From
First
Day
Of
S
C
H
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O
L



To
the
Last
Day
Of
S
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We've Been so Proud of You.
Love, Mom + Dad



By perseverance the snail reaches the ark.

Charles Haddon Spurgeon

English preacher(1834 - 1892)

Congratulations Kieran and the Class of 2007



We are so proud of all your achievements
and wish you the best of everything that life
offers!

Love,
Mom & Greg

Congratulations Dunya!!



Keep up the good work and best
wishes for all the years to come.

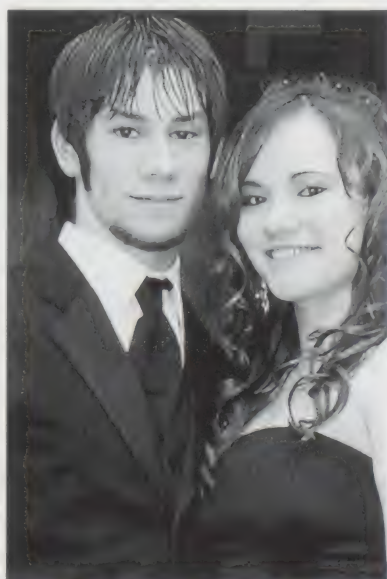
We are very proud of you!

Love,
Mom, Dad, and Family

Congratulations SCOTT!!



We Love you &
wish You a life full
of Success & Hap-
piness!
Keep Smiling....
Love, Mom, Dad,
RJ, Kelly, Matt and
Chris



Resha,

You have a great attitude, tackle every assign-
ment with enthusiasm and make us proud!!! We
hope you continue to challenge yourself, but
don't forget to slow down and make time for
your loved ones and
friends.

**Life is short,
Eat Dessert First
& ENJOY!**

Butterfly Wishes to You
Love Us





Now is a time for you to celebrate....the accomplishments of dreams you have worked so hard to realize. You have shown so many people how special you are.

Now is the time to begin to pursue the next path, to reach out for the next star, and to achieve the things that are so important to you.

Always keep your dreams alive.

And keep them coming true.

- Collin McCarty

Congratulations Max

We Love You!

Mom, Dad and Alex



Congratulations Paul!

We are so proud of you and your many accomplishments both in and out of school. May your life be filled with happiness and success!



Love,
Mom, Dad, and Brian

Congratulations Joh

You have given it your best and you have done it with Character and what a character you are. You have and continue to make us proud. You may fall and fail but failure cannot overtake you if you continue to get and try, and remember who we do it all for. (Phil 4:13) Keep living life for the King and never be afraid to take a risk for it's when we take risk that we rise to our full potential. Continue to care about others and give when others can't or will not.

We Believe in you and Love you very much.

Congratulations again

Mom and Dad



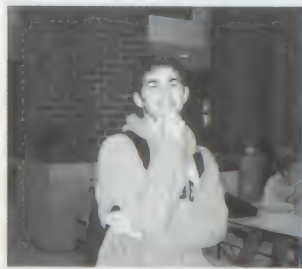
Nico

We have always been so proud of you, Thank you for being the person you are. We know you will achieve all your dreams. Congratulations!

Love,

Mom, Dad, Zack and Karlie





Sean

Soccer has sweetly been your lifelong friend
Even while to ladies pleasant smiles you send.
A happy heart with humor you have grown,
Now business is an interest you've shown.
Big jokes and silly antics you can sell,
But secrets in confidence you'll never tell,
We'll always know that you're really swell.

Love,
Mom, Dad, Katelyn & Emily



Congratulations Jerry!
May all your dreams come true.



Love Mom, Dad and Ryan
Great Grandma
Pa+ Mickey
Aunt Sharon, Uncle Seam, Brien + Jennifer
Uncle Rich, Aunt Kim, Connor + Shannon
Aunt Patty
Uncle Kevin
Uncle Chris

Congratulations Kimberly
We Are Proud of You



Good Luck as you begin your future.
Love,
Mom, Dad, Brittnay,
and Michaela

Congratulations Lauren Luv
and the Class of 2007!!!

We are so very proud of you and your limitless
hard work, dedication, and perserverance through
out your school years.

Your future is now and may it be as bright and
wonderful as you are.

We Love you Lauren!!!!
Mom + Dad + Connor





Never above you
Never below you
But always with
you
- RUTH ROSE

Congratulations
Crista!

You have done it
By being yourself

Love,
Mom, Dad and
Ralle

Don't Cry Sara Beth!
No matter how far you travel
you will always be in our
hearts and on our minds



Congratulations!
Love, Mom, Dad & Katie



A daughter
is the happy
memories of
the past, the



joyful moments of the present,
and the hope and promise of
the future.

- Author Unknown

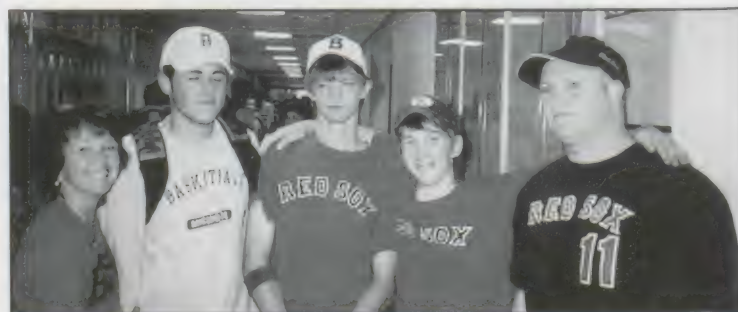


Congratulations
Brynn Heidi! We
love you always.
Mom, Dad, Taryn
and Dane



Dan-
You've come a long way
and have done a great
job. We're so proud of
you!
Congratulations!

Love -
Dad, Mom, Jason & Ryan





CONGRATULATIONS ALLY



Look what you've done!
Keep on Showstoppin'
Love
Mom, Dad & Matt

Andrea,
Congratulations on all of your accomplishments and achievements, both in and out of school. You are truly a remarkable young lady!

You always give your best effort in whatever you pursue. We are proud of you, and we are always here for you.
Best of luck in college and beyond!



Love always,

Mom, Dad,
Nick, Joe and
Griffey

You have brains in your head.
You have feet in your shoes.
You can steer yourself
any direction you choose.
You're on your own. And you
know what you know.
And you are the guy who'll decide
where to go.

Dr. Suess

Congratulations Jerry!
Love
Aunt Melon and Jason

Where ever
you go, go
with all your
heart.

Much
Love, your
family





Congratulations Shannon!

You have always made us so proud.
We wish you continued success and
happiness in you future.
May all your dreams come true!

Love,
Mom, Dad, and Stacey

Congratulations
Gretchen
and the Class of 2007!



Love, Dad, Mom, Sam and
Katherine

"May the road rise to meet you, May
the wind be always at your back."



Full speed ahead toward the fulfill-
ment of all you dreams!

Congratulations Wayne!

Love,
Mom, Dad + Katie

YEAH!!!



Congratulations Courtney
and
the class of 2007

We gave you roots and we gave you wings

Go chase your dreams but always
Know the road will lead
You home again.

Love, Mom and Dad



Congratulations Mike!

Wishing you success
and happiness now
and always!



Love
Mom, Dad, and Katie



Laura,

Congratulations! We are so
very proud of you and all that you
have accomplished. We wish you
all the success and happiness you
so rightly deserve. You're the best.

All Our Love
Mom + Dad



Congratulations
Chole!

We Love you!



Mom, Dad, Will,
Sarah, Vaughn
Go IU!!!

You have brains in your head
You have feet in your shoes
You can steer yourself in any direction you
choose
You're on your own
And you know what you know
You are the one who will decide where to go

We're proud of you Nicole
Love, Mom, Dad, and Tara





"The Future is not someplace we are going to, but a place we are creating. The paths to it are not found, they are made."

We were blessed to have made you part of our future, Ben- may you now find as much joy in your own paths...

With love and pride,
Mom and Dad

Joe,
You've come a long way since you were a table. You've been a good student, a good athlete, active in clubs, a good musician, and a good actor. You have lots of friends and even became Mr. Suffield. We are very proud of you!



But never forget - you once were a table.

Congratulations. We love you!

Mom, Dad, Krista and Toby

*"She remembers when she first got her wings
and how she opened up the day she learned to sing...."*



Congratulations Traci!
Follow your dreams and never let your wings
touch the ground....



Carly you strive for excellence no matter how difficult it is to think straight or how much you heart aches; you have always kept the bar high just the way Dad would have wanted. We are all so proud of you and the strong woman you have become. I know that Dad would be very proud with what you have done these past two years, this the most difficult time in your life. Be strong, be happy, and go far.

"What you see is only half of what there is"

All Our Love & Support,
Mom, Jamie, Kristi
Brandy & Allie



Windy Acre Farm



1241 Halladay Avenue
Suffield CT 06078

fanta
out **S** ensational
tic
tanding

a
re **M** arvelous
azing
arkable

exceptiona
incredib **L** e
fabu ous

Congratulations to our wonderful daughter!
We're so very, very proud of you!

With much love,
Mom, Dad, Alli & Jon





- Sheila -

*You've spent most of your life shredding,
The rest was less important!*

Keep it up. We love you.

Mom, Dad, Mike, Rita, Sam, Bones, Bird Dog



Congratulations Class of 2007.

Pray for surf.



Congratulations Class of 2007



Matthew:
Remember where it all began
(MJC III incorp.)

No dream is beyond your
reach-

Be the change you wish
to see in the world.



We love you,
Mom, Dad, Amanda,
James + Samantha



*Runyon,
You have the
Whole world in
Front of you now.*



*Congratulations
To you and the
Class of 2007*



*Love,
Mom, Dad Jackie, and Shane*



Patty,
All it took was a little elbow grease, sorry we could never find the can.
Congratulations!!!

Love,
Mom, Family and
Friends



"Time, like a snowflake disappears while we're trying to decide what to do with it."



Kim, remember what Pa always told us, "the older you get the faster time goes by." I guess Dad and I have gotten old because we feel like you just started kindergarten, we blinked, and now you're off to college. The time you've spent with us has been so enjoyable and we will all miss you next fall when you leave for college. We are so proud of your accomplishments, the choices you've made and the person you've become. WE are confident your drive and hard work will lead you to success. Don't let time disappear, enjoy every minute, enjoy every day, enjoy your college years!

Congratulations and best of luck to you and the Class of 2007!
We love you very much, Mom, Dad, Joshua, and Kristen





" We hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities and to the most special place your heart has ever known."

Love,
Mom, Dad, Drew, Michaela



" Proud Parent of my "D" Student"

Dale- The world is yours, don't mess up,
and pass Algebra II-

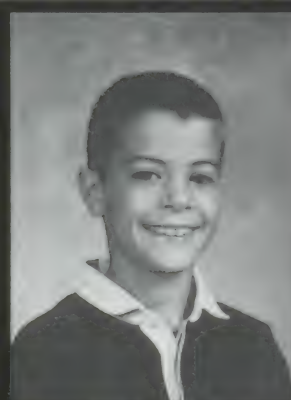
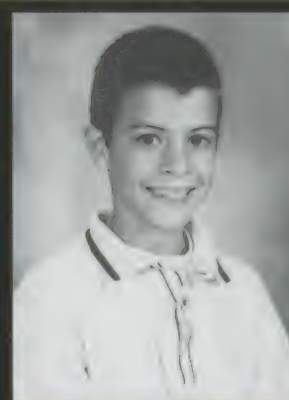
-Dadu-



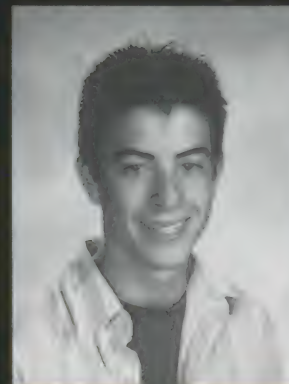
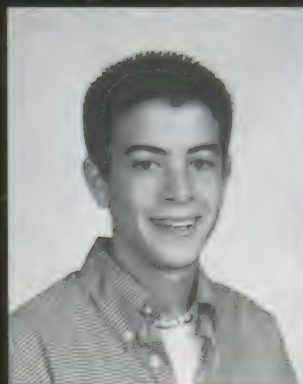
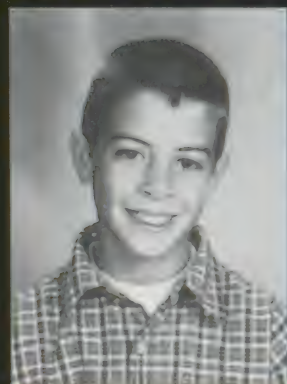
Michelle,
You have come along way. It seems like yesterday I was dropping you off
at Spaulding school for your first day of kindergarten.

Since that day, there have been many lessons learned and along the way
confidence gained. As this chapter of your life comes to a close and a new
one begins, look for a career you will love, always strive to do your best,
follow through on your commitments, love your life with passion and most
of all, be happy.

Love Mom,
Congratulations
We love you Mom, Dad, & Jenn



Go confidently in the direction of your dreams! Live the life you've imagined...





Congratulations Rachel!

Graduation is only a concept. In real life every day you graduate. Graduation is a process that goes on until the last day of your life. If you can grasp that, you'll make a difference ~ Arie Pencovici

Love Mom and Dad

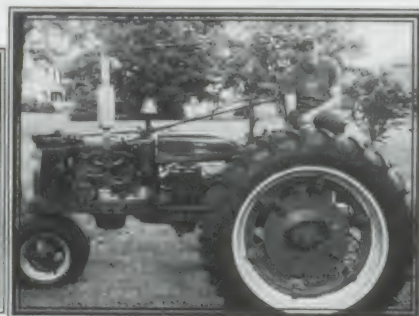


"Travis - thru the years. We are so proud of you. We Love you. Love, Mom, Dad, Ryan , Shannon & Tyler too!"





**Congratulations to our Mechanic!!
We are proud of you, Sean!
Love, Dad, Mom, & April**



Congratulations Kathryn Spencer and the Class of 2007

**We extend our congratulations to all the
Suffield High School graduates
and wish them much success in their future endeavors.**

The Spencers





Congratulations, Jerry

Best of Luck and Happiness

Love you,
Grandma



*Eleanor,
From the moment we knew
you were on the way.
You have brought us joy
each and every day.
Your eighttteen years
have quickly flown by.
From baby dolls to boys
in the blink of an eye.
We all cherrish the times
we spend together.
Know in your heart
we will Love you forever.*

*— Mom, Dad, —
Steven, Michael, Joseph and Gloria Rose*



Boo-Boo, You have always been out little clown. And you always will be. Congratulations! Love you sweetie!

Love,
Mom, Dad, Karen, and Uncle Jim

"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail" - Ralph Waldo Emerson



Dear Diana,
"We have to accept whatever comes and the only important thing is that you meet it with courage and the best that you have to give"
- Eleanor Roosevelt

We are so proud of you and we love you so much.

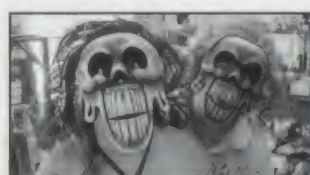
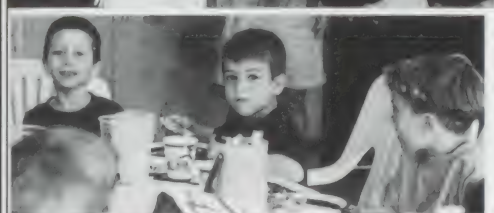
Congratulations!

Mom, Jenna, and Taylor





Congratulations
Brian!
Love, mom, dad & Bridget



GOOD LUCK

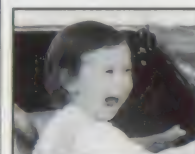
Good luck to that girl of ours,
The one with her head up in the stars.

She has a heart that can melt a snowman,
And will succeed at anything she plans.

Her spirit is full of elephants and Doves,
And through adversity, she will rise above.

As with the original American Buffalo, wild and free,
We wish for her to take the "world by the horns" and
be all that she can be.

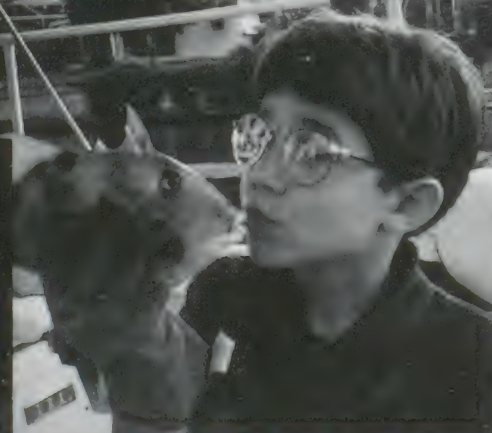
So, to end this poem with little quote,
"Never jump ship, always stay in the boat"
We love you, Mom & Dad





Congratulations Kyla and to your friends and classmates. Best wishes for a successful and happy future.

Love, Mom, Dad, and Elliot



Anthony Longhi you have always been a "happy go lucky kid" and you certainly have always tried to make our family laugh. You are the baby of the family and last one to graduate and we will miss not having you home— we have always been proud of you! We hope you have as much fun in college. Love Always Mom & Dad

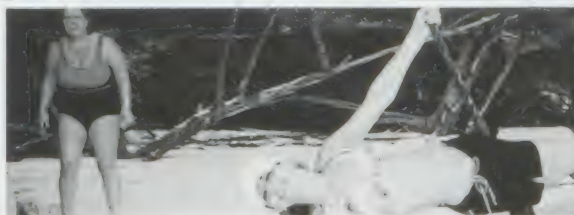
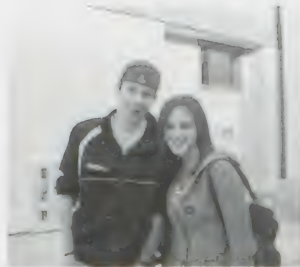


Lish- "The best of the bestest"-
Love, Mom, Dad, & Tom



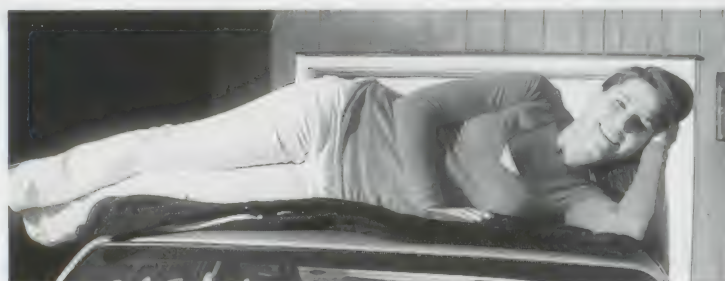
Special Girls Special Friends
Love the Baumanns





There is no need to reach for
the stars. They are already
within you!

We are so proud of you!
Love, Mom, Dad, Liz,
Erin, Tucker & Jasper



An adorable, happy little girl
Suddenly a beautiful, young woman
How did the years fly so fast?
Let your heart guide you and
Everything will fall into place
You will always have our love & support!

Another turning point; a fork
stuck in the road. It's something
unpredictable but in the end it's
right. I hope you had the time of
your life. - Green Day



Congratulations, Ashley on reaching this turning point in your life.
Love, Dad, Mom, Amicee, Aaron & Adam





Congratulations Anastasia

We are so proud of you!

Love,

Mom, Dad, Alex and Will



Congratulations, Jimmy!

Thank you for being the wonderful person you are.



**We could not
be more proud.**

**We could not
love you more.**

**Love, Mom, Dad,
Renee, Kevin, Meme,
Grandma, Grandpa
& Uncle Bert.**





**"God Must Have Spent A Little More
Time On You"**

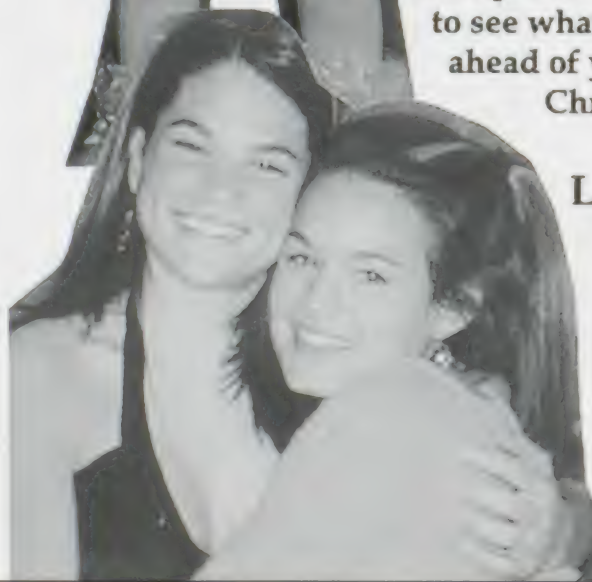
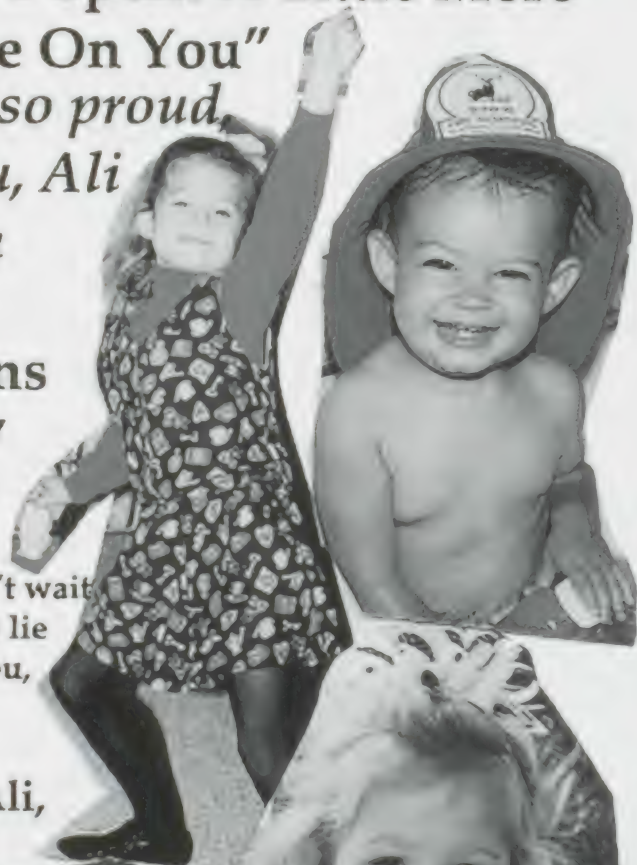
You make me so proud.

*I love you, Ali
Mom*

**Congratulations
Class of 2007**

*I'm so proud of you & can't wait
to see what great things lie
ahead of you. I love you,
Christopher*

**Love You Ali,
Rachael**





"A STAR IS BORN"

ON A BEAUTIFUL WINTER'S DAY 18 YEARS AGO A STAR WAS BORN
THE WORLD HAS BECOME A NICER PLACE SINCE THE DAY SHEN
ENTERED IT!

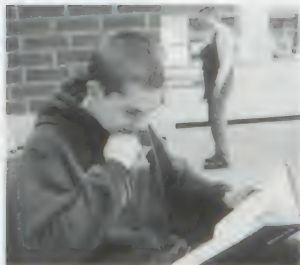
SHE HAS GROWN SO MUCH SINCE SHE WAS SMALL BUT SO MANY
THINGS HAVEN'T
CHANGED AT ALL; SHE IS STILL OUR SHINING STAR; SHINING A BIT
BRIGHTER ALL IN ALL

SO ON THIS, YOUR SPECIAL GRADUATION DAY, WITH FAMILY AND
FRIENDS GATHERING AROUND, WE WISH YOU HAPPINESS AND LOVE
WHEREVER LIFE
MAY LEAD YOU

WITH OUR LOVE ALWAYS TO OUR GRANDAUGHTER -
ALEXANDRA LOISEAU BROMSON - ONE OF THE GREATEST
LOVES AND JOYS OR OUR LIVES.....

LOVE, GIG & MAX





Congratulations to
JIMMY, PAUL, SEAN & DAVE
You guys are the best!!!



Hillside Farm, Suffield, CT


Congratulations

Mark!



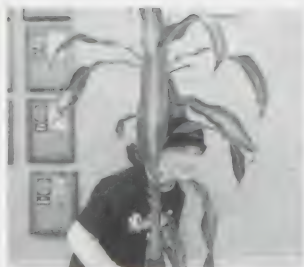
You Did It!



It seems like yesterday when we were
celebrating your first day of school!



We are very proud of you.
Love, Mom & Dad



Alexandra O'Halloran

*From the moment I knew you were on your way
You brought such joy to me every day
I wonder where the years did go
How much I love you I'm sure you know
As I close my eyes each night and pray
I thank the Lord for one more day
Another day to see you smile
And talk with you for a little while
I knew early on that you would be
Up on that Stage entertaining me
Your heart filled with kindness unlike any other
I am so very proud to be your mother
So grateful for all the good times we have had
And even those times when we may have been sad
The time has now come you'll soon go off to college
Continuing your studies and gaining more knowledge
Alexandra, you've made my life so complete
Wherever life takes you, you will land on your feet*

With Love, Mom







WHY?!?!?!?!?!?!?!!

Suffer on the Green booth

400 minutes per students' day
7:30 - 2:10

Rev. (08/26/05)

Warning Bells: 7:20 and 7:25 each day

BIG test next week (week!)

ASK SRA. FOR help

	Monday	Tuesday		Bl
Period	7:30 - 8:18	7:30 - 8:29	Period	7:30
1	English	English	1	EN
2	8:24 - 9:10 algebra	8:35-9:31 Algebra		
3	9:16 - 10:02 SPANISH	9:37 - 10:31 SPANISH!	3	9:16 ESPA
4	10:08 - 10:53 Life Ed.	10:37 - 12:05 Life Ed...		
5	10:59 - 12:28 P.E.		5	P.
6	12:34 - 1:19 STUDY	12:11 - 1:07 STUDY!	7	12:34 Che
7	1:25 - 2:10 CHEMISTRY	1:13 - 2:10 CHEM		lab period

--339 minutes of class time
--42 minutes passing
--25 minutes lunch
L1: 10:53 - 11:18
L2: 11:28 - 11:53
L3: 12:03 - 12:28
Note: All classes meet.

--347 minutes of class time
--36 minutes passing
--25 minutes lunch
L1: 10:31 - 10:56
L2: 11:05 - 11:30
L3: 11:40 - 12:05
Note: Period 5 does not meet.

--357 minutes of class time
--24 minutes
--25 minutes
L1: 10:52 - 11:17
L2: 11:27 - 11:52
L3: 12:01 - 12:26

check movie times for Friday

DO FOR ENGL

bring a towel & change of clothes!
12-2 SATURDAY

LOCKS
GAME!
Thursday
@ 5:30

Day		Block Day		
Tuesday		Thursday		Friday
7:30-9:08	Period	7:30-9:08	Period	7:30-8:18
ENGLISH	2	Algebra... AGH!	1	ENGLISH
			2	algebra
10:52		9:14-10:52		8:24-9:10
Life Ed!!!	4		3	SPANISH
			4	Life Ed
12:26		10:58-12:26		10:08-10:53
P.E.	5	P.E.	5	P.E.
12:32-2:10		12:32-2:10		10:59-12:28
STUDY HALL	6		6	STUDY
			7	chemistry!

Late
Pract.
on
Tues!

minutes of class

passing
lunch
11:17
11:52
12:26

--357 minutes of class
time
--24 minutes passing
--25 minutes lunch
L1: 10:52-11:17
L2: 11:27-11:52
L3: 12:01-12:26
Note: Per. 1, 3 & 7 do
not meet

--339 minutes of class
time
--42 minutes passing
--25 minutes lunch
L1: 10:53-11:18
L2: 11:28-11:53
L3: 12:03-12:28
Note: All classes meet.

DON'T
GET
ENGLISH BOOK!!

Bring
in \$10
for
Spirit
Night
costumes!!

